



HAMMERHEADS
P. O. Box 4
Flossmoor, IL 60422

Code of Conduct

The purpose of the Code of Conduct is to outline some examples of behavior that is not acceptable of the members of this organization. It is not intended to be an “all-inclusive” list, but rather a guidepost to the HFSC environment culture.

Swimmers and their families are expected to follow all Swim Club rules. Any member who fails to meet these commitments, does not conduct themselves in an appropriate manner, who violates safety rules, or does not act in the best interest of the Swim Club or Homewood-Flossmoor High School, as determined by the Board of Directors, may lose their membership.

The following are examples of conduct by swimmers, guardians, and their families that will not be tolerated at any HFSC related functions, including but not limited to practice, meets, and social functions.

1. Swimmers who challenge or dispute the direction of any coach in a manner that is disruptive to the coach’s directing practice or any other swimmer. Swimmers are expected to attempt to swim all “sets” as directed by the coach. If the swimmer persists in such challenge or dispute in a disruptive manner, he or she will be asked to leave the pool. Although we believe all swimmers should attempt to swim all sets, any swimmer choosing not to do so should exit the pool in a non-disruptive manner. He or she should ask permission to return to the water between sets so as not to disrupt other swimmers.
2. Swimmers who endeavor to incite a teammate or opponent (including taunting) or create a disturbance during a meet or practice will be asked to leave the pool.
3. Using obscene, profane or abusive language to any person or using the name of any Official or coach coupled with any vociferous remarks.
4. Using obscene gestures, or racial/ethnic slurs, in the pool or anywhere in the school or school area before, during or after any practice, meet, social function, or while wearing any HFSC apparel.
5. Deliberately inflicting physical harm to a coach, teammate, opponent or Official in any manner, or attempting to do so.
6. Behaving in any manner that does not exhibit good sportsmanship.
7. Behaving in any manner which is detrimental to the conducting of any meet or practice, including defaming any opponent, teammate, spectator, meet or team Official, or verbally threatening any opponent, teammate, spectator, meet or team Official with physical harm.
8. Stealing.
9. Damaging property of Homewood-Flossmoor High School, any host school, HFSC, other swimmers, or any property that does not belong to the swimmer or swimmer’s family.
10. Illegal use of alcohol, drugs or tobacco products by a swimmer during any swim team function or while wearing any HFSC apparel.
11. Does not adhere to the USA Swimming Minor Athlete Abuse Prevention Policy (MAAP) and the HFSC Social Media Policy.
12. Does not misrepresent, publish, or utilize the Homewood-Flossmoor Swim Club or Homewood-Flossmoor High School name, acronym, logo, or mascot without permission to do so in writing. This includes all forms of social media, print publications, material goods, and live media.

As previously stated, the above list is intended to outline some examples of behavior that is not acceptable of members of the Club. It is not intended to be an “all-inclusive” list, but rather a guidepost to the HFSC environment culture.

DISCIPLINARY PROCEDURES

If a swimmer violates any of the above rules, a parent will be contacted and the incident will be documented. Continued abuse of the rules by a swimmer or a family will result in a meeting between the Coach, Board of Directors, the swimmer and his/her parents or guardians to attempt to resolve the problems. All swimmers are expected to follow all Swim Club rules. Any member who fails to meet these commitments, does not conduct themselves in an appropriate manner, who violate safety rules, or does not act in the best interest of the Swim Club or Homewood-Flossmoor High School, as determined by the Board of Directors, may lose their membership. No fees will be refunded.

In addition to the above, parents or guardians are expected to:

1. Meet all financial obligations to the Club in a timely manner.
2. Drop off and pick up swimmers in the pool area. Parents should advise their children not to leave the building without proper supervision. The safety of your child is your responsibility before and after practice. Do not expect our coaches to provide babysitting services. Swimmers should not be dropped off for practice too early. Please be punctual when returning to pick up your child.
3. Check the HFSC website frequently for schedule changes and any other important information.
4. Stay off the pool deck during practice. Any discussions with your child’s coach should take place before or after practice.
5. Fulfill all Parental Involvement and Fundraising responsibilities.
6. Remain off deck during HFSC hosted meets unless working as a meet volunteer.
7. Advise coaches before practice if your child needs to leave early. Remember, the safety of your child is your responsibility before and after practice.
8. The HFSC email distribution list is confidential Club property and is only to be used with the approval of the HFSC Board of Directors.



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Code of Conduct

We acknowledge receipt of the Code of Conduct of the Homewood Flossmoor Swim Club and agree to abide by its terms so long as we remain members of HFSC.

Parent/Guardian Signature

Parent/Guardian's Name Printed

Swimmer Signature

Swimmer's Name Printed

Swimmer Signature

Swimmer's Name Printed

Swimmer Signature

Swimmer's Name Printed