

THE ECHO

Character - Community - Excellence

YFD Started 2021 off with a bang at our Winter Last Chance Qualifier Meet. We want to congratulate all of our swimmers on fast swims.

Make sure to check out the YFD All Time Top 10 lists which were recently updated on the team website under achievements.

We know swimmers have put in a lot of hard work over this short course season and we only have one more month until our Short Course Championship! Now is the time to push yourself a little harder so you can drop some more time in March and be top of the charts!



UPCOMING EVENTS:

Invite Only Distance Meet
Feb 19

YFD March Championships
March 6-7



Swimmers of the Month

-January-

YFD recognizes swimmers with outstanding dedication to attendance and excellence at practice. Congratulations to the following swimmers:

Age Group I-

Danny Nardini and Aerin Healy

Age Group II-

Sofia Bacideore and Luc Pelletier

Age Group III-

Aidan Zhu and Cailin Wong

Junior-

Allie Wolff

Senior-

Anna Lee and Matt Renwick

National-

Brendan Lu

VIRTUAL MEETS?

Are we having Metro Championship Meets in March?

For the safety of our athletes, Metro Swimming decided to move ALL championship meets to a VIRTUAL format. This includes Senior Mets, Age Group Team Challenge (15-18 only), Junior Olympic Championships (14 & under), Silvers, Bronze, and 8 & under Championships. All YFD hosted swim meets and time trials count as a qualify time and final time for these Metro Championship meets.

How Do I Qualify for these meets?

HERE are silver, JOs and AGTC and Senior Mets time standards. There are no time standards for Bronze but if a swimmer qualifies for one of the aforementioned swim meets, they will disqualify themselves in that event for Bronze. There are no time standards for 8 & under championships.

Uhhh, What do you mean?

For example, if 13 year old Sally swims the 100 fly at our December time trials and goes faster than the JO qualifying time, she would qualify for JOs! If that same time was top 20 out of all 13 year old girls who have swam in Metro Swimming, Sally would be listed on the JO girls list. In January, Sally added time to her event. Her time from December still counts as her final JO time because it is faster. Unfortunately, other 13 year old girls swam really fast in January so Sally is no longer top 20 in the 100 fly and will no longer be on the JO girls list. BUT in February Sally trains very hard and drops lots of time in our March meet. This new March time will be her fastest time. She is back in the top 20 at JOs and is on the list with her March time.

Can I virtually place in multiple meets?

Yes! Let's say Sally is not as good in backstroke as she is in butterfly. She does not qualify for JOs but she does qualify for Silvers in the 100 backstroke. The same process as above takes place but for the 100 backstroke she will be in the Silver's results instead of on the JOs results. Even if Sally is not top 20 in the 100 fly at JOs since she has a JOs time, she will not be able to "swim" the 100 fly at Silvers and thus not place at Silvers.

How can I know what I am ranked?

Athletes will be ranked top 20 for every meet and specified age (if applicable) and posted on the Metro Website every 10 days. Results can be found HERE. We already have lots of swimmers on the top 20 lists with a few YFD members at the top of their events!

Some final thoughts

March 21st is the last day to swim a time that counts for Metro's championship meets. Events swam in Florida (or in another state that is not NY) will NOT count for Metro championship meets. Athletes who age up during the submission period and swim in different meets can be listed for the qualifying meets in both age groups.

Coaching Philosophy and Mission Statement

Our mission is to develop abilities in our young people that will inspire and empower them to achieve excellence in life through a positive competitive swimming experience. We believe that our sport teaches fundamental life skills that are invaluable beyond the pool. By molding, teaching, and instructing our athletes, we aim to develop them the self-discipline, personal responsibility, physical fitness, and personal excellence necessary for success in competitive swimming and beyond.