

**2021-2024 NMS State Championship Qualifying Times - USA Swimming "BB" Time Standard**

Female			Event/Age Group	Male		
LCM	SCY	SCM		LCM	SCY	SCM
00:39.89	00:35.19	00:38.89	<b>10 &amp; Under 50 Freestyle</b>	00:39.49	00:34.49	00:38.09
01:31.19	01:19.99	01:28.39	<b>10 &amp; Under 100 Freestyle</b>	01:30.19	01:18.79	01:26.99
03:20.99	02:57.19	03:15.99	<b>10 &amp; Under 200 Freestyle</b>	03:12.09	02:47.99	03:05.69
06:51.09	07:34.89	06:38.59	<b>10 &amp; Under 400/500 Freestyle*^</b>	06:44.49	07:26.99	06:31.19
00:48.89	00:41.89	00:46.29	<b>10 &amp; Under 50 Backstroke</b>	00:49.19	00:42.29	00:46.79
01:45.99	01:30.69	01:40.19	<b>10 &amp; Under 100 Backstroke</b>	01:43.09	01:29.29	01:39.09
00:53.99	00:47.49	00:52.49	<b>10 &amp; Under 50 Breaststroke</b>	00:53.29	00:46.59	00:51.39
01:59.79	01:44.99	01:55.99	<b>10 &amp; Under 100 Breaststroke</b>	01:55.99	01:41.69	01:52.59
00:47.09	00:41.79	00:46.19	<b>10 &amp; Under 50 Butterfly</b>	00:45.99	00:40.49	00:44.79
01:52.09	01:39.09	01:49.49	<b>10 &amp; Under 100 Butterfly</b>	01:50.79	01:37.09	01:48.29
n/a	01:31.69	01:41.29	<b>10 &amp; Under 100 Individual Medley</b>	n/a	01:28.89	01:38.79
03:43.19	03:15.59	03:36.19	<b>10 &amp; Under 200 Individual Medley</b>	03:40.79	03:13.19	03:33.49
LCM	SCY	SCM		LCM	SCY	SCM
00:35.69	00:31.29	00:34.69	<b>11-12 50 Freestyle</b>	00:34.69	00:30.29	00:33.39
01:18.09	01:08.29	01:15.49	<b>11-12 100 Freestyle</b>	01:15.49	01:05.89	01:12.89
02:49.19	02:28.99	02:45.39	<b>11-12 200 Freestyle</b>	02:44.89	02:23.49	02:39.79
05:56.49	06:38.19	05:48.69	<b>11-12 400/500 Freestyle*</b>	05:48.69	06:27.49	05:39.09
12:26.69	13:44.69	12:01.69	<b>11-12 800/1000 Freestyle**^</b>	12:15.19	13:30.19	11:49.09
23:55.39	23:07.29	22:59.19	<b>11-12 1500/1650 Freestyle***^</b>	23:25.49	22:37.49	22:29.59
00:40.79	00:35.39	00:39.29	<b>11-12 50 Backstroke</b>	00:40.39	00:34.99	00:38.99
01:30.99	01:18.09	01:26.69	<b>11-12 100 Backstroke</b>	01:27.99	01:15.69	01:23.69
03:09.89	02:43.99	03:01.29	<b>11-12 200 Backstroke</b>	03:05.19	02:39.69	02:57.19
00:45.49	00:39.99	00:44.19	<b>11-12 50 Breaststroke</b>	00:45.19	00:39.49	00:43.69
01:40.89	01:27.19	01:36.59	<b>11-12 100 Breaststroke</b>	01:38.39	01:24.49	01:34.39
03:35.99	03:06.59	03:28.39	<b>11-12 200 Breaststroke</b>	03:28.69	03:00.19	03:19.99
00:38.29	00:33.89	00:37.69	<b>11-12 50 Butterfly</b>	00:38.59	00:34.19	00:37.79
01:28.49	01:17.59	01:26.49	<b>11-12 100 Butterfly</b>	01:26.29	01:16.09	01:24.49
03:10.19	02:47.19	03:05.59	<b>11-12 200 Butterfly</b>	03:06.19	02:40.79	03:01.19
n/a	01:18.09	01:26.59	<b>11-12 100 Individual Medley</b>	n/a	01:14.99	01:22.89
03:11.39	02:47.29	03:05.39	<b>11-12 200 Individual Medley</b>	03:08.49	02:43.99	03:01.49
06:48.29	05:56.79	06:34.19	<b>11-12 400 Individual Medley</b>	06:39.19	05:46.39	06:22.79
LCM	SCY	SCM		LCM	SCY	SCM
00:34.49	00:30.19	00:33.49	<b>13-14 50 Freestyle</b>	00:31.99	00:27.79	00:30.79
01:14.79	01:05.49	01:12.69	<b>13-14 100 Freestyle</b>	01:09.89	01:00.89	01:07.29
02:41.79	02:21.29	02:37.19	<b>13-14 200 Freestyle</b>	02:32.29	02:12.79	02:26.69
05:40.59	06:18.69	05:32.69	<b>13-14 400/500 Freestyle*</b>	05:24.09	05:58.99	05:14.19
11:41.99	13:01.79	11:24.19	<b>13-14 800/1000 Freestyle**</b>	11:13.99	12:23.89	10:51.09
22:23.09	21:43.19	21:35.69	<b>13-14 1500/1650 Freestyle***</b>	21:27.39	20:43.19	20:35.99
<Uses 100 Backstroke QT>			<b>13-14 50 Backstroke</b>	<Uses 100 Backstroke QT>		
01:23.59	01:11.19	01:19.19	<b>13-14 100 Backstroke</b>	01:17.89	01:06.39	01:13.89

02:58.69	02:34.89	02:51.69	<b>13-14 200 Backstroke</b>	02:49.09	02:25.09	02:41.19
<Uses 100 Breaststroke QT>			<b>13-14 50 Breaststroke</b>	<Uses 100 Breaststroke QT>		
01:34.79	01:21.69	01:30.99	<b>13-14 100 Breaststroke</b>	01:28.09	01:15.49	01:23.49
03:23.99	02:57.29	03:16.99	<b>13-14 200 Breaststroke</b>	03:10.79	02:43.99	03:02.99
<Uses 100 Butterfly QT>			<b>13-14 50 Butterfly</b>	<Uses 100 Butterfly QT>		
01:20.39	01:10.89	01:18.89	<b>13-14 100 Butterfly</b>	01:15.49	01:06.09	01:13.29
02:59.19	02:36.89	02:54.49	<b>13-14 200 Butterfly</b>	02:47.99	02:26.89	02:42.49
n/a	<Use 200 IM QT>		<b>13-14 100 Individual Medley</b>	n/a	<Use 200 IM QT>	
03:01.79	02:37.59	02:55.89	<b>13-14 200 Individual Medley</b>	02:51.39	02:28.49	02:44.19
06:25.89	05:37.59	06:15.39	<b>13-14 400 Individual Medley</b>	06:04.69	05:17.09	05:50.69
<b><u>LCM</u></b>	<b><u>SCY</u></b>	<b><u>SCM</u></b>		<b><u>LCM</u></b>	<b><u>SCY</u></b>	<b><u>SCM</u></b>
00:33.79	00:29.49	00:32.89	<b>15 &amp; Over 50 Freestyle</b>	00:30.19	00:26.39	00:29.59
01:13.49	01:03.99	01:11.39	<b>15 &amp; Over 100 Freestyle</b>	01:06.89	00:57.89	01:04.49
02:38.29	02:18.69	02:33.79	<b>15 &amp; Over 200 Freestyle</b>	02:26.09	02:06.79	02:20.89
05:32.89	06:11.99	05:25.59	<b>15 &amp; Over 400/500 Freestyle*</b>	05:09.89	05:44.09	05:02.79
11:28.39	12:49.99	11:13.89	<b>15 &amp; Over 800/1000 Freestyle**</b>	10:50.09	11:57.79	10:28.19
22:02.19	21:26.19	21:18.69	<b>15 &amp; Over 1500/1650 Freestyle***</b>	20:33.99	20:02.89	19:55.89
<Uses 100 Backstroke QT>			<b>15 &amp; Over 50 Backstroke</b>	<Uses 100 Backstroke QT>		
01:21.09	01:09.39	01:17.39	<b>15 &amp; Over 100 Backstroke</b>	01:14.39	01:03.19	01:10.19
02:54.99	02:31.39	02:48.39	<b>15 &amp; Over 200 Backstroke</b>	02:41.39	02:17.49	02:33.79
<Uses 100 Breaststroke QT>			<b>15 &amp; Over 50 Breaststroke</b>	<Uses 100 Breaststroke QT>		
01:32.39	01:19.69	01:29.19	<b>15 &amp; Over 100 Breaststroke</b>	01:23.49	01:11.09	01:19.59
03:20.49	02:52.79	03:13.09	<b>15 &amp; Over 200 Breaststroke</b>	03:01.39	02:36.19	02:53.09
<Uses 100 Butterfly QT>			<b>15 &amp; Over 50 Butterfly</b>	<Uses 100 Butterfly QT>		
01:19.29	01:09.39	01:17.29	<b>15 &amp; Over 100 Butterfly</b>	01:11.79	01:02.69	01:10.09
02:53.39	02:33.49	02:51.09	<b>15 &amp; Over 200 Butterfly</b>	02:39.99	02:20.49	02:35.39
n/a	<Use 200 IM QT>		<b>15 &amp; Over 100 Individual Medley</b>	n/a	<Use 200 IM QT>	
02:58.19	02:34.89	02:52.59	<b>15 &amp; Over 200 Individual Medley</b>	02:43.99	02:20.89	02:36.69
06:18.79	05:30.49	06:06.89	<b>15 &amp; Over 400 Individual Medley</b>	05:47.29	05:03.69	05:37.69

Notes:

\* - The LCM and SCM qualifying times are for 400M, the SCY qualifying time is for 500Y

\*\* - The LCM and SCM qualifying times are for 800M, the SCY qualifying time is for 1000Y

\*\*\* - The LCM and SCM qualifying times are for 1500M, the SCY qualifying time is for 1650Y

^ - This event may not be offered