Sheridan Swim Team Registration Packet 2025-2026

Welcome to the Sheridan Swim Team! We are excited that you have chosen to join our families. Our coaches are honored to have the opportunity to work with your child. The Sheridan Swim Club has been the home for USA Swimming since 1961 where state and national records have been set!

Below, you will find all the necessary information to complete your registration.

New Swimmer Assessments: If you are joining SST for the first time, you will need to be assessed to be placed in the correct practice group. Assessment opportunities can be scheduled by emailing Coach Thomas at stormcoachthomas@gmail.com

New and Returning Swimmers: Registration Fee \$35.00 annually

- STEP 1: Go to the SST website: www.sheridanswimteam.com
- STEP 2: Click on the "2025-26 Registration" tab
- STEP 3: Scroll down to the bottom of the page and click "Continue or check status". Follow the prompts to create an account.
- STEP 4: Use your credit card or send in a check for the registration fee.
- STEP 5: You must register your swimmer as a USA swimming member after September 1st, 2026. All swimmers participating in practices must complete this step regardless of whether you plan to compete in USA swim meets. You can choose between Premium (for those who are 13 or older & plan to compete at 2 or more meets) or Flex, which costs less, (for those ages 12 or under who do not plan to compete in more than 2 USA meets). Parents will be sent additional information with a link to complete this step after September 1st. ALL SWIMMERS NEED TO BE REGISTERED INDIVIDUALLY THROUGH THE USA SWIMMING WEBSITE (once per calendar year). YOU WILL NEED TO ENTER THROUGH THE LINK SENT TO YOU BY COACH THOMAS. For those joining later in the season, please request this link after registration.

All swimmers receive an SST shirt and new swimmers receive a swim cap. During the online registration, please be sure to select the swimmer's current size choosing from Youth-Small, Youth-Medium, Youth-Large, Adult-Small, Adult-Medium, Adult Large, Adult-XL, or Adult-2XL.

SST AGE GROUP PROGRAM

AGE GROUP 1

AG1 is the first entry level group for beginning swimmers who can swim 25 yards unassisted. Coaching focus is on teaching proper stroke technique in a fun team environment.

Ages: Recommended age 5 and up

Two Practices Offered Per Week 60 minutes/practice

AGE GROUP 2

AG2 is an entry level group that targets new swimmers and those advancing from AG1. These swimmers will have knowledge of all four competitive strokes and be able to perform a forward start from a block. Coaching focus is on providing feedback on proper technique and turns while having fun with teammates and mastering skills in fun and creative ways.

Ages: 8-12 years old

Three Practices Offered Per Week 60 minutes/practice

AGE GROUP 3

AG3 is for advanced swimmers with previous team swimming experience. Swimmers are learning race strategies as well as increasing dryland emphasis. Swimmers are placed by coaches into these groups based on technical proficiency and training capability. Coaching focus is on technique and skill mastery while doing so at an accelerated training pace.

Ages: 8-12 years old

Five Practices Offered Per Week 90 minutes/practice

SENIOR

13/14 BB Times are recommended to be in this group.

This group is for experienced 13-over swimmers preparing for State and Regional competition, as well as National level meets. Coaching focus remains on proper stroke technique and developing endurance and speed. Mental strategies for swim meet competition are learned in order to maximize performance.

Five-Six Practices Offered Per Week 120 minutes/practice

FINANCIAL POLICIES

- 1. Swim Team fees for short course season can be paid in full or may be set up to be paid in three installments. Installment 1 (Sep 15) Installment 2 (Oct 15) Installment 3 (Nov).
- 2. Swim Team fees for the long course season are set up to be paid in full or in two installments. Installment 1 (April 15) and installment 2 (May 15).
- 3. A \$25 late fee is automatically assessed if payments are not received by the last day of the installment month. Families paying by autopay are responsible for ensuring the monthly transactions are successful.
 - Accounts 60 days past due: Swimmers are not eligible to participate in swim meets. Accounts 90 days past due: Swimmers are not eligible to participate in practices.
- 4. All new swimmers joining the program after their 2-week trial period are responsible for dues starting in the month of their tryout. There is no 2-week trial for returning swimmers.
- 5. Discounts: There are a number of discounts available to swim families to help reduce swim fee costs. These include a 15% discount for swim team members who are also members of Sheridan Swim Club, Siblings' discounts and requested prorated season fees. Please see below for specifics regarding each of these discounts. Each swimmer is limited to one discount per season. It is up to the family to decide which discount, if any, they want to have applied to their fees. If your swimmer is eligible for a discount, you must select the discount at the time of short course online registration. If you miss this step, it is your responsibility to email the Treasurer before payments begin to indicate which discount your swimmer will take. For families of multiple swimmers, you may select different discounts for each swimmer in your family. For example, 1 swimmer may need to prorate the season, 1 swimmer may take the Club discount and another may take the siblings discount or all swimmers could select the same discount as long as they are eligible (ex: all 3 swimmers elect to apply club discount).
- 6. Prorate fees & requests. Returning swimmers who are not able to complete an entire swim season may ask for their fee to be prorated. This applies to AG3 and Senior practice groups only. AG1 & AG2 are not eligible for a prorate discount. The maximum prorate amount shall not exceed a reduction of more than 20% of swim fees. This request must be made to the Treasurer before the start of the season.
 - Brand new swimmers will receive a prorated fee based on the amount of season left.
- 7. Sibling Discounts Short Course Season: Families receive a \$75 discount for a second swimmer. Additional siblings (after two brothers and/or sisters) who join the program

would be \$110 off the season fee per child. The highest level swimmer will pay the full dues amount while subsequent siblings in the family will receive the discount off annual dues. Please let us know if this applies to your family and we will credit accordingly.

