



Welcome To

COMPETITIVE CHEERLEADING TEAM TRYOUTS

Tentatively May 22nd - May 24th, subject to change

Thank you for your interest in the Texas AllStar Cheer program. Our teams are always highly competitive within their respective divisions. The TAC staff provides one of the best, most disciplined training programs in the All-Star industry. We take pride in our ability to focus specific attention on each individual. We teach our students to excel in all areas of cheerleading. We strongly believe that our success originates from the dedication and commitment of our athletes and parents. Our students are self driven and motivated to achieve their goals. We encourage positive attitudes and respectful behavior among our students. Our goals are to develop the best squads possible and to instill in our students qualities and values that last a lifetime.



STRONG DESIRE TO WIN



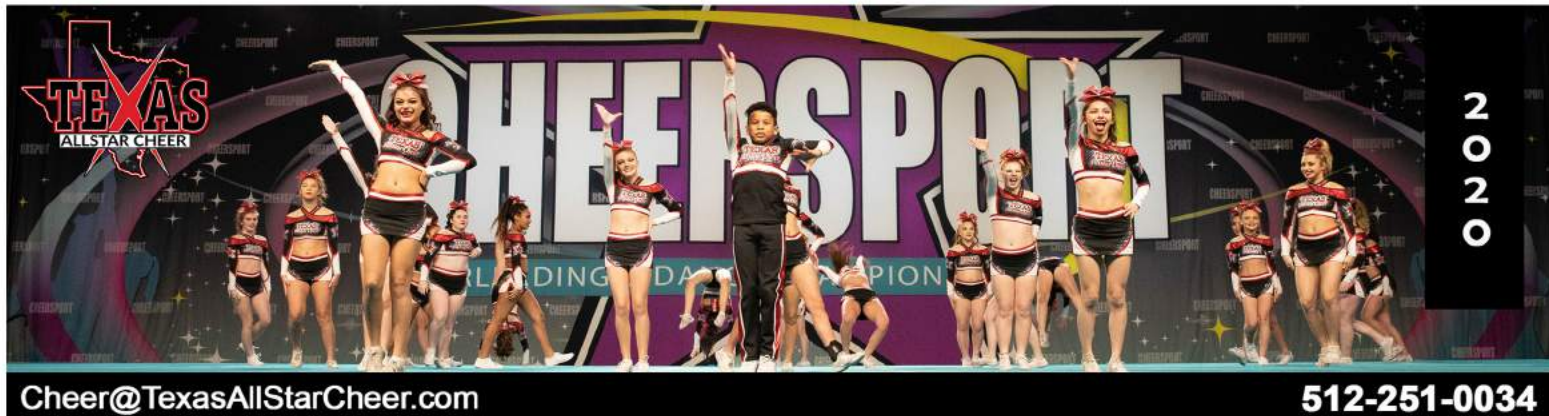
RIGHT PERSONALITY



HARD WORKING

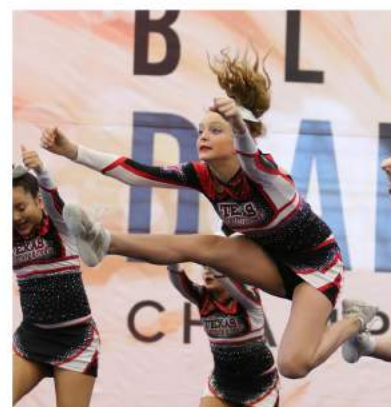


FAITH & DETERMINATION

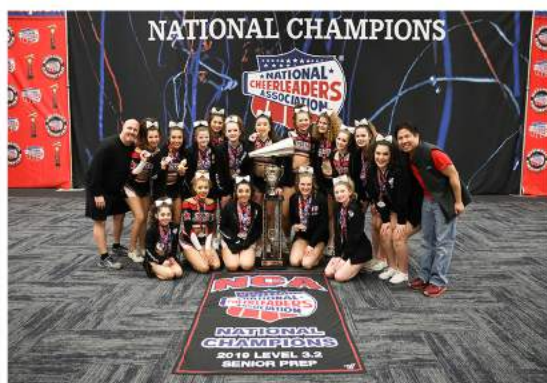


WELCOME TO OUR PROGRAM

As TAC begins yet another competition year, we ask you to place your trust in our process, our coaches and our programs. Your athlete's placement on a TEAM is not just about your athlete being a good tumbler, or flyer, or base or any other particular element in the routine. Realistically, a TEAM can't succeed with just flyers, or just bases, or just tumblers. Instead, it is about your athlete being an integral part of a TEAM and working along with others to make their team the best it can be! After all, every one of the TEAM members bring with them different talents and abilities. To make a TEAM successful, the TEAM members have to utilize all these different talents and abilities to form a cohesive and effective TEAM. Please remember - there is no "I" in TEAM. Obviously, learning these lessons are not just important to cheerleading, but also will serve your athlete well as he/she continues to grow and mature. It is our job as coaches to make sure your athlete, along with the other members of his/her TEAM, work together to help each other grow, flourish and succeed in that TEAM environment. We feel that our TAC staff (with a 100+ years of combined coaching experience between them) will make the best placement decisions for your athlete.



