




Date	Host	Location	Venue	Eligibility
April 26 th – 28 th	NOVA	Richmond, VA	NOVA Regency Mall	Open to all ACAC USA Swimmers
May 3 rd – 5 th	USA Swimming Open Water Junior Nationals	Sarasota, FL	Nathan Benderson Park	*Qualifying Times*
May 17 th – 19 th	NOVA Freedom Splash	Richmond, VA	NOVA Regency Mall	Open to all ACAC USA Swimmers
May 16 th – 19 th	EZ LC Super Sectionals	Richmond, VA	Collegiate School Aquatic Center	*Qualifying Times*
May 31 st – Jun 2 nd	LY Commonwealth Games *Prelims/Finals*	Lynchburg, VA	Liberty University	Open to all ACAC USA Swimmers
June 21 st – 23 rd	SMAC	Waynesboro, VA	War Memorial Pool (Outdoors)	Open to all ACAC USA Swimmers
July 6 th	Virginia Swimming Open Water Championships	Blacksburg, VA	Blacksburg Quarry	Open to all Green, Junior & Senior Green Swimmers
July 11 th – 14 th	Virginia Summer Awards Championship	Christiansburg, VA	Christiansburg Aquatic Center	Open to all ACAC USA Swimmers *With 5 or fewer State qualifying Times*
July 18 th – 21 st	Virginia Senior Championships	Hampton, VA	Hampton Aquaplex	*15 & Older with Qualifying Times*
July 25 th – 28 th	Virginia Age Group Championships	Christiansburg, VA	Christiansburg Aquatic Center	*14 & Younger with Qualifying Times*
July 24 th – 27 th	USA Swimming Futures	Richmond, VA	Collegiate School Aquatic Center	*Qualifying Times*
August 7 th – 10 th	Eastern Zones (Virginia Swimming Team)	Hampton, VA	Hampton Aquaplex	*14 & Younger with Qualifying Times*