How to Access the Required Training

For Maple Hills Club

Log in to an Existing Account:

1. Go to https://safesporttrained.org/#/login and log in with your existing credentials.

Create a New Account:

- 1. If you do not already have a SafeSport training account, go to: https://safesporttrained.org?KeyName=FSMIDLAKESmaplehills
- 2. Select Enrollment Key on the landing page and enter the following key where it says "key name": FSMIDLAKESmaplehills (This will ensure your training is linked to Maple Hills Club).
- 3. Fill in the required information to sign up. You will not have a Member ID #, so can ignore this. Your "Role" is explained below:
- Swimmer/Diver/Water Polo Player = Athlete
- Parent/Volunteer = Volunteer
- Coach = Instructor
- Board Member = Staff

Enter Midlakes as the "Name of Sport or Community Organization".

4. Once your info is entered correctly, click the light blue "Sign Up" button at the bottom of the web page. Read and accept the Terms and Conditions.

Access the Training:

- 1. From the Welcome/Dashboard page, select "Catalog" near the center of the page.
- 2. From the Catalog, select the appropriate training as detailed above by clicking "Enroll". From there, you can begin the online training session.
- 3. If you are taking a paid training (e.g. Volunteer, SafeSport Trained, or a Refresher course), you will need to finish purchasing the course through the Shopping Cart first.

After purchasing, your course will be available from the "My Courses" link in the menu or from the dashboard.

If your athlete completes their training under the parent's account, please let your Club know.

Once you and your athlete(s) have completed SafeSport training, your training certificate will be saved within the SafeSport training system. You can access it at any time to print your certificate in the future if needed.

SafeSport Training through Another Organization:

If you or your athlete(s) have already completed SafeSport training for another sport within the U.S. Center for SafeSport system, please let your Club know so we can link your training to the Midlakes/ Maple Hills Club account.

### SafeSport Training Plan at Midlakes



# Descriptions of SafeSport Training Options Available and Roles: (See Training Decision Tree on next page)

#### For Athletes (Role = Athlete):

As a swimmer, diver, or water polo player at your club, you are required to take one of the following trainings:

**Athletes 12 and Under** are required to take the free 15-minute "SafeSport training for Kids" before you will be allowed to participate in practices or meets for Midlakes Swim & Dive League.

**Athletes 13 and Over** are required to take the free 15-minute "SafeSport training for Youth Athletes" before you will be allowed to participate in practices or meets for Midlakes Swim & Dive League.

## <u>Parents/Volunteers (Role=Volunteer)</u>:

As a Parent/Volunteer at your club, you are required to take the free 30-minute "Parent's Guide to Misconduct in Sport" before you will be allowed to volunteer at meets for Midlakes Swim & Dive League. Even if you won't be a volunteer, this is great information that can help support your athlete.

#### Coaches (Role=Instructor):

All Coaches (19 and older) in Midlakes are required to take the paid 90-minute "SafeSport Core Trained" before you will be allowed to swim in practices or meets for Midlakes Swim & Dive League.

• Note: If a head coach is age 15-18 (ex. Dive League), they can take the "Safe Sport for Youth Athletes" training instead.