Taking that into account, after tryouts and having been placed on a TEAM we will, for a few weeks thereafter, re-evaluate all TEAM athletes to determine if a change to a different TEAM might work better for that TEAM. If we feel that your athlete would better serve on another TEAM, we will set up a parent conference to discuss any changes. From levels 1- 6, Tiny to Senior, each TEAM has to maximize the score sheets in every way possible. Your athlete is a part of that equation, and a part of what will make their TEAM great.

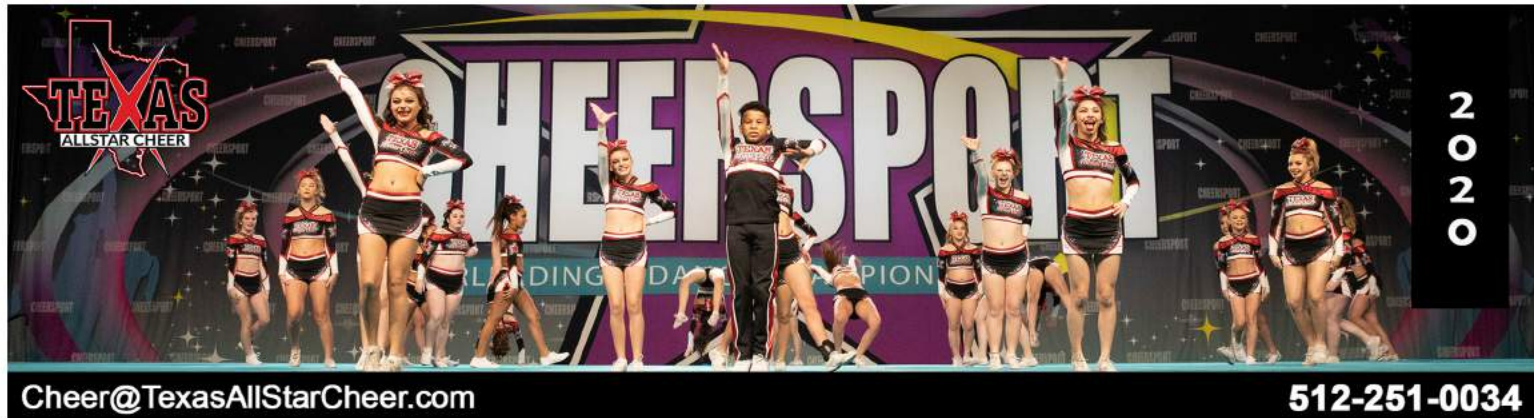


TAC asks all of our athletes' parents to always stay positive, manage expectations (even your own) and be your athlete's biggest cheerleader! As we are stressing being a TEAM member, we also ask our athlete's parents to be TEAM parents and to lift everyone up, praise our coaches for the jobs they do and have unwavering faith in your athlete and their TEAM. We believe that these positive attitudes by our athletes' parents serve as role models for your athlete and will be the reason for the overall success of your athlete's TEAM and program.

We wish every parent, child and TEAM a fun and successful season! Be sure to cherish every moment and to enjoy seeing your athlete on the mat doing what they love.

We are very excited for the 2020 - 2021 season, and look forward to an amazing competition year.

Thank you for all your support in our organization.



Cheer@TexasAllStarCheer.com

512-251-0034

Competitive Cheer is divided into three tiers Novice, Prep, and Elite. Each tier is designed to provide different opportunities for athletes at various stages of development and commitment. skill-building

Novice:

Novice program welcomes athletes moving up from fundamental stages of cheerleading, or perhaps athletes with limited to some previous cheer experience. The program continues to build a love for AllStar while focusing on skill-building and growth in a low-pressure environment! Athletes will practice once a week for 2.5 hours.

Prep:

AllStar Prep is perfect for the athlete ready to take it to the next level! This program introduces an athlete to a competitive environment that is driven by and promotes excellence in skill-building.

