



CAQ Practice Viewing Policy

- Please sit in the Red Main Bleachers on the West side of the Natatorium only
- Please refrain from hanging over the railing, or sitting on the upper cinder block wall area.
- Parents should not enter the Locker Rooms on deck per MAAPP Rules.
- Parents should not come down onto the Pool Deck, the deck area is for Coaches and Athletes only.
- Please let our Coaches coach:
 - We ask that Parents not coach their Athletes from the stands with hand signals, calling instructions to their swimmers, or any other methods. Please allow our Coaching Staff to run their practices, and if you have questions/concerns, please speak with our Coaches outside of Practice Time so they can be attentive to their groups.
 - Please reference the materials linked from my email earlier this week, with content from Growing Champions For Life, on how to be a great Swim Parent
- Dropoff/Pickup
 - Please do not drop your swimmer off more than 15 minutes early, we are unable to provide the level of attention necessary if a child is on campus for too long before their practice (Our Coaches should be focused on their groups, not on supervising Athletes who are waiting for their Practices to start)
 - Plan to be on Campus at the End Time for your Athlete's practices. Our Coaches should be able to get home to their Families when practice ends, not be waiting for Athletes to be picked up.
 - ***Please be aware of your surroundings driving in the Natatorium parking lot. With so many Athletes going in/out of the Pool, we want to avoid any accidents, and have a safe pickup/dropoff zone.***
 - If there are any extenuating circumstances that prevent you from following these guidelines, please reach out to your Athlete's Lead Coach to discuss and come up with a plan.
- Photography/Video/etc
 - Please refrain from photography and video during practices, as some Families would prefer not to have their Child photographed, and during a Practice Setting, it is much harder to control those circumstances.
 - We also ask that Parents not bring Binoculars to view practices, as this may make some other Families uncomfortable