



KANSAS CITY BLAZERS

NEWSLETTER

Committed to excellence since 1975

Kansas City Blazers Head Coach

GEORGE ADCOCK



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**KANSAS CITY
BLAZERS**

Well, we are approaching the final meet of the Short Course season this weekend with 20 athletes heading up to Iowa for Sectionals.

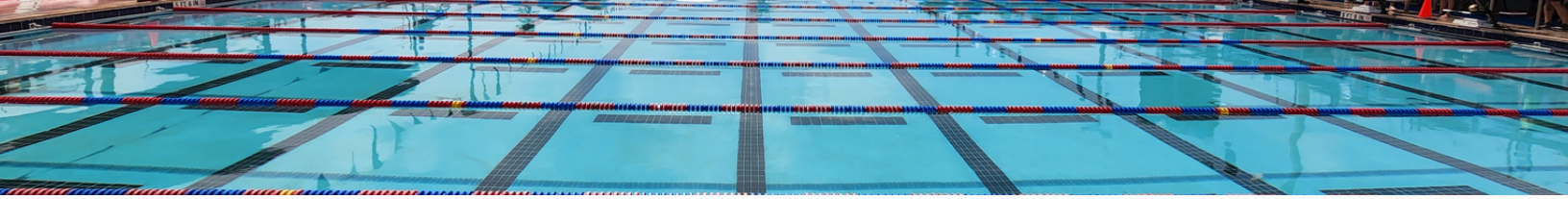
Having watched the team be so successful at all our end of season meets I can only be excited about where we are going. Every year we look back and see what we wish had been better, however this season I am in awe of the development and progress that we have made throughout our team. Expectations have been raised by the athletes that have come before so that their exceptional achievements are now reasonable goals for those following in their footsteps. We have a great set of coaches, who are all still learning with passion this sport that connects us all. This past weekend we saw more Blazers athletes on the podium than last year. We have now won back-to-back Missouri Valley Age Group Champs as well as back to back Missouri Valley Districts Championships. I can only be impressed at our continued commitment to excellence at all levels of our team.

We do not think that we are done, but we are excited about where the team is going and what we are building every day.

As we look forward to the Summer season, the team banquet and all the other fun adventures that we get to share with the Blazers Community. I would like to say on behalf of our staff thank you. Thank you for trusting your athletes to us to guide in their swimming journey. We are privileged to have this role and enjoy seeing all our athletes grow, mature, face challenges and work to overcome them, all whilst living the Blazers values.

Looking forward to a great summer

George Adcock



Championship Season Recap

MAL Championships

MALs was fast and furious!

The 9&Unders dominated the 25s in Saturday's mid-day session!

Many High Points were had!

The 12&Unders and 13&Overs did not disappoint. Many Districts and Champs qualifying swim lit up the scoreboard in Topeka!

Way to go, Blazers!



MV Districts Championships

We had an amazing meet at Missouri Valley Short Course District Champs. The Kansas City Blazers were represented by 88 Blazers in total and brought home the overall team champion title, winning by over 1200 points. The Blazers won 23 events and had 61 swims in the top-3. In addition, many

Blazers have gotten their Champs cuts. What a great performance by all the Blazers, another time proving that hard work during the season definitely pays off!

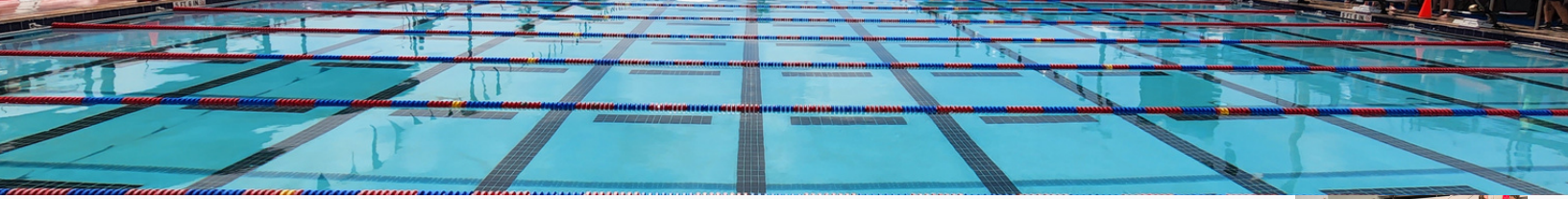
Highlights

Event Wins: 23

Eloise Seeman, Fletcher Gutierrez, Molly Stevens, Grady Kimener, Jada Sol, Hailey Cho, Eleanor Murphy, Audrey Brown, Jayden Snyder, Maya Reid, Nancy Logan, Sloane Bailey, Girls 13-14 200 Medley Relay, Girls 10& Under 200 Medley Relay, Boys 10& Under 200 Medley Relay, Girls 10 & Under 200 Free Relay, Boys 10 & Under 200 Free Relay, Girls 11-12 200 Free Relay, Girls 13-14 200 Free Relay

Event top-3: 61





MV Senior Champs

The 15 and over Blazers competed in the MV Senior Champs in Topeka February 22-25.

