

Summary top performances (based on FINA Points 2023)

1.	DUNHAM, Aysiah	06	APSC	200m Backstroke	Prelim	2:21.64	592 Pts.	15 Dec 22	Edmonton
2.	DUNHAM, Aysiah	06	APSC	50m Backstroke	Prelim	30.09	590 Pts.	17 Dec 23	Edmonton
3.	DUNHAM, Aysiah	06	APSC	100m Backstroke	Prelim	1:05.65	584 Pts.	16 Dec 22	Edmonton
4.	DUNHAM, Aysiah	06	APSC	100m Freestyle	Final	1:01.04	557 Pts.	11 Feb 23	Red Deer
5.	DUNHAM, Aysiah	06	APSC	200m Freestyle	Prelim	2:14.70	549 Pts.	15 Dec 23	Edmonton
6.	DUNHAM, Aysiah	06	APSC	50m Freestyle	Prelim	28.92	498 Pts.	11 Mar 22	Calgary
7.	DUNHAM, Aysiah	06	APSC	200m Medley	Prelim	2:34.30	492 Pts.	17 Dec 23	Edmonton
8.	DUNHAM, Aysiah	06	APSC	100m Medley	Final	1:11.93	484 Pts.	13 Mar 22	Calgary
9.	DUNHAM, Aysiah	06	APSC	400m Freestyle	Final	4:55.90	477 Pts.	11 Feb 23	Red Deer
10.	DUNHAM, Aysiah	06	APSC	400m Medley	Prelim	5:33.40	468 Pts.	16 Dec 22	Edmonton
11.	DUNHAM, Aysiah	06	APSC	50m Butterfly	Prelim	31.44	466 Pts.	12 Mar 22	Calgary
12.	PHILLIPS, Ava	10	APSC	100m Breaststroke	Timed Final	1:20.62	462 Pts.	22 Jul 23	Okotoks
13.	PHILLIPS, Ava	10	APSC	50m Breaststroke	Timed Final	36.76	459 Pts.	22 Jul 23	Okotoks
14.	DUNHAM, Aysiah	06	APSC	200m Breaststroke	Prelim	2:55.11	453 Pts.	17 Dec 22	Edmonton
15.	DUNHAM, Aysiah	06	APSC	800m Freestyle	Final	10:25.17	445 Pts.	12 Feb 23	Red Deer
16.	CARDENAS, Marianne	10	APSC	50m Freestyle	Prelim	30.21	437 Pts.	1 Mar 24	Edmonton
17.	DUNHAM, Aysiah	06	APSC	50m Breaststroke		37.46	434 Pts.	13 May 23	Red Deer
18.	PHILLIPS, Ava	10	APSC	200m Breaststroke	Timed Final	2:58.54	428 Pts.	23 Jul 23	Okotoks
19.	FAST, Madison	08	APSC	50m Freestyle		30.58	421 Pts.	17 Mar 24	Airdrie
20.	PHILLIPS, Ava	10	APSC	100m Medley	Timed Final	1:15.34	421 Pts.	23 Jul 23	Okotoks
21.	PHILLIPS, Ava	10	APSC	200m Medley	Timed Final	2:42.99	417 Pts.	21 Jul 23	Okotoks
22.	CARMAN, Eva	10	APSC	50m Freestyle	Prelim	30.86	410 Pts.	1 Mar 24	Edmonton
23.	FAST, Madison	08	APSC	50m Butterfly	Timed Final	32.91	406 Pts.	10 Feb 24	Red Deer
24.	DUNHAM, Aysiah	06	APSC	100m Breaststroke		1:24.36	403 Pts.	17 Mar 24	Airdrie
25.	DUNHAM, Aysiah	06	APSC	100m Butterfly	Final	1:13.16	403 Pts.	12 Feb 23	Red Deer

50m Freestyle

DUNHAM, Aysiah	06	APSC	28.92	Mar 22	Calgary
CARDENAS, Marianne	10	APSC	30.21	Mar 24	Edmonton
FAST, Madison	08	APSC	30.58	Mar 24	Airdrie
CARMAN, Eva	10	APSC	30.86	Mar 24	Edmonton
PHILLIPS, Ava	10	APSC	31.05	Feb 24	Red Deer
CLARK, Aiva	08	APSC	31.62	Jun 24	Cochrane
LEE, Zalia	06	APSC	32.19	Jul 23	Calgary
ASTROM, Lauren	06	APSC	32.28	Feb 24	Red Deer
MCKEOWN, Molly	07	APSC	32.73	Dec 23	Calgary
MANNING, Camryn	06	APSC	32.90	Nov 19	Calgary