AllStar Prep is ideal for athletes who:

- Are ready to transition from AllStar Novice to a more competitive team atmosphere with limited advanced skills.
- Are coming to TAC's program with cheer experience, possibly from a rec or youth program, or transferring from another AllStar program
- Are interested in a competitive team with less time and cost commitment than is required for AllStar Elite
- Athletes will practice twice a week for 2 hours each practice.

Athletes on this team must be willing to travel to out of state competitions/end of year event. i.e., US Finals(in Dallas), The ONE(in New Orleans). Each season only one event will be chosen.

Elite:

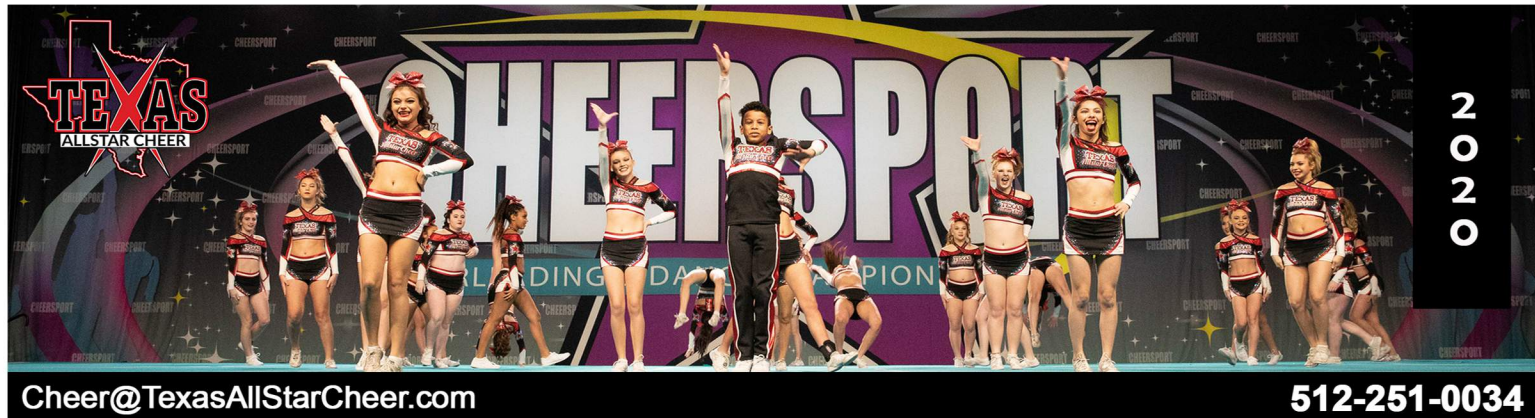
The highest performance level that AllStar cheer has to offer!

AllStar Elite is ideal for athletes who:

- Are ready to transition from AllStar Novice and AllStar Prep to a high-performance level
- Are coming to TAC's program with intense cheer training and solid technical ability
- Athletes will practice twice a week one 2.5 hours and one 2 hour practice with additional Saturday practice spread throughout the season.

Athletes on this team must be willing to travel to out of state competitions/end of year event. i.e. CheerSport(Atlanta), Summit(in Orlando), US Finals(in Dallas), The ONE(in New Orleans). Each season only two events will be chosen.





Program Costs

Texas AllStar Cheer is a 12-month program. We will begin meeting and practicing in June 2020 and continue through the end of April 2021.

Novice:

\$185.00 per month

\$45.00 Tumble Class (optional)

\$100.00 Choreography - Due: estimate July 1st.

\$30.00 USASF - Due: August 1st

Uniform \$445(crop top) or \$472(full length), may purchased used uniforms. - Due: 1/2 due August 24th, remaining balance due on or around October 15th.

\$70.00 Practice Clothing

New athletes must purchase one sports bra (\$22.00), one T-Shirt(\$15), one tank top (\$18.00). All athletes are required to buy one competition bow(price TBD. estimate cost, \$20.00.)

\$40.00 NCA Gift Money (optional)

\$45.00 Flight Class (optional)

If chosen as a Flyer, athletes are required to maintain their skills, which may include having to take a flight class to maintain a flyer position.

\$40.00 Music Fee

\$80.00 Make-up for new athletes, returning athletes, may buy individual replacements.

Prep:

\$215.00 per month

\$45.00 Tumble Class (optional)

~\$185.00-\$225 Choreography - Due: estimate July 1st. (Choreography fees will be divided amongst the teams that have outsourced choreography)

\$30.00 USASF - Due: August 1st

Uniform \$445(crop top) or \$472(full length), may purchased used uniforms. - Due: 1/2 due August 24th, remaining balance due on or around October 15th.

