



Charger Aquatics Holiday Break Schedules

Thanksgiving Weekend (November 22-26)

Normal Practice Schedule Monday/Tuesday

Wednesday, November 22

- SRR/SRE: Noon to 2:30 PM
- SRC/SRS/AGR/AGC/AGS/Gold: Normal Time
- Bronze 1 & 2: Combined at 3:50 PM - 4:45 PM
- Silver 1 & 2: 4:50 PM - 6:00 PM

Thursday, November 23

- All Groups OFF

Friday, November 24

- SRE: Weight Room 11:30 AM-12:30 PM, Swim 1:00 PM-3:30 PM
- SRR: Swim 1:00 PM - 3:30 PM
- SRC: Noon to 1:30 PM
- AGR: 1:30PM-3:00PM
- All Other Groups: OFF

Saturday, November 25

- SRE/SRR: 7:50AM-10:30 AM
- All Other Groups: OFF

Winter Break (December 23-January 2)

- Developmental Division (Bronze, Silver, Gold)
 - OFF from December 22-January 2
 - Return to regular Practices January 3
 - Wed January 3: Combined BR 1 & 2: 3:50 PM-4:45 PM



- Wed January 3: Combined Silver 1 & 2: 4:50 PM-6:00 PM
- regular Thursday/Friday
- All Developmental Groups should attend the CAQ SF Meet Saturday January 6
- Age Group Division
 - AGC/AGS: OFF from December 22-January 2
 - Return to regular practices January 3
 - AGC:
 - Wednesday, January 3: 3:00 PM- 4:30 PM
 - Thursday, January 4: 2:00 PM-3:30 PM
 - Friday, January 5: 2:00 PM-3:30 PM
 - AGR: OFF from December 22-January 1
 - Tuesday, January 2 - Friday January 5: 11:30 AM - 1:00 PM
 - Saturday, January 6: 3:30 PM- 5:00 PM
- Senior Division
 - SRS: OFF from December 22-January 1
 - Tuesday, January 2- Friday, January 5: 8:00 AM - 9:30 AM
 - SRC: OFF December 25 and January 1
 - Fri Dec 22: 9:30 AM-11:00 AM
 - OFF December 23
 - Both Weeks, Tues-Fri: 8:00 AM - 9:30 AM
 - SRR: OFF December 25 and January 1
 - Fri Dec 22: 9:30 AM-11:30 AM
 - Sat Dec 23: 7:50 AM-10:30 AM
 - Both Weeks:
 - Tues/Thurs: 7:00 AM - 10:00 AM
 - Wed/Fri: 8:00 AM - 10:00 AM
 - Wed/Fri Weight Room: 1:30 PM - 2:30 PM
 - Saturday Dec 30: Noon to 3:00 PM
 - Saturday January 6: 1:00 PM - 3:00 PM
 - SRE: OFF December 25 and January 1
 - Fri Dec 22:



- Weight Room: 8:00 AM-9:00 AM
- Swim: 9:30 AM-11:30 AM
- Sat Dec 23: 7:50 AM-10:30 AM
- Both Weeks:
 - Tues/Thurs: 7:00 AM - 10:00 AM
 - Wed/Fri: 8:00 AM - 10:00 AM
 - Tues/Thurs Weight Room: 1:30 PM - 2:30 PM
 - Saturday Dec 30: Noon to 3:00 PM
 - Saturday January 6: 1:00 PM - 3:00 PM