200m Freestyle

DUNHAM, Aysiah	06	APSC	2:14.70	Dec 23	Edmonton
CLARK, Aiva	08	APSC	2:30.41	Jun 24	Cochrane
FAST, Madison	08	APSC	2:32.60	Dec 23	Calgary
CARDENAS, Marianne	10	APSC	2:36.23	Feb 24	Red Deer
PHILLIPS, Ava	10	APSC	2:41.61	Feb 23	Red Deer
ASTROM, Lauren	06	APSC	2:41.96	Feb 22	Red Deer
MCKEOWN, Molly	07	APSC	2:42.58	Feb 24	Red Deer
WICKENS, Jade	07	APSC	2:45.19	Feb 23	Red Deer
JONES, Sadie	08	APSC	2:47.93	Dec 23	Calgary
WATSON, Mikayla	07	APSC	2:47.99	Dec 23	Calgary

800m Freestyle

DUNHAM, Aysiah	06	APSC	10:25.17	Feb 23	Red Deer
PHILLIPS, Ava	10	APSC	11:16.52	Feb 23	Red Deer
MCKEOWN, Molly	07	APSC	11:48.59	Jul 23	Calgary
ASTROM, Lauren	06	APSC	12:29.70	Feb 22	Red Deer
FERGUSON, Sienna	07	APSC	12:42.96	Nov 19	Cochrane
FEDUN, Ashley	08	APSC	13:19.30	Feb 24	Red Deer
SCHMICK, Sarah	95	APSC	14:22.74	Nov 19	Cochrane

100m Freestyle

DUNHAM, Aysiah	06	APSC	1:01.04	Feb 23	Red Deer
CARMAN, Eva	10	APSC	1:08.73	Mar 24	Edmonton
CARDENAS, Marianne	10	APSC	1:08.75	Mar 24	Edmonton
FAST, Madison	08	APSC	1:08.85	Dec 23	Calgary
CLARK, Aiva	08	APSC	1:09.44	Jun 24	Cochrane
ASTROM, Lauren	06	APSC	1:10.72	Feb 24	Red Deer
LEE, Zalia	06	APSC	1:10.94	Jul 23	Calgary
MCKEOWN, Molly	07	APSC	1:12.02	Dec 23	Calgary
PHILLIPS, Ava	10	APSC	1:12.56	Feb 23	Red Deer
PARK, Sophie	11	APSC	1:13.43	Jun 24	Cochrane

400m Freestyle

DUNHAM, Aysiah	06	APSC	4:55.90	Feb 23	Red Deer
PHILLIPS, Ava	10	APSC	5:29.06	Nov 22	Calgary
CLARK, Aiva	08	APSC	5:38.83	Dec 23	Calgary
CARDENAS, Marianne	10	APSC	5:48.26	Feb 24	Red Deer
PARK, Sophie	11	APSC	5:48.39	Jun 24	Cochrane
MCKEOWN, Molly	07	APSC	5:49.00	Feb 24	Red Deer
FERGUSON, Sienna	07	APSC	5:51.43	Nov 19	Cochrane
HAINES, Hayleigh	09	APSC	6:10.22	Nov 19	Cochrane
WATSON, Mikayla	07	APSC	6:11.38	Feb 22	Red Deer
KLESKEN, Taya	06	APSC	6:13.02	Feb 22	Red Deer

1500m Freestyle

Airdrie Phoenix Swim Club Women

Top Ten Rankings

Short Course (25m) Alltime

50m Backstroke

DUNHAM, Aysiah	06	APSC	30.09	Dec 23	Edmonton
CARDENAS, Marianne	10	APSC	34.39	Mar 24	Edmonton
WICKENS, Jade	07	APSC	36.85	Dec 22	Calgary
ASTROM, Lauren	06	APSC	37.01	Feb 24	Red Deer
CLARK, Aiva	08	APSC	37.01	Mar 24	Airdrie
WATSON, Mikayla	07	APSC	37.57	Feb 24	Red Deer
WARD, Emma	10	APSC	38.27	Feb 24	Red Deer
HAINES, Hayleigh	09	APSC	38.84	Jan 20	Cochrane
FAST, Madison	08	APSC	39.02	Dec 22	Calgary
PHILLIPS, Ava	10	APSC	39.04	Mar 22	Calgary

100m Backstroke

DUNHAM, Aysiah	06	APSC	1:05.65	Dec 22	Edmonton
CARDENAS, Marianne	10	APSC	1:16.06	Mar 24	Edmonton
FAST, Madison	08	APSC	1:19.37	Feb 24	Red Deer
CLARK, Aiva	08	APSC	1:19.68	Jun 24	Cochrane
WICKENS, Jade	07	APSC	1:20.09	Dec 22	Calgary
ASTROM, Lauren	06	APSC	1:20.59	Feb 22	Red Deer
WATSON, Mikayla	07	APSC	1:20.82	Feb 24	Red Deer
CARMAN, Eva	10	APSC	1:23.06	Feb 24	Red Deer
HAINES, Hayleigh	09	APSC	1:23.70	Jan 20	Cochrane
WARD, Emma	10	APSC	1:24.34	Feb 24	Red Deer

200m Backstroke

DUNHAM, Aysiah	06	APSC	2:21.64	Dec 22	Edmonton
CARDENAS, Marianne	10	APSC	2:43.09	Dec 23	Edmonton
CLARK, Aiva	08	APSC	2:51.14	Dec 23	Calgary
WATSON, Mikayla	07	APSC	2:52.57	Feb 24	Red Deer
WICKENS, Jade	07	APSC	2:54.92	Feb 23	Red Deer
WARD, Emma	10	APSC	2:59.01	Feb 24	Red Deer
HAINES, Hayleigh	09	APSC	3:01.33	Nov 19	Calgary
ASTROM, Lauren	06	APSC	3:13.34	Nov 19	Calgary
DEMERS COOK, K.	10	APSC	3:14.66	Dec 23	Calgary
FERGUSON, Sienna	07	APSC	3:19.26	Dec 19	Calgary

50m Butterfly

DUNHAM, Aysiah	06	APSC	31.44	Mar 22	Calgary
FAST, Madison	08	APSC	32.91	Feb 24	Red Deer
ASTROM, Lauren	06	APSC	34.73	Feb 24	Red Deer
PHILLIPS, Ava	10	APSC	34.91	Feb 24	Red Deer
CARMAN, Eva	10	APSC	35.02	Mar 24	Edmonton
LEE, Zalia	06	APSC	35.67	Jul 23	Calgary
DEMERS COOK, K.	10	APSC	35.96	Feb 24	Red Deer
PARK, Sophie	11	APSC	35.99	Jun 24	Cochrane
CARDENAS, Marianne	10	APSC	36.09	Feb 24	Red Deer
WICKENS, Jade	07	APSC	36.44	Jan 22	Edmonton

100m Butterfly

DUNHAM, Aysiah	06	APSC	1:13.16	Feb 23	Red Deer
FAST, Madison	08	APSC	1:15.95	Dec 23	Calgary
CLARK, Aiva	08	APSC	1:27.88	Feb 24	Red Deer
JONES, Sadie	08	APSC	1:28.75	Feb 24	Red Deer
PHILLIPS, Ava	10	APSC	1:30.48	Feb 23	Red Deer
WICKENS, Jade	07	APSC	1:31.54	Mar 24	Airdrie
CARDENAS, Marianne	10	APSC	1:33.20	Dec 23	Edmonton
TAPIA, Bianca	07	APSC	1:35.43	Dec 23	Calgary
HAINES, Hayleigh	09	APSC	1:46.29	Nov 19	Calgary
SCHMICK, Sarah	95	APSC	1:50.97	Nov 19	Calgary

200m Butterfly

DUNHAM, Aysiah	06	APSC	2:58.81	Feb 23	Red Deer
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50m Breaststroke

PHILLIPS, Ava	10	APSC	36.76	Jul 23	Okotoks
DUNHAM, Aysiah	06	APSC	37.46	May 23	Red Deer
CARMAN, Eva	10	APSC	39.83	Mar 24	Edmonton
LEE, Zalia	06	APSC	42.43	Dec 22	Calgary
JONES, Sadie	08	APSC	42.55	Feb 24	Red Deer
MANNING, Camryn	06	APSC	42.69	Dec 19	Calgary
WICKENS, Jade	07	APSC	42.94	Dec 23	Calgary
CARDENAS, Marianne	10	APSC	43.54	Mar 24	Edmonton
ASTROM, Lauren	06	APSC	44.17	Feb 24	Red Deer
CLARK, Aiva	08	APSC	44.27	Dec 23	Calgary

100m Breaststroke

PHILLIPS, Ava	10	APSC	1:20.62	Jul 23	Okotoks
DUNHAM, Aysiah	06	APSC	1:24.36	Mar 24	Airdrie
CARMAN, Eva	10	APSC	1:26.17	Mar 24	Edmonton
JONES, Sadie	08	APSC	1:34.03	Feb 24	Red Deer
LEE, Zalia	06	APSC	1:34.81	Jul 23	Calgary
MCKEOWN, Molly	07	APSC	1:35.37	Feb 24	Red Deer
MANNING, Camryn	06	APSC	1:36.32	Nov 19	Calgary
FAST, Madison	08	APSC	1:37.27	Dec 23	Calgary
CLARK, Aiva	08	APSC	1:37.85	Feb 24	Red Deer
FERGUSON, Sienna	07	APSC	1:39.72	Oct 19	Lethbridge

200m Breaststroke

DUNHAM, Aysiah	06	APSC	2:55.11	Dec 22	Edmonton
PHILLIPS, Ava	10	APSC	2:58.54	Jul 23	Okotoks
CARMAN, Eva	10	APSC	3:05.36	Mar 24	Edmonton
JONES, Sadie	08	APSC	3:25.45	Feb 24	Red Deer
WICKENS, Jade	07	APSC	3:30.29	Dec 21	Airdrie
CLARK, Aiva	08	APSC	3:30.97	Feb 24	Red Deer
FEDUN, Ashley	08	APSC	3:42.09	Feb 24	Red Deer
PATERSON, Lucy	11	APSC	3:43.86	Jun 24	Cochrane
QUASHIE, Kira	08	APSC	3:48.58	Feb 23	Red Deer
LEE, Olivia	10	APSC	3:49.46	Jul 23	Calgary

100m Medley

DUNHAM, Aysiah	06	APSC	1:11.93	Mar 22	Calgary
PHILLIPS, Ava	10	APSC	1:15.34	Jul 23	Okotoks
CARDENAS, Marianne	10	APSC	1:18.84	Dec 23	Airdrie
CARMAN, Eva	10	APSC	1:22.38	Dec 23	Airdrie
WICKENS, Jade	07	APSC	1:22.77	Dec 23	Airdrie
FERGUSON, Sienna	07	APSC	1:26.14	Dec 19	Calgary
MCKEOWN, Molly	07	APSC	1:27.94	Dec 23	Airdrie
JONES, Sadie	08	APSC	1:28.47	Dec 23	Airdrie
WATSON, Mikayla	07	APSC	1:29.41	Dec 23	Airdrie
HAINES, Hayleigh	09	APSC	1:29.56	Jan 20	Cochrane

200m Medley

DUNHAM, Aysiah	06	APSC	2:34.30	Dec 23	Edmonton
PHILLIPS, Ava	10	APSC	2:42.99	Jul 23	Okotoks
CLARK, Aiva	08	APSC	2:57.95	Jun 24	Cochrane
WICKENS, Jade	07	APSC	3:01.02	Dec 23	Calgary
WATSON, Mikayla	07	APSC	3:01.64	Dec 23	Calgary
CARMAN, Eva	10	APSC	3:03.00	Feb 24	Red Deer
CARDENAS, Marianne	10	APSC	3:03.25	Feb 24	Red Deer
JONES, Sadie	08	APSC	3:04.95	Dec 23	Calgary
ASTROM, Lauren	06	APSC	3:05.32	Feb 24	Red Deer
MCKEOWN, Molly	07	APSC	3:07.86	Dec 23	Calgary

400m Medley

DUNHAM, Aysiah	06	APSC	5:33.40	Dec 22	Edmonton
PHILLIPS, Ava	10	APSC	5:52.30	Feb 24	Red Deer

4 x 50m Freestyle

4 x 100m Freestyle

4 x 200m Freestyle

4 x 50m Medley

Airdrie Phoenix Swim Club	APSC	2:35.14	Dec 22	Calgary	Watson, Mikayla / Wickens, Jade / Klesken, Taya / Lee, Zalia
Airdrie Phoenix Swim Club	APSC	2:49.03	Dec 22	Calgary	Cardenas, Marianne / Fedun, Ashley / McKeown, Molly / Jones, Sadie
Airdrie Phoenix Swim Club	APSC	3:05.62	Dec 22	Calgary	Da Silva-Spence, Sian / Ward, Emma / Cardenas, Marianne / Demers Cook, Kayleen
Airdrie Phoenix Swim Club	APSC	3:27.54	Nov 22	Calgary	Da Silva-Spence, Sian / Fedun, Ashley / Cardenas, Marianne / Demers Cook, Kayleen

4 x 100m Medley

50m Freestyle Lap

LEE, Zalia	06	APSC	32.76	Dec 22	Calgary
DEMERS COOK, K.	10	APSC	38.61	Dec 22	Calgary

100m Freestyle Lap