

		2023 Open Water Nationals			2023 Open Water Junior Nationals	
		10K	10K 19 & U*	5K	7.5K	5K
Men	800 LCM	8:21.49	8:26.50	8:26.50	8:40.69	8:49.99
	1500 LCM	15:59.99	16:09.59	16:09.59	16:38.99	16:56.49
	1000 SCY	9:15.19	9:20.74	9:20.74	9:34.29	9:42.99
	1650 SCY	15:34.89	15:44.24	15:44.24	16:05.49	16:24.39
Women	800 LCM	8:54.49	9:03.49	9:03.49	9:13.79	9:19.32
	1500 LCM	17:06.69	17:20.49	17:20.49	17:40.19	17:50.79
	1000 SCY	9:58.79	10:03.59	10:03.59	10:20.49	10:26.49
	1650 SCY	16:35.89	16:46.19	16:46.19	17:14.39	17:24.73

*FINA Birthday

*16-17 Age Group *15&U Age Group

FINA Birthday is defined as age as of December 31, 2023

The Qualifying Period is January 1, 2022 through the entry deadline