

#### **Kansas City Blazers Headcoach**

GEORGE ADCOCK

Welcome to the 2023-24 Blazers

We have already had a busy start to the season. It was awesome to see so many families at the season kick off party and the Missouri Valley Athlete Awards. Congratulations to our awards winners, especially Sophia Paduano for Athlete of the year and Annika Finzen for Performance of the year.

We are excited to have our team together for our annual Ann Ketterer meet this weekend! Our coaches are loving seeing new friendships blossom and old ones strengthen within the team. Hopefully we have a fun weekend with some exciting swimming to enhance those friendship bonds.

The Blazers commitment to excellence took our swimmers to many places round the country this summer. With swimmers competing at Jr Nationals, Futures, Region VIII Sectionals, Zones ISCA Age Group Showcase, Champs, Districts and the various invitationals over the summer.

We saw fast swimming on many levels, best times team and LSC records amongst varying age Parent Corner and Resources groups. Blazers walked away from LSC Champs as the best team in Missouri Valley by 1500 points, one year ago that points difference was 500 points.

We have parent meeting on the horizon for all groups, it's a great chance for you to ask questions about swimming and the Blazers and meet some parents and board members who can help if you need in the future.

Any parents who have new swimmers who are loving it and want to get more involved we are always in need of officials to help us run meets, if this piques your interest let the coaching staff know and we can put you in touch with the officials coordinator. Or see the Officials section below.

I am excited about where we are as a team, and even more so about where we are going. I am looking forward to a great season.

See you poolside, lets go Blazers! George Adcock



Messege from Headcoach

Blazer Summer Highlights

Swim Meet Schedule

What to expect at your first meet

Officiating and Volunteering





#### **Blazer Highlights**

THE BLAZERS HAD AN OUTSTANDING SUMMER SEASON! CHECK OUT OUR SEASON HIGHLIGHTS AND UPCOMING INFORMATION FOR THE 2023-2024 SEASON!













#### **MVS Districts & Champs**

Congratulations Blazers for an amazing MVS Districts and Champs Meets! We had the largest number of qualifiers this summer than in years past with 79 Blazers athletes attending MVS districts and 101 at Champs. It's wonderful to watch our swimmers grow in ability and choose to participate during the summer months. Blazers was the 2nd placed team at Districts and 1st at Champs.

We also managed to win the 13-14 Boys, 11-12 Girls and 10 & under Girls divisions at Champs.

Tess Boyer, Grant Hartman and Vivi Hughes took individual high point awards for their age groups.

11-12 Girls 400 Free Relay broke the MVS record.













#### Sectionals, Futures & Jr Nationals

We saw a ton of fast swimming at Sectionals, which included teams from around region VIII and colleges like KU, University of Nebraska, University of Missouri, Missouri State and Southern Illinois. With most of the top-8 being occupied by college swimmers our swimmers still showed up big time in finals. Blazers finished 15th overall and our girls finished 11th, just outside the top-10. We had 33 total swims in Finals including eight finishing in the top-16 and Sophia Paduano finishing second in the 50 Back. Our Blazers athletes walked away from the meet having swum 78% best times, a great achievement for our senior level swimmers.

Futures was in San Antonio, TX. We had a strong team of five athletes, Three of which were first time athletes. This was also the first futures meet that Blazers had taken relays. Sophia Paduano, Annika Finzen & Presley Baber all had finals swims at this national level meet.

Annika Finzen also traveled to Irvine, CA to compete in Jr Nationals. She walked away with 100% best times. Showing that exposure to a National stage can bring a sense of comfort and performance. It was a great way to end the LCM season for our senior swimmers.









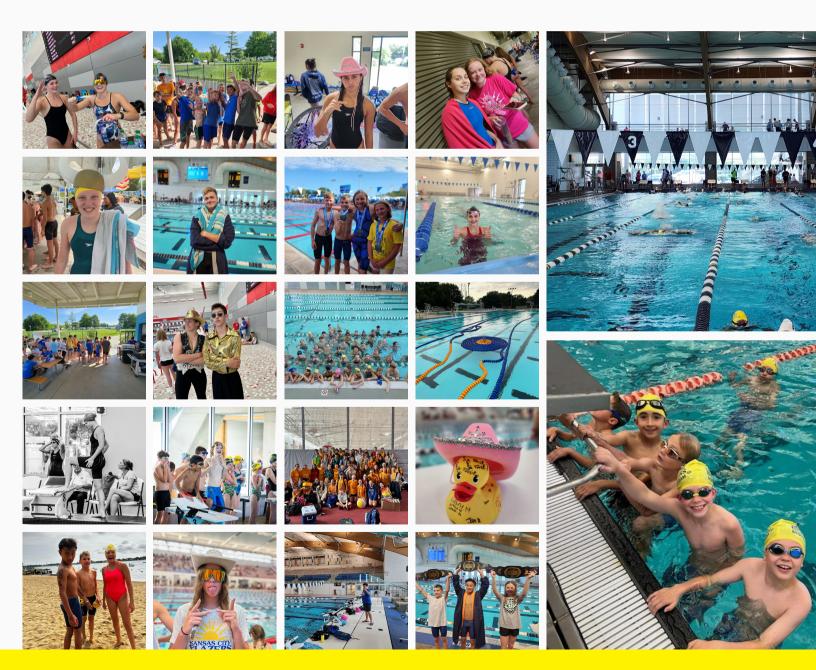




### 2023 Central Zone 14 & Under Championship

Nineteen 14 and under Blazers earned USA Swimming AAA times and qualified to represent Team Missouri Valley in the 2023 Central Zone Meet in August. Swimmers from 10 states competed at the meet. Samantha Walley, Jan Karlisle Beltran, and Nathan Weiner broke Blazer team records. The following swimmers earned a spot on the awards podium by placing in the Top 8 at the meet: Vivian Hughes, Sasha Weiner, Amber Stringer, Samantha Walley, Jan Beltran, Nathan Weiner, Clara Seemann, Kinley Baber, Ashlyn Bolyard, Blake Hughes, Grant Hartman. Special shout out goes to Vivian Hughes who earned the 2nd place High Point Award for 10 and under girls and Grant Hartman who earned the 1st place High Point Award for 10 and under boys!

Thank you to all the volunteers and families that gave their time and help over a trying weekend. Blazers came away from the meet with a great reputation in trying circumstances. We are luck to have such great families and a wonderful community of support for our team and athletes.





#### **Missouri Valley Athlete Awards**









### **Kansas City Blazers Record Breakers**

#### INDIVIDUAL RECORDS

- VIVIAN HUGHES (FEMALE 10&U) 50 FREE LCM 30.49
- SAMANTHA WALLEY (FEMALE 11-12) 50 FLY LCM 30.15
- KARLISLE JAN BELTRAN (MALE 11-12) 50 BREAST LCM 34.03, 100 BREAST LCM 1:16.46, 200 BREAST LCM 2:50.89
- ANDREW JAMISON (MALE 13-14) 50 BREAST LCM 33.43
- NATHAN WEINER (MALE 13-14) 50 BACK LCM 29.47











#### **RELAYS**

- FEMALE 11-12 200 MEDLEY RELAY LCM 2:13.98 S. WEINER, A. NAZDRYN, S. WALLEY, A. STRINGER
- FEMALE 11-12 400 FREE RELAY LCM 4:19.33 A. STRINGER, H. BENBOW, S. WEINER, S. WALLEY
- FEMALE 13-14 200 MEDLEY RELAY LCM 2:05.51 A. BOLYARD, M. CHAMBERS, K. BABER, C. SEEMAN
- FEMALE 13-14 200 FREE RELAY LCM 1:54.54 C.SEEMAN, N. GLENNON, A. BOLYARD, K. BABER





#### Kansas City Blazers

#### Missouri Valley Swimming M/V TOP 5

Kinley Baber Presley Baber Karlisle Beltran Hayden Benbow Reagan Bollinger Ashlyn Bolyard Caleb Bonnema Fia Boshart **Tess Boyer** Casey Carpenter-Ross Andrew Martin Hannah Chan Preston Chang

Annika Finzen Grant Hartman Serena Hong Blake Hughes Vivian Hughes Andrew Jamison Angela McCoy Anna Nazdryn

Will Christie

Averil Crow

Reilly Eagan

Maxim Nazdrvn Sophia Paduano Charlie Rider Emilee Smerecki Sophia Sponseller Abby Stidham Amber Stringer Maddy Timson Henry Tritsch Samantha Walley Matthew Warren Nathan Weiner Sasha Weiner

### Kansas City Blazers

#### Missouri Valley Swimming Academic Team 2022-23

Kaya Alvegaard-Struble

Emmy Barrett Lauren Bullins Annika Finzen Klein McGraw Andrew Jamison

Sophia Paduano Laksh Saluja Annabella Schneweis Mayank Shrestha Sophia Sponseller Harris Stevens Claire Zell





#### 2023-2024 Swim Meet Schedule

AGE GROUP 1&11

JUNIOR II

JUNIOR I

SENIOR

Blazers are kicking off this season with Ann Ketterer swim meet this upcoming weekend! Hope you are ready because coaches and swimmers are eager to get the first splashes of the season!



