



Blazers Bulletin December 2022

Happy Holidays. Another year in the books and we are halfway through the Short Course season. We are loving the new faces, watching friendships grow, and with it the strength of our team and community.

As we head into the depths of winter our focus starts to shift toward the end of season championship meets. Qualifying times for MVS Districts, MVS Championships, Sectionals if you are unsure of these phrases or concepts take a look at our [Championship Meets page on the website](#), there is a road map and descriptions of all those meets. If you have any questions, reach out to your group coaches. Parents please take a look at the meet dates listed on the team website and save those dates. Qualifying for districts, champs or sectionals is a huge achievement and we would love for all those athletes to be able to attend and have that experience if they have earned it.

While we are looking ahead to those meets, we have work to do in the meantime, your coaches should be sending out the training schedule for Winter Training. This is a great time to focus on swimming, without school, having time to recover in between sessions in the pool, improving and honing our skills for that end of season push. It is also a great time to be integrated into the wider team. We have the ability to practice together at SMAC, and remember as we head to the Championship season we are all one huge, powerful team of good vibes and fast swimming. That team support is going to be important to having a great and fun championship season.

We have seen some great successes in the pool so far this season. Athletes at Junior Nationals, team records, team trophies, high point winners at Winter Classic and our travel meets, new qualifiers, many best times and first swims.

As we strive to be the best team in Missouri Valley, we will need the input of all our athletes, pushing each other to be better in practice, supporting each other at meets, lifting each other when we are down and celebrating each other when we have successes.

Have a happy and safe holiday break, we are looking forward to seeing you all at the pool.

George Adcock  
Head Coach  
Kansas City Blazers