- 8. Siblings Discount Long Course Season: Sibling Discounts: Families receive a \$42 discount for a second swimmer. Additional siblings (after two brothers and/or sisters) who join the program would be \$63 off the season fee per child. The highest level swimmer will pay the full dues amount while subsequent siblings in the family will receive the discount off annual dues. Please let us know if this applies to your family and we will credit accordingly.
- 9. Sheridan Swim Club members receive 15% off dues.
- 10. Swim meets are an additional expense. A travel fee is assessed for each family that commits to travel meets. Coach Travel Charge per family is a fee of \$50.

On occasion, a special qualification meet may be offered to select swimmers which requires participating parents to divide and pay all Coach travel fees (ex: Dallas Pro Am meet). In this rare circumstance, parents will be notified at registration and it will be noted on the event file.

Please note that swim meets (outside of River Country seasonal meets) have additional expenses set by the host team. This information is always available in the meet packet attached to the event file. Once our Coach has submitted entries to the host team, families are responsible for the fees accrued for their swimmer regardless of last minute cancellation for sickness, etc. Our treasurer will figure the cost of the meet fees and apply it to your billing statement. You will not need to calculate this information.

11. If a swimmer does not wish to enroll for the next session, families must opt out by sending an email to their coach and team president or treasurer by the 15th of the month prior to the start of the next session.

12. Fundraising Policy

To support the financial sustainability and growth of our team, the Sheridan Swim Team has adopted the following fundraising policy:

Participation Requirement

Parents and guardians of swim team members are encouraged to participate in organized fundraising activities. These activities help offset operational costs, improve facilities,

provide opportunities for team development, and help keep year-to-year swimmers fee increases to a minimum.

Minimum Fundraising Contribution

Fundraisers will require each family to raise a minimum of \$200.00 per year through participation in designated fundraising events or initiatives. Certain fundraisers in particular may require a minimum raised or paying on opt-out amount because of the upfront costs of the fundraiser.

Opt-Out Option

Families who are unable or choose not to participate in fundraising activities may fulfill their fundraising obligation by making a direct donation equivalent to the minimum fundraising amount as stated in the fundraising guidelines. The fundraising guidelines will be distributed prior to the start of each fundraising event or initiative.

Tracking and Communication

The swim team will provide clear communication regarding fundraising opportunities and deadlines.

Special Considerations

The board recognizes that individual circumstances may limit participation in fundraising activities. Families facing hardships are encouraged to contact the SST Board of Directors to discuss alternative arrangements.

Non-Compliance

Families who do not meet the fundraising or opt-out requirements will be charged to meet the minimum fundraising contribution as stated in the fundraising guidelines.

By working together, we can ensure that our swim team has the resources needed to thrive. Thank you for your support and commitment!

EARLY TERMINATION OF YOUR PROGRAM CONTRACT

Parents of swimmers who cease participation with the Sheridan Swim Team after practices begin for either short or long course season will be responsible for committed payments for the season. There are no refunds unless extenuating circumstances are shared in a letter to the Board for approval. New swimmers joining the program will receive a 2-week trial period before being responsible for committed payments. You can also request a prorated fee for conflicts with other activities, but must do so ahead of the season for planning purposes. Prorated fees can not be less than 80% of practice fees unless you are a first time swimmer joining late in the season.

Swimmers currently enrolled in Short Course season will automatically be enrolled into long course season, therefore, will not need to repeat the registration process. Parents of swimmers who do not wish to participate in Long course season must contact the Head Coach and The Board President or Treasurer by the 15th of March to discontinue membership with the team.

2025/2026 (Short Course) Fees								
		<u>Sheridan Swim</u>		Sheridan Swim				
		<u>Club Member</u>		<u>Club Member 3</u>				
Short Course	Season Fee	Season Fee	<u>3 Installments</u>	<u>Installments</u>				
Senior	\$956	\$812	\$334.43	\$284.20				
Age Group 3	\$819	\$696	\$286.65	\$243.60				
Age Group 2	\$710	\$603	\$248.43	\$211.05				
Age Group 1	\$601	\$511	\$210.21	\$178.85				
Special Billing with Coach approval								
Fitness (Intended for only AG3 and								
under. Ages 12 and under)	\$655	\$557	\$229.32	\$194.95				
Reduced Fee	\$210	\$210	\$70	\$70				
*Fees are for the season, but can be								
paid in 3 Installments (Sept, Oct, Nov)								
*If paying installments, then a 5% administrative charge								

2026 Summer (Long Course) Fees						
			_	<u>Sheridan</u>		
		<u>Sheridan Swim</u>	<u>2</u>	<u>Swim Club</u>		
	<u>Seaso</u>	Club Member	<u>Installme</u>	<u>Member 2</u>		
<u>Long Course</u>	<u>n Fee</u>	<u>Season Fee</u>	<u>nts</u>	<u>Installments</u>		
Senior	\$551	\$468	\$289.28	\$245.70		
Age Group 3	\$487	\$414	\$255.68	\$217.35		
Age Group 2	\$423	\$360	\$222.08	\$189.00		
Age Group 1	\$358	\$304	\$187.95	\$159.60		
River Country Fees (2024 fee was \$160)	\$TBD	\$TBD	n.a.	n.a.		
Special Billing with Coach approval						
Fitness (Intended for only AG3 and under. Ages 12						
and under)	\$358	\$304	\$187.95	\$159.60		
Reduced Fee	\$120	\$120	\$60	\$60		
*Fees are for the season, but can be paid in 2						
Installments (April, May)						
*If paying installments, then a 5% administrative charge						