\$70.00 Practice Clothing

New athletes must purchase one sports bra (\$22.00), one T-Shirt(\$15), one tank top (\$18.00). All athletes are required to buy one competition bow(price TBD. estimate cost, \$20.00.)

\$40.00 NCA Gift Money (optional)

\$45.00 Flight Class (optional)

If chosen as a Flyer, athletes are required to maintain their skills, which may include having to take a flight class to maintain a flyer position.

\$40.00 Music Fee

\$80.00 Make-up for new athletes, returning athletes, may buy individual replacements.

Elite:

\$265.00 per month

\$45.00 Tumble Class (optional)

~\$185.00-\$225 Choreography - Due: estimate July 1st. (Choreography fees will be divided amongst the teams that have outsourced choreography)

\$30.00 USASF - Due: August 1st

Uniform \$445(crop top) or \$472(full length), may purchased used uniforms. - Due: 1/2 due August 24th, remaining balance due on or around October 15th.

\$70.00 Practice Clothing

New athletes must purchase one sports bra (\$22.00), one T-Shirt(\$15), one tank top (\$18.00). All athletes are required to buy one competition bow(price TBD. estimate cost, \$20.00.)

\$40.00 NCA Gift Money (optional)

\$45.00 Flight Class (optional)

If chosen as a Flyer, athletes are required to maintain their skills, which may include having to take a flight class to maintain a flyer position.

\$40.00 Music Fee

\$80.00 Make-up for new athletes, returning athletes, may buy individual replacements.

Note we had planned on new uniforms for this upcoming but due to current conditions we did not believe this was a financially smart decision.

Sibling Discount(s) - A \$20.00 discount for all monthly payments will be applied for families that have more than one child on All-star Cheer teams. Travel expenses for Elite teams are listed on the financial page.

5% discount given to monthly tuition only if paid in full by June 1st



ABSENCE POLICY

Attendance is **REQUIRED** at ALL practices and scheduled team competitions! Please read the Absence Policy below. Our competition season runs from May until April of the following year. Therefore, our competition season covers the school year and the summer months.

- 1) Absences related to an illness that lasts for more than two (2) practices requires a doctor's release to return to practice.
- 2) During the school year, there will only be allowed three (3) excused absences. The 4th absence(excluding when sick or injured) becomes your 1st unexcused. Even with an excused practice you are expected to return to practice at the same level as your teammates and are responsible for all routine changes that occurred during your absence.
- 3) Missing a mandatory practice or a practice during the one (1) week period before competition or the two (2) weeks period prior to a national competition due to an unexcused absence may result in the removal of the athlete from that competition.
- 4) You are allowed four (4) absences for the summer months (June 1st - Aug. 16th). We already give the athletes off one (1) week in July in addition to the holidays of Memorial Day and Labor Day. This gives your athlete time for vacations / mission trips / etc. In May, we will send out a link (google form) to allow parents to list their athlete's excused time off during the competition season.
- 5) With current Health conditions, absences will be reviewed and Absent/Sick Policies may change during the course of the season and CDC/county guidelines.

Any Absence Request Forms for summer vacations must be submitted by June 1st and request for the school year must be submitted by August 31st. **DO NOT** email or fax absence request forms. These forms are for absences including school cheerleading, gymnastics, choir, band and all other school sports. Your school activities are planned well in advance. Please submit your request in advance. A completed form does not automatically excuse the absence. Absences must be approved. We will verify with school administration and the teaching staff if we think that someone is being dishonest. Be prepared to show documentation from a teacher or instructor. You will be removed immediately if the request is falsified. Absences are not permitted the week of a national event.

SICK POLICY

Texas Allstar Cheer has an illness/injury policy that we expect all of our athlete to abide by. Parents and/or athletes must communicate with coaches and staff about athlete illness prior to any practice. Athlete participation will be determined by a coach/parent consensus on a case by case basis and severity of contagiousness. Athletes should be prepared to attend practice with a hospital mask, if necessary. In addition, a doctors' note with details regarding the illness, treatment and length of recovery must be provided. This includes dental, medical and any other issues that would prohibit a student from participating. Extended illness or injury (i.e. mono, broken bones, etc.) may result in changes being made to the team on which your athlete participates. Failure to abide by our policy may compromise your athlete's position on his/her team. The safety and well being of our athletes are utmost concern.



**Only the most
structured and
disciplined program
will keep us on top
and continue to
set us apart
from the rest!**

Texas AllStar Cheer is an organized program. Athletes are expected to attend all competitions as a team. We realize many children and young adults are involved in a variety of activities; however, we cannot make exceptions for schedule conflicts.

Many other programs allow students to miss practices without accountability or regard for the ones that do show up. We are able to keep extra practices to a minimum because our practices are productive and mandatory. The following dates are available for holidays and vacations throughout the 2020 and 2021 year.

Aug 12-15 **Back to School Break**
 September 5-7 **Labor Day Weekend**
 November 25-28 **Thanksgiving, Practice on Nov 29th is mandatory**
 December 19 – January 2 **Christmas, Hanukkah and New Year's**
 March 15-19 **Spring Break**



Choreography camps are mandatory. Those dates will be confirmed once the teams have been selected. Some teams may have their choreography dates fall on a holiday break.



athlete (n) :

a person who is trained or skilled
in exercises, sports or games requiring

physical strength,

agility, or stamina

the World is watching....
are you ready?

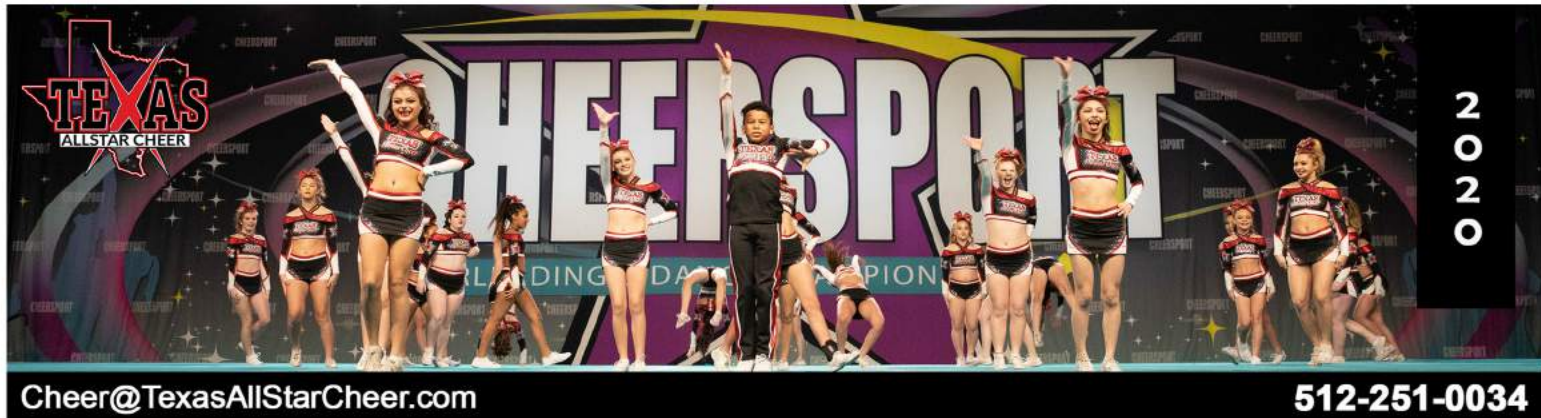


*All forms must be completed and turned in prior to tryouts
Private tryouts are available by appointment prior to official tryouts.*

Checklist for Tryouts

- | | |
|---|---|
| <input type="checkbox"/> Waiver & Registration | <input type="checkbox"/> Financial Agreement |
| <input type="checkbox"/> Tryout Form | <input type="checkbox"/> Credit/Debit Authorization Form |
| <input type="checkbox"/> Parent Code of Conduct | <input type="checkbox"/> Athlete Code of Conduct |
| <input type="checkbox"/> Athlete Skill Questionnaire | <input type="checkbox"/> Tryout Fee: \$60 New Team Athletes |
| <input type="checkbox"/> Tryout Fee: \$35 Returning Team Athletes | |

All forms must be completed and returned along with your tryout fees. All athletes will be evaluated on individual skills as well as their basing/flying ability. Our tryouts are not stressful! We evaluate in groups and encourage participants to re-do their skills if they are not 100% satisfied with their tryouts. Once we have evaluated all of our applicants, we begin to assemble rosters and teams. The selection of teams is a very tedious and often complicated process. Many key elements are considered in our decision. We must choose a well-rounded variety of individuals for each team on our website after April 18th. Tryouts will be closed. Athletes and parents will be notified with the results and **MANDATORY** team **PARENT** meetings will TBD depending on which team your athlete makes.



TEAM TRYOUT FORM

Athlete's Name _____

Age _____ DOB ____/____/____ Athlete Phone # _____

Address _____ City _____

State _____ Zip Code _____ Cell Number _____

Parent's Name(s) _____

Parent's Email _____

Select a box below IF you have cost or commitment restrictions.

☐ Novice, Elite, Prep: have no restrictions

☐ Novice Only

☐ Prep Only

If you have been on a team before, what roll(s) did you play in stunt groups? _____

What is the HIGHEST level stunts you have COMPETED? Please circle the level: 1 2 3 4 5/6

Please list the most difficult stunts(s) you have COMPETED? _____

What extra-curricular activity will be a higher priority for you than your all-star team? (What would potentially request an excused absence?) _____

I have read and filled out the form completely and accurately.

Parent Signature _____ Date ____/____/____

Athlete Signature _____ Date ____/____/____



Texas Allstar Cheer & Dance Athlete Code of Conduct

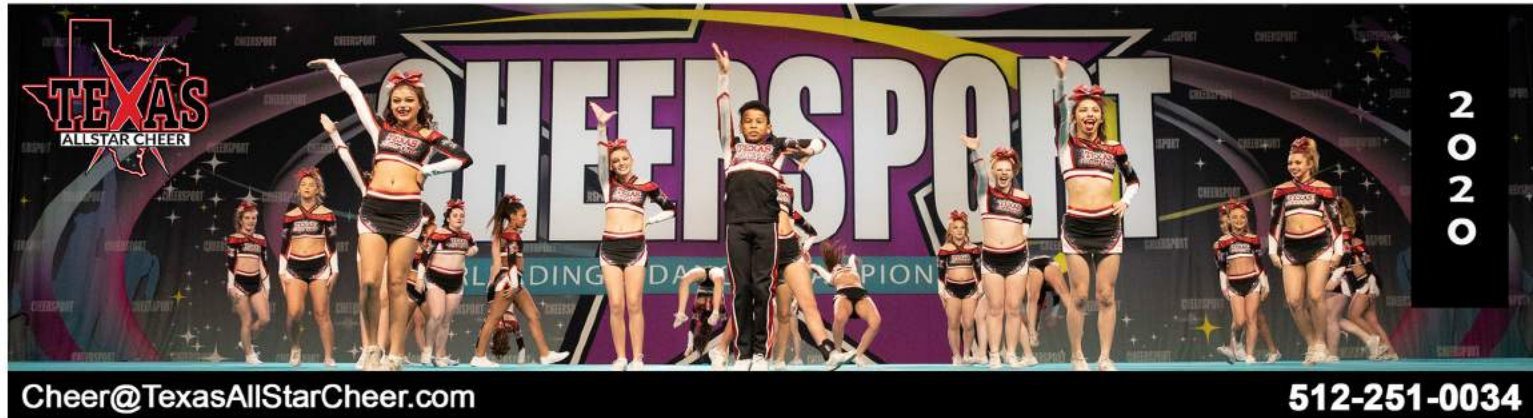
Texas Allstar Cheer & Dance athletes will be held to a high standard of moral character. Our goal is to surround ourselves with positive athletes who strive to reach both team and personal goals.

Parents should review the following obligations with your athlete explaining each one. Both parent and athlete should sign at the bottom of the page agreeing to uphold each standard.

- 1.) I understand that this is a full season, up to one year, commitment and that a team is depending on me to fulfill my responsibilities as a team member. I will not give up, quit or threaten to quit during my team membership.
- 2.) I will come to practice with a positive attitude and work hard to achieve personal goals and help my team to reach the team goals that my coaches have set. I realize that a positive attitude is contagious, and I will do my best to influence my teammates in a positive manner.
- 3.) I will not use profanity at practices or competitions.
- 4.) I will demonstrate good sportsmanship to teammates, parents, coaches, judges, cheer company staff and rival teams. This includes no bad-mouthing, spreading rumors, foul language, inappropriate actions, and speaking poorly of the Texas Allstar Cheer & Dance program.
- 5.) I will not misuse the Internet, social media sites, or emails in relation to Texas Allstar Cheer & Dance. This includes, but is not limited to, coaches, staff, and teammates.
- 6.) I will not bring any food, gum, candy, or soda into the gym area. I will leave all of this outside of the gym. I can bring water and Gatorade into the designated areas.
- 7.) I will always show respect for the coaches, fellow teammates, other Texas Allstar Cheer & Dance athletes, parents, judges, officials and spectators. Disrespectful behavior will result in dismissal.
- 8.) I will strive to be in top physical condition and work my hardest during conditioning drills, so that I can get the most out of every practice.
- 9.) I will come to practice on time and be responsible for my team's times and days, so that I am a dedicated teammate and show accountability to my parents for this privilege.
- 10.) I understand that all squad and routine decisions are left to the discretion of the coaches.
- 11.) I will learn and obey the team and gym rules set forth by my coaches.
- 12.) I will wear proper attire to practices as recommended by Texas Allstar Cheer & Dance. I will wear no jewelry, will wear my hair pulled back and will have athletic length nails.
- 13.) I will come to competition day with my hair, make-up, and uniform warm-up ready for competition according to gym specifications.

Athlete Signature _____ Date ____/____/____

Parent Signature _____ Date ____/____/____



Texas Allstar Cheer & Dance Parent Code of Conduct

As a parent of a Texas Allstar Cheer & Dance athlete, you play an important role in your child's success in our program. It is a good reminder to parents to observe a Code of Conduct so that we are mutually on the same page, uniting for the common goals of our children. Texas Allstar Cheer & Dance desires to not only have great athletes, but also great families who care about upholding our high standards. Parents should read through the following obligation and sign at the bottom agreeing to uphold each standard.

- 1.) I understand that this a full season commitment, up to one year, and that a team is depending on my child to fulfill responsibilities as a team member. I promise to keep my child committed for the duration of the season.
- 2.) I will teach my child to be respectful at all times, and if my child is involved in a matter of disrespect towards any member or staff at Texas Allstar Cheer & Dance, I will resolve this problem with my child immediately.
- 3.) I will demonstrate good sportsmanship to my child's teammates, other parents, coaches, judges, cheer company staff and rival teams.
- 4.) I will not misuse the accessibility of communicating through email or GroupMe to my Texas Allstar Cheer & Dance coaches and will address issues with care and respect.
- 5.) I will trust my child's coaches and their decisions. I will allow the Texas Allstar Cheer & Dance coaches to exercise their coaching skills and not intervene with practices.
- 6.) I will prepare to get my child to practice on time and stay for its entirety. In the event that my child is late, I realize that my child will have to warm up and stretch properly as his/her teammates did, but this may require my child to do it alone.
- 7.) I will send my child to competition ready to go according to gym specifications, such as proper uniform and shoes, hair, makeup, and bow.
- 8.) I understand that the coaches reserve the right to suspend my child's participation indefinitely in practice or competition as a disciplinary action if they violate the athlete code of conduct.
- 9.) I realize that cheer companies that host competitions also have codes of conduct that include parent actions, and poor sportsmanship by parents can cause deductions or disqualifications for my child's team. I will demonstrate good sportsmanship as a Texas Allstar Cheer & Dance parent.
- 10.) If I have a concern about my child's coaches or team member, I will contact Marc Elliott to resolve the issue. I agree that this conversation will take place in private and will not take place in front of, or within hearing range of, any students or parents.
- 11.) I understand that the parent viewing area at our facility is available for parents to watch their child's practice. While at the facility or competition venue, I will not use inappropriate language, and I will not speak negatively about my child's teammates, parents, the program, facility, staff, or other cheer programs. While at the facility, I agree that I will not correct or coach my child's teammates or my child regarding cheer performances. I will only make positive comments. I understand that I will be asked to not come into the parent viewing area if I make negative comments.
- 12.) I understand that I must sign a Credit Card Authorization form in order for my child to participate in the program. I will keep the credit card information updated. If not, I understand my child can be dropped from the program due to a delinquent account.
- 13.) I will not allow my child to quit cheerleading at Texas Allstar Cheer & Dance because the team lost a competition. I understand that every team wins some competitions and loses some competitions. Whatever the outcome of any competition, I agree to continually support my child, the team and the coaches. I understand that overcoming obstacles will make my child, and my child's team, stronger in the future. I will support the team during the whole season.
- 14.) I agree that I will not use the Texas Allstar Cheer & Dance name or any variation of the name in my email address. I also understand that if I am caught sending inappropriate messages through email or on social media, it will result in the immediate removal of my child from the Texas Allstar Cheer & Dance program.
- 15.) I agree that I will conduct myself in a manner that is respectful and courteous while wearing TAC apparel or at events at which TAC is participating.

Parent Signature _____ Date ____/____/____



2020 Financial Policy for Texas Allstar Cheer

- 1.) Cash or Check payments for tuition is due prior to the 3rd of each month. All auto-draft payments will be processed on the 5th of each month.
- 2.) Statements will be sent out on the 16th of the current month. Charges will appear on the 1st.
- 3.) All families must have a current credit card or debit card on file, regardless of how each family pays tuition each month.
- 4.) All late payments will incur a \$25.00 late fee.
- 5.) Any returned checks or NSF (non-sufficient funds) will incur a \$35.00 processing fee.
- 6.) If a students account is more than 30 days past due with no attempt to reconcile the past due balance, the athlete will be suspended from his/her program until the account balance is paid in full.
- 7.) In the event that an athlete's account reaches 60 days past due:
 - a.) 2 late fee charges of \$25 each will be added to the account.
 - b.) The student will be dropped from all enrollments.
 - c.) CC on file will be charged for ½ the balance.
 - d.) The student will not be able to be re-enrolled until the past due balance is paid in full.