**CLICK HERE FOR INFORMATION** 

#### **Swim Meet Information**

CLICK HERE FOR INFORMATION





#### **Parent Board**

CLICK HERE FOR INFORMATION

Parent Board invites you to attend the board meeting on Sunday, September 24th at Shawnee Mission Aquatic Center during the Ann Ketterer Meet (during Warm-up Time at 8:15AM)

### **Parent Meetings**

Age Group I, Age Group II and Junior II parent meeting will be hosted at swimmer rewards. The remaining 5% goes to USA Swimming Shawnee Mission Aquatic Center on Saturday, September 23rd between to support nationwide initiatives including Coaches Clinics, sessions at the Ann Ketterer swim meet.

Leadership Conferences, Make a Splash Foundation, and

Junior I parent meeting will be on September 19th at Tomahawk Golf Course in Elmridge Room at 5:30 PM

Senior, National and Pre-National parent meeting will be on September 26th at Tomahawk Golf Course in Elmridge Room at 6:30 PM

### Save The Date

#### **CLICK HERE FOR INFORMATION**

November 17th, 2023

Swim-a-Thon is Kansas City Blazers' single largest fundraiser. Prior to the actual Swim-A-Thon event, swimmers will obtain pledges either per lap or as a flat donation from family, friends, or neighbors. On the day of the event, swimmers swim as many laps as they can in 2 hours, with the goal of completing 100 laps or 200 laps. Our team keeps 95% of the funds raised. Funds raised go towards the basic needs of the team including increasing pool rental costs, training aids, coaches training, and swimmer rewards. The remaining 5% goes to USA Swimming to support nationwide initiatives including Coaches Clinics, Leadership Conferences, Make a Splash Foundation, and supporting the National Team Athletes and Coaches.

2023 Fundraising Requirements

Age Group I & II: Responsible for \$100 in donations.

Junior II: Responsible for \$100 in donations.

Junior I, Senior, Pre-National & National: Responsible for \$150 in donations



#### **Parent Corner**

Blazers, now more than ever we need your support! Our team is growing quickly and so are the number of opportunities for our club to host and run swim meets for athletes to race and continue to better their performance and experience overall! This is where YOU come in! Given our long-standing reputation for hosting well-run swim meets both on the local and regional level, consider becoming an official and help the Blazers continue to offer premier competitive opportunities that benefit our swimmers and the community!

#### **Officials**



#### WHY BECOME A USA SWIMMING OFFICIAL?

To gain a better understanding of your child's sport.

To have the best position on deck for watching everyone swim.

To satisfy your volunteer hour requirement.

And many other perks like free meals and heat sheet!

No Swimming experience needed

For more information on becoming a USA Swim Official contact <u>Evan Benbow</u>, Blazers Officials Chair.

How to Become an Official

# Missouri Valley Swimming



Time Standards, meet information and general information about our LSC (Local Swimming Committee).

MoVal Swimming

### **Our Proud Partnerships:**





#### **Volunteering**

2023-2024 SEASON!

Please visit our <u>Volunteer Page</u> for more information on Volunteer Requirements. Visit our <u>Parent Resources Page</u> for additional season information.

Sign-up for upcoming meet volunteering:
Click Here



#### **Blazer Booster**

WHAT IS A BLAZER BOOSTER

The Blazers Booster Program gives parents the ability to directly impact the overall team experience by assisting in funding coaching development and equipment to assure our program offers quality experiences to the swimmers and fans. A new sound system, starter horn, public address system, are some examples of equipment that is needed. Click the link for a list of more specific benefits for the two levels of Booster supporters.

Support KCB - Blazers Booster Program



## Get Your Gear

SWIMQUIK

Don't forget to get your Blazer's Team Suit!



Visit SwimQuik or order online:
Swim Quick Blazers Team Store