

RECORDS ACAC

Yards-Female

8 & U	25	Free	13.62	5-Jan-20	Molly Elmore	VA BASS Winter Warm Up
	50	Free	31.42	16-Jan-26	Yoyo Wu	at CA-Y Winter Rumble 2026
	100	Free	1:11.05	16-Jan-26	Yoyo Wu	at CA-Y Winter Rumble 2026
	200	Free	2:47.10	4-Dec-25	Yoyo Wu	at 14th Annual Swim & Tri Speedo Winter Champs
	500	Free	9:12.64	21-Feb-21	Vanessa Goodwin	VA SW District 9-12 Championship
	25	Back	16.10	9-Feb-19	Bryn Shelton-Barnes	VA Southwest District 8 & Under Championships
	50	Back	37.38	4-Dec-25	Yoyo Wu	at 14th Annual Swim & Tri Speedo Winter Champs
	100	Back	1:20.34	4-Dec-25	Yoyo Wu	at 14th Annual Swim & Tri Speedo Winter Champs
	25	Breast	18.56	16-Jan-26	Yoyo Wu	at CA-Y Winter Rumble 2026
	50	Breast	39.80	11-Oct-25	Yoyo Wu	at 2025 WAC Start Up Classic
	100	Breast	1:27.72	11-Oct-25	Yoyo Wu	at 2025 WAC Start Up Classic
	25	Fly	14.77	16-Jan-26	Yoyo Wu	at CA-Y Winter Rumble 2026
	50	Fly	34.14	4-Dec-25	Yoyo Wu	at 14th Annual Swim & Tri Speedo Winter Champs
	100	Fly	1:35.67	12-Feb-17	Ruby Kulak	SW District 8 & Under Champs
	100	IM	1:18.05	4-Dec-25	Yoyo Wu	at 14th Annual Swim & Tri Speedo Winter Champs
	200	IM	3:06.06	11-Feb-18	Amelie Meyer	SW District 8 & Under Championship
	100	Free Relay	1:05.61	16-Jan-26	ACAC	Y. Wu, I. McGowan, Z. McGowan, C. Wright
	100	Medley Relay	1:20.87	16-Jan-26	ACAC	C. Wright, H. Heale, Y. Wu, I. McGowan
9-10	50	Free	27.89	1-Dec-23	Vivian Vanyo	at 757 SWIM Grand Illumination
	100	Free	1:02.56	1-Dec-23	Vivian Vanyo	at 757 SWIM Grand Illumination
	200	Free	2:16.32	11-Nov-23	Vivian Vanyo	at 2023 WAC Fall Classic
	500	Free	6:06.08	11-Nov-23	Vivian Vanyo	at 2023 WAC Fall Classic
	50	Back	31.43	1-Dec-23	Vivian Vanyo	at 757 SWIM Grand Illumination
	100	Back	1:08.60	1-Dec-23	Vivian Vanyo	at 757 SWIM Grand Illumination
	50	Breast	38.30	14-Oct-23	Vivian Vanyo	at 2023 WAC Start-up Classic
	100	Breast	1:24.55	14-Oct-23	Vivian Vanyo	at 2023 WAC Start-up Classic
	200	Breast	3:12.57	6-Jan-24	June Diggans	at 2024 RAYS Jeff Rouse Meet
	50	Fly	29.23	1-Dec-23	Vivian Vanyo	at 757 SWIM Grand Illumination
	100	Fly	1:09.51	1-Dec-23	Vivian Vanyo	at 757 SWIM Grand Illumination
	200	Fly	3:17.76	4-Jan-25	Monica Goodwin	at 2025 RAYS Jeff Rouse Invitational
	100	IM	1:12.15	11-Nov-23	Vivian Vanyo	at 2023 WAC Fall Classic
	200	IM	2:32.84	1-Dec-23	Vivian Vanyo	at 757 SWIM Grand Illumination
	200	Free Relay	2:14.79	16-Jan-26	ACAC	J. Siadat, C. Spence, J. Kaminsky, A. Kagarise
	200	Medley Relay	2:32.62	28-Feb-25	ACAC	V. Joseph, M. Goodwin, E. Brown, C. Fordyce
11-12	50	Free	25.35	4-Dec-25	Vivian Vanyo	at 14th Annual Swim & Tri Speedo Winter Champs
	100	Free	57.97	13-Mar-25	Vivian Vanyo	at 2025 Virginia Swimming SC Age Group Champions
	200	Free	2:03.00	11-Oct-25	Vivian Vanyo	at 2025 WAC Start Up Classic
	500	Free	5:33.92	4-Dec-25	Vivian Vanyo	at 14th Annual Swim & Tri Speedo Winter Champs
	1000	Free	12:33.56	31-Oct-20	Reese McCardle	VA VABR Meet Series 2
	1650	Free	22:36.50	6-Dec-19	Reese McCardle	VA STAT Winter Championship
	50	Back	28.59	4-Dec-25	Vivian Vanyo	at 14th Annual Swim & Tri Speedo Winter Champs
	100	Back	1:00.84	4-Dec-25	Vivian Vanyo	at 14th Annual Swim & Tri Speedo Winter Champs
	200	Back	2:13.07	4-Dec-25	Vivian Vanyo	at 14th Annual Swim & Tri Speedo Winter Champs
	50	Breast	33.71	11-Oct-25	Vivian Vanyo	at 2025 WAC Start Up Classic
	100	Breast	1:15.85	4-Dec-25	June Diggans	at 14th Annual Swim & Tri Speedo Winter Champs
	200	Breast	2:42.11	15-Nov-25	Vivian Vanyo	at 2025 WAC Fall Classic
	50	Fly	27.09	4-Dec-25	Vivian Vanyo	at 14th Annual Swim & Tri Speedo Winter Champs
	100	Fly	1:01.06	4-Dec-25	Vivian Vanyo	at 14th Annual Swim & Tri Speedo Winter Champs

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11-12	200 Fly	2:18.79	4-Dec-25	Vivian Vanyo	at 14th Annual Swim & Tri Speedo Winter Champs
	100 IM	1:03.53	4-Dec-25	Vivian Vanyo	at 14th Annual Swim & Tri Speedo Winter Champs
	200 IM	2:19.00	15-Nov-25	Vivian Vanyo	at 2025 WAC Fall Classic
	400 IM	4:51.76	4-Dec-25	Vivian Vanyo	at 14th Annual Swim & Tri Speedo Winter Champs
	200 Free Relay	1:51.28	17-Jan-25	ACAC	V. Vanyo, C. Huang, N. Brooks, J. Diggans
	400 Free Relay	4:08.97	13-Mar-25	ACAC	V. Vanyo, J. Diggans, M. Jamme, C. Huang
	200 Medley Relay	2:04.92	4-Dec-25	ACAC	V. Vanyo, J. Diggans, M. Jamme, V. Joseph
	400 Medley Relay	4:43.74	13-Mar-25	ACAC	V. Vanyo, J. Diggans, M. Jamme, C. Huang
13-14	50 Free	24.03	11-Mar-21	Alex Fuller	at VA SC Age Group Championship
	100 Free	52.15	9-Mar-23	Sofie Vanyo	at 2023 Virginia Swimming SC Age Group Champions
	200 Free	1:51.26	9-Mar-23	Sofie Vanyo	at 2023 Virginia Swimming SC Age Group Champions
	500 Free	4:59.54	9-Mar-23	Sofie Vanyo	at 2023 Virginia Swimming SC Age Group Champions
	1000 Free	10:07.93	9-Mar-23	Sofie Vanyo	at 2023 Virginia Swimming SC Age Group Champions
	1650 Free	17:21.01	23-Mar-23	Sofie Vanyo	at 2023 EZ Southern Region Speedo Champ Series
	50 Back	29.16	8-Mar-20	Grace McCardle	at 2020 VA VSI SC Senior Champs
	100 Back	1:01.54	5-Dec-20	Grace McCardle	at VA WAC 13&O Dec Champs
	200 Back	2:05.17	23-Mar-23	Sofie Vanyo	at 2023 EZ Southern Region Speedo Champ Series
	50 Breast	32.19	4-Dec-25	Tess Thompson	at 14th Annual Swim & Tri Speedo Winter Champs
	100 Breast	1:04.84	9-Mar-23	Sofie Vanyo	at 2023 Virginia Swimming SC Age Group Champions
	200 Breast	2:20.45	9-Mar-23	Sofie Vanyo	at 2023 Virginia Swimming SC Age Group Champions
	50 Fly	27.51	7-Nov-25	Chloe Huang	at 2025 Commonwealth Cup
	100 Fly	56.99	12-Mar-21	Alex Fuller	at VA SC Age Group Championship
	200 Fly	2:08.08	9-Mar-23	Katie Shaps	at 2023 Virginia Swimming SC Age Group Champions
	200 IM	2:05.10	9-Mar-23	Sofie Vanyo	at 2023 Virginia Swimming SC Age Group Champions
	400 IM	4:24.89	9-Mar-23	Sofie Vanyo	at 2023 Virginia Swimming SC Age Group Champions
	200 Free Relay	1:58.40	28-Feb-25	ACAC	F. Thompson, M. Lewis, J. Kelly, C. Guan
	400 Free Relay	3:59.63	16-Jan-26	ACAC	V. Vanyo, C. Huang, F. Thompson, N. Brooks
	400 Medley Relay	4:18.36	16-Jan-26	ACAC	V. Vanyo, F. Thompson, C. Huang, M. Lewis
13 & O	200 Free Relay	1:43.51	8-Nov-24	ACAC	I. Thompson, S. Vanyo, J. White, A. Heale
	400 Free Relay	3:48.95	8-Nov-24	ACAC	I. Thompson, S. Vanyo, A. Heale, F. Thompson
	200 Medley Relay	1:53.06	7-Nov-25	ACAC	J. White, S. Vanyo, A. Heale, C. Huang
	400 Medley Relay	4:08.26	8-Nov-24	ACAC	J. White, S. Vanyo, A. Heale, I. Thompson
15-18	50 Free	23.29	6-Mar-25	Sofie Vanyo	at 2025 VSI SC Senior Championships
	100 Free	50.10	6-Mar-25	Sofie Vanyo	at 2025 VSI SC Senior Championships
	200 Free	1:49.36	6-Mar-25	Sofie Vanyo	at 2025 VSI SC Senior Championships
	500 Free	4:59.24	29-Feb-24	Sofie Vanyo	at 2024 VSI SC Senior Championships
	1000 Free	10:18.98	12-Jan-24	Sofie Vanyo	at Cavalier Aquatics Winter Rumble
	1650 Free	18:16.60	4-Mar-21	Katie Jordan	VA VSI SC Senior Champs
	50 Back	26.64	4-Mar-25	Sofie Vanyo	at 2025 VHSL Class 3 State Championship
	100 Back	57.54	11-Dec-24	Sofie Vanyo	at Winter Junior East - Time Tria
	200 Back	2:07.65	4-Jan-25	Sofie Vanyo	at 2025 RAYS Jeff Rouse Invitational
	50 Breast	31.95	16-Nov-19	Abby Fuller	at 2019 VA Bass Turkey Classic
	100 Breast	1:03.43	8-Nov-24	Sofie Vanyo	at 2024 Commonwealth Cup
	200 Breast	2:15.23	6-Mar-25	Sofie Vanyo	at 2025 VSI SC Senior Championships
	50 Fly	25.41	7-Nov-25	Sofie Vanyo	at 2025 Commonwealth Cup
	100 Fly	55.55	17-Mar-24	Sofie Vanyo	at VHSL Class 3 Swimming & Diving Championship
	100 Fly	55.55	17-Jan-25	Sofie Vanyo	at CA-Y Winter Rumble
	200 Fly	2:04.37	4-Jan-25	Sofie Vanyo	at 2025 RAYS Jeff Rouse Invitational
	200 IM	2:00.95	4-Mar-25	Sofie Vanyo	at 2025 VHSL Class 3 State Championship

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15-18	400 IM	4:20.82	11-Dec-24	Sofie Vanyo	at Speedo Winter Junior Champions
	200 Free Relay	1:43.58	8-Mar-25	ACAC	I. Thompson, S. Vanyo, J. White, A. Heale
	400 Free Relay	3:45.11	9-Mar-25	ACAC	I. Thompson, S. Vanyo, J. White, A. Heale
	200 Medley Relay	1:52.28	7-Mar-25	ACAC	J. White, S. Vanyo, A. Heