



2023 PARENT CODE OF CONDUCT

OBJECTIVES

To outline the expected actions and behaviours for all parents as members of the Airdrie Phoenix Swim Club (APSC).

PRINCIPLES

APSC is committed to providing an environment of respect that supports the pursuit of individual and team excellence. Being a member of the APSC is a special privilege, and with it comes responsibility. Irresponsible behavior by parents can result in severe damage to the integrity of the club.

APPLICABILITY

The APSC parent code of conduct outlines the club's expectation of each parent and potential disciplinary action which may ensue resulting from inappropriate behaviour during any club related function including as it relates to possible cyber/social media interactions between members. This policy applies to all parents within APSC as they act and represent the club, and act as examples to our swimmers.

POLICY ELEMENTS

1. Responsibility, Guidelines and Procedures:

1.1. APSC is a club where your child will learn valuable life skills such as time management, self-discipline, good sportsmanship etc. Your swimmer is the athlete and should make their own goals in order to make progress towards their goals. In order for your child to be successful with APSC, all parents will understand and agree to the following:

- a) Provide a stable, loving supportive environment.
- b) Ensure your athlete is at all swim practices and meets in a timely manner.
- c) Each parent will commit to completing the courses required to officiate swim meets in the first two months of the start of the swimming year.
- d) Abide by the code of conduct below.

2. Code of Conduct

2.1. The APSC Code of Conduct outlines the club's expectations of each parent member and potential discipline resulting from inappropriate behaviour during any club function. This would include practices, events, club travel, meet attendance or representation at any club sanctioned event. In cases where the conduct adversely affects the club's reputation, parent conduct outside of club events but involving interactions between members and swimmers may be considered an infraction if a formal grievance is filed.

2.2. APSC has a current online presence both through the internet and a variety of social media mediums, the club is mindful that all content displayed through online/social media must be of an appropriate and "family friendly" nature. APSC also recognizes that any misuse or misrepresentation through its online mediums that could be interpreted as "cyberbullying", as defined below, will not be tolerated and would be considered a major infraction of the Parent Code of Conduct.

2.3. Code of Conduct:

1. Strive to be positive role models. Most importantly, show good sportsmanship at all times toward coaches, officials, opponents, and teammates. Provide positive comments that motivate and encourage participants' continued effort. Parents will treat all individuals and property with courtesy and respect.
 2. Parents should respect that the on-deck area is for swimmers and coaches during training and/or competition unless they are acting as an official. The coach's attention during these times should be focused on his/hers swimmers. Parents should continue to support their swimmer from the spectator-designed areas.
 3. Ensure good communication with your child's coach. If there is an issue, it should be resolved in private between the parent and the coach. Critical or negative comments should never be voiced in front of the swimmers or in front of other parents in the stands.
 4. Let your coach, coach. Your child has a paid professional coach who has the responsibility of developing your swimmers technical knowledge of our sport. Best results always come from letting your child's coach do the coaching. Parents should provide their support and encouragement and allow the coaches to provide the technical and critical direction.
 5. Parents shall ensure their swimmers bring to practices and swim meets the proper equipment and clothing identified by their coaches.
 6. Parents shall never provide or advocate the use of performance enhancing drugs or banned substances.
 7. If your swimmer is a minor, the monitoring and responsibility of your swimmers cyber actions (SMS text, web, Facebook, TikTok, etc) is the responsibility of the parent.
 8. Be aware and follow APSC club policies and volunteer commitments and be willing to fulfill them. We are all busy, but if everyone shares equally in the commitments, the lighter the load will be.
 9. Show appreciation to all competitors, coaches, officials, and volunteers while also respecting the decisions of officials and encourage athletes to do the same. Parents shall refrain from any behaviour or comments which are profane, insulting, harassing, hostile, sexist, racist, disrespectful, or otherwise offensive.
 10. The club has a system in place for parents to discuss any concerns regarding their swimmer or the program. Please look to bring any concerns you may have according to this policy. Generally, your first point of contact regarding anything to do with the technical program (in the water, on the deck, or in the gym) should be with your swimmer's coach or that coach's immediate supervisor. If you are unclear about whom these people are, you can clarify by emailing the club at airdriephoenixswim@gmail.com. Any administrative concerns can be brought forward to the club office.
- 2.4. If we follow these guidelines, all swimmers will have a positive experience with the sport. Parents who are in violation of any part of the Parent Code of Conduct will be approached by a member of the board of directors to discuss inappropriate behaviour

and reconciliation. Failure to rectify the violation following the meeting with the member of the board of directors will result in a sanction being applied to the member following a vote by the APSC board.

DEFINITIONS

Bullying: is the use of force or coercion to abuse or intimidate others. The behavior can be habitual and involve an imbalance of social or physical power. It can include verbal harassment or threat, physical assault or coercion and may be directed repeatedly towards particular victims, perhaps on grounds of race, religion, gender, sexuality, or ability. Cyberbullying Actions that use information and communication technologies to support deliberate, repeated, and hostile behavior by an individual or group that is intended to harm another or others. Use of communication technologies for the intention of harming another person. Use of Internet service and mobile technologies such as web pages and discussion groups as well as instant messaging or SMS text messaging with the intention of harming another person. Examples of what constitutes cyberbullying include communications that seeks to intimidate, control, manipulate, put down, falsely discredit, or humiliate the recipient. The actions are deliberate, repeated, and hostile behavior intended to harm another.

Parent Full Name

Acknowledgment Parent (Signature)

Date