The girls placed 2nd overall and the team placed 4th overall. The team was led by Sophia Paduano and Annika Finzen who combined for 5 individual first place finishes and 2 relay first place finishes.



MV Age Group Champs

The Kansas City Blazers had a fantastic showing at Missouri Valley Age Group Champs this past weekend! In total, we had 79 Blazers participate at the meet in individual and relay events. The Kansas City Blazers swam well enough this past weekend to win the overall team title! Our girls won the combined age groups and also won the 10 & Under Age Group and the 13-14 Age Group! Our boys finished second of the combined age groups and our 13-14 Boys won their age group! Individually we had four swimmers finish in the top-3 for high point! We also had 27 total event wins, and another 40 swims finish in the top-3! This was an amazing weekend for us, and it showcased how hard our athletes have worked this season and how far they have come in the last six months!

Highlights

Event wins: 27

Kinley Baber, Jan Beltran, Hayden Benbow, Ashlyn Bolyard, Neo Glennon, Felix Lee, Charlie Rider, Amber Stringer, Maddy Timson, Sasha Weiner, Girls 10 & Under 400 Free Relay, Girls 10 & Under 200 Free Relay, Girls 11-12 400 Free Relay, Girls 11-12 200 Free Relay, Girls 14 & Under 800 Free Relay, Girls 13-14 400 Free Relay, Girls 13-14 400 Medley Relay, Girls 13-14 200 Free Relay

Event top-3: 40

Team Age Group Winners

10 & Under Girls

13-14 Girls

13-14 Boys

Team Record Breakers

Girls 13-14 400 Medley Relay

3:57.61

Maddy Timson, Kinley Baber, Ashlyn Bolyard, Finley Glennon

Individual High Point Winners

10 & Under

Boys: Charlie Rider 3rd

Girls: Serena Hong 3rd

11-12 Girls

Hayden Benbow 2nd

Sasha Weiner 3rd





Parent / Swimmer Corner

Blue & Gold Groups

To ensure we provide the best possible racing opportunities for our athletes, we will start introducing Blue and Gold meet attendance groups within the training groups. This will give athletes a chance to be at the appropriate meet based on their abilities, capabilities and skill levels. As the season progresses the swimmer group (Blue or Gold) will adjust to fit the athletes best interests.

Blue: is for swimmers who are more experienced with competing in meets. These meets will provide a more competitive meet setting which includes more prelims/finals meets and includes more possible traveling out of the Kansas City area.

Gold: is for swimmers who are newer to competitive swimming and are just learning all the ins and outs of the competitive team. Swimmers in this group will be participating in mostly local meets, including Blazer Series meets where they will be able to gain experience in the competitive settings. This group focuses on fundamental and developmental aspects to allow swimmers to adjust to the competitive environment. At any point in the season a swimmer will be able to move to Blue group per coaches discretion.



Save The Date

Blazers annual Banquet
Sunday, April 28th
More details to follow



Summer Meet Schedule

Summer Practice Schedule

Educational Information

With the start of the Spring/Summer season approaching, it is important to remember your role to help your swimmers succeed. Here are a few articles that can help you to understand how you can help your swimmer to perform at their highest level. We hope you are excited to see your swimmers compete and create some amazing memories to cherish for years to come.

Articles to read & Videos to watch

[Caffeine & Athletic Performance](#)

[How to Help Your Swimmer Have a Great Mindset](#)

[Be Smart about social Media](#)

[A Swim Parent Guide to Supporting Your Swimmer](#)

What To Wear during a swim meet: [Article #1](#) ; [Article #2](#)

[Video: Not Good Enough](#)





Officials



WHY BECOME A USA SWIMMING OFFICIAL?

- To gain a better understanding of your child's sport.
- To have the best position on deck for watching everyone swim.
- To satisfy your volunteer hour requirement.
- And many other perks like free meals and heat sheet!
- No Swimming experience needed

For more information on becoming a USA Swim Official contact [Evan Benbow](#), Blazers Officials Chair.

[How to Become an Official](#)

Volunteering

2023-2024 SEASON!

Please visit our [Volunteer Page](#) for more information on Volunteer Requirements. Visit our [Parent Resources Page](#) for additional season information.

Sign-up for upcoming meet volunteering:

[Click Here](#)



Blazer Booster

WHAT IS A BLAZER BOOSTER

The Blazers Booster Program gives parents the ability to directly impact the overall team experience by assisting in funding coaching development and equipment to assure our program offers quality experiences to the swimmers and fans. A new sound system, starter horn, public address system, are some examples of equipment that is needed. Click the link for a list of more specific benefits for the two levels of Booster supporters.

[Support KCB - Blazers Booster Program](#)

Missouri Valley Swimming

LSC



Time Standards, meet information and general information about our LSC (Local Swimming Committee).

[MoVal Swimming](#)



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Our Proud Partnerships:

