ENFINITY GSO SUMMER 2024 PRACTICE SCHEDULE

M	T	W	Н	F	Sat	Sun
Greensboro College			Greensboro College		Greensboro College	
5:00-6:00pm			5:00-6:00pm		12:00-1:00pm	

М	Т	W	Н	F	Sat	Sun
Greensboro College		Greensboro College		Greensboro College		
5:00-5:45pm		5:00-5:45pm		5:00-5:45pm		

М	Т	W	Н	F	Sat	Sun
Greensboro College		Greensboro College		Greensboro College	Greensboro College	
5:00-6:00pm		5:00-6:00pm		5:00-6:00pm	11:30am-12:30pm	

Royal

М	T	W	Н	F	Sat	Sun
Greensboro College		Greensboro College				
4:30-5:45pm		4:30-5:45pm	4:30-5:45pm	4:30-5:45pm	10:00-11:15am	4:30-5:45pm

Delta

М	Т	W	Н	F	Sat	Sun
Greensboro College		Greensboro College				
4:30-6:00pm		4:30-6:00pm	4:30-6:00pm	4:30-6:00pm	11:30am-1:00pm	4:30-6:00pm

Delta Select

М	T	w	Н	F	Sat	Sun
Greensboro College	GAC	Greensboro College	GAC	Greensboro College	Greensboro College	Greensboro College
6:00-8:00am	6:00-8:00am	6:00-8:00am	6:00-8:00am	6:00-8:00am	9:30-11:30am	4:30-6:00pm

Parisi 5:30-6:30pm Parisi 5:30-6:30pm

Beta & Sigma II

M	Т	w	Н	F	Sat	Sun
Greensboro College	Greensboro College	Greensboro College	Greensboro College		Greensboro College	Greensboro College
6:30-8:00am	6:30-8:00am	6:30-8:00am	6:30-8:00am		10:00-11:30am	4:30-6:00pm

Sigma & Sigma Select

М	Т	w	Н	F	Sat	Sun
GAC	GAC	GAC	GAC	Greensboro College	Club Fitness	
6:00-8:00am	6:00-8:00am	6:00-8:00am	6:00-8:00am	6:00-8:00am	6:00-9:00am	

Parisi 5:30-7:00pm Parisi Greensboro College 5:30-7:00pm 5:30-7:00pm Greensboro College 5:30-7:00pm