Cancellation or Drop Class Policy:

Tumble and Flight Classes :

WRITTEN notification is required to drop a class. Notifications will reflect the date requested and will not incur a tuition fee for the following month.

Travel Cost:

As a competitive gym, we require travel for almost all of our competitions. The tuition cost does NOT include travel fees. (Hotel, gas, food, etc.) Some Varsity events require a Stay to Play rule to allow athletes to compete(i.e. NCA, CheerSport, UCA). This is a specific housing requirement by the Event Producer. It also does not include costs for invitational or bid competitions such as US Finals, The One, or D2 Summit. If your team is issued a bid to one of these competitions, whether fully paid bid, partial bid or wildcard, additional registration fees, and travel cost may be incurred.

By signing below I agree that I have read and understand page one of the financial policy.

Parent Signature _____ Date ____/____/____



Athlete Name _____

Number _____

Tryout Attire:

Black sports bra/form-fitting tank and spandex/shorts.

Hair in a high ponytail with a scrunchie or bow.

Please put a check mark in the checkbox only for skills you can currently complete safely, consistently, with good technique, and WITHOUT A SPOTTER.

Beginner

Intermediate

Advanced

Level 1

- ☐ Forward Roll
- ☐ Backward Roll
- ☐ Cartwheel
- ☐ Round Off

- ☐ Jumps to Forward Roll
- ☐ Jumps to Backward Roll
- ☐ Bridge Kickover
- ☐ Back Walkover

- ☐ Front Walkover
- ☐ Back Walkover Series
- ☐ Speciality Series
- ☐ Switch Leg Backwalkover

Level 2

- ☐ Standing BHS
- ☐ Jump Pause BHS
- ☐ Round Off BHS
- ☐ Front Handspring

- ☐ BHS pause BHS
- ☐ BWO BHS
- ☐ RO BH Series
- ☐ Front Bounder

- ☐ FWO RO BHS Series
- ☐ Speciality Series
- ☐ Front Bounder Step-out
- ☐ FHS Front Bounder

Level 3

- ☐ Standing 2 BHS
- ☐ Jumps to BHS
- ☐ Round Off Tuck
- ☐ RO BHS Tuck

- ☐ Standing 3 BHS
- ☐ 2 Jumps to 2 BHS
- ☐ FWO RO BHS Tuck
- ☐ Punch Front
- ☐ Aerial

- ☐ Jump BHS Jump BHS or combo
- ☐ Jump BHS SO RO BHS Tuck
- ☐ FWO RO BHS SO RO BHS Tuck
- ☐ Punch Front Pause RO BHS Tuck
- ☐ Aerial through to a Tuck

Level 4

- ☐ Standing Tuck
- ☐ Standing BHS Tuck
- ☐ Jump to BHS Tuck
- ☐ RO BHS Layout

- ☐ 2 Jumps to BHS Tuck
- ☐ 2 Jumps pause Tuck
- ☐ FWO RO BHS Layout
- ☐ Standing 2 BHS Tuck

- ☐ Punch Front RO BHS Layout
- ☐ RO Whip BHS Layout
- ☐ RO Whip Punch Layout
- ☐ Front Handspring front through

Notes:



Athlete Name

Number

Tryout Attire:

Black sports bra/form-fitting tank and spandex/shorts.

Hair in a high ponytail with a scrunchie or bow.

Please put a check mark in the checkbox only for skills you can currently complete safely, consistently, with good technique, and WITHOUT A SPOTTER.

Beginner

Intermediate

Advanced

Level 5

- ☐ 2 Jumps to Tuck
- ☐ RO BHS Full
- ☐ FWO RO BHS

- ☐ Standing BHS Layout
- ☐ RO Whip 2 BHS Full

- ☐ Jump to BHS Layout
- ☐ BHS Whip BHS Layout
- ☐ Punch Front to BHS Full

Level 6

- ☐ 3 BHS Full
- ☐ 2 BHS Full
- ☐ Jump to BHS Full

- ☐ Standing BHS Full
- ☐ Standing Full
- ☐ Arabian to Full
- ☐ Double Full

- ☐ Jump to Standing Full
- ☐ BHS Series to Double

Notes: