

Entering Swim Meets

General Meet Information:

- Swimmers are responsible for all meet entry fees: Pacific Fee: \$8 splash fee/\$4 per individual event.
- Swimmers should not attend meets not listed on the team meet schedule.
- Meets tend to fill up before the entry deadline, so if you plan on attending, enter early.
- Meets are Saturday & Sunday, with a certain different events offered each day. The meets start at 9:00 and run to about 3:00 each day. If you do attend, we suggest swimming 3-4 events each day. It is okay to sign up to only swim 1-day of the meet.
- **Swimmers Age:** At USA meets, swimmers compete at their current age the day of the meet.
- USA recognized age groups: 8&under, 9-10, 11-12, 13-14, 15-16 & 17-18
- Swimmers must be registered with USA swimming to swim in USA Meets

Entry Times:

Previous Events – it is a good idea to enter a little slower than your best time in the first couple meets – don't enter your season ending, shaved down times.

New Events/First Time events:

1st time 50: double your 25 yard time (add 7-10 seconds)

1st time 100: double your 50 yard time (add 10-15 sec. for free & back; 12-20 sec. for breast & fly)

1st time 200: double 100 yard time (add 17-25 sec. for free & back; 20-30 sec. for breast & fly)

200 IM: double 100 IM and add a minimum of 20 seconds.

Establishing Your USA Times:

Once you swim in a USA meet, swim connection will record that time. You can always manually override a time in swim connection – it will give you a warning but the time you input will stick.

Team areas are established on a first come basis at meets. All swimmers and parents should camp in the team area during the meet. At the conclusion of the meet, we are responsible for cleaning up our team area.

PARENT TIMING: Our team will be assigned timing responsibilities and officiating duties based on our entries. If you sign up to swim in a meet, you are required to fulfill 1-timing shift per day of attendance. If you are interested or have experience with S&T officiating, please consider become a registered official.