



2023-2024 Swimming and Diving



State Qualifying Times

Event	Girls	Girls	Boys	Boys
NISCA	Yards/Meters	Meters/Yards	Yards/Meters	Meters/Yards
Conversion	Factor	Factor	Factor	Factor
200 Medley Relay	C/F 1.116	C/F 0.8961	C/F 1.115	C/F 0.8969
Qualifying Time	2:08.09	2:22.95	1:52.39	2:05.31
200 Freestyle	C/F 1.108	C/F 0.9025	C/F 1.108	C/F 0.9025
Qualifying Time	2:07.89	2:21.70	1:56.29	2:08.85
200 Individual Medley	C/F 1.110	C/F 0.9009	C/F 1.111	C/F 0.9001
Qualifying Time	2:24.89	2:40.83	2:13.09	2:27.86
50 Freestyle	C/F 1.115	C/F 0.8969	C/F 1.119	C/F 0.8937
Qualifying Time	0:27.19	0:30.32	0:23.59	0:26.40
100 Butterfly	C/F 1.111	C/F .09001	C/F 1.114	C/F 0.8977
Qualifying Time	1:08.29	1:15.87	0:59.29	1:06.05
100 Freestyle	C/F 1.112	C/F 0.8993	C/F 1.111	C/F 0.9001
Qualifying Time	0:58.39	1:04.93	0:54.49	1:00.54
500 Freestyle	C/F 0.8772	C/F 1.140	C/F 0.8780	C/F 1.139
Qualifying Time	5:59.49	5:15.34	5:28.09	4:48.06
200 Freestyle Relay	C/F 1.117	C/F 0.8953	C/F 1.116	C/F 0.8961
Qualifying Time	1:53.39	2:06.66	1:43.29	1:55.27
100 Backstroke	C/F 1.111	C/F 0.9001	C/F 1.110	C/F 0.9001
Qualifying Time	1:06.69	1:14.09	1:02.29	1:09.14
100 Breaststroke	C/F 1.112	C/F 0.8993	C/F 1.110	C/F 0.9009
Qualifying Time	1:13.39	1:21.61	1:07.89	1:15.36
400 Free Relay	C/F 1.114	C/F 0.8977	C/F 1.114	C/F 0.8977
Qualifying Time	4:08.59	4:36.93	3:51.19	4:17.55
Diving	Girls	Boys		
Qualifying Standards	11.2 DD	12.3 DD		