

AGI is composed of the youngest competitive swimmers in the Flying Dolphins program. The main emphasis of this group is teaching the fundamentals of the four competitive strokes in a fun learning environment. This consists of kicking, drilling, and the development of the skills necessary for competitive swimming.

Lead Coach	Tim (tkim@92ny.org)
Age	6-9
Practice Requirements	Four practices are offered each week. Swimmers are encouraged to make at least two per week.
Qualifications	New swimmers must try out in September. Coaches will look for familiarity of all four strokes as well as comfort level in the water and the ability to take instruction.
Meet Requirements	AGI swimmers are encouraged to attend one meet a month. All 8 & Unders are required to attend the 8U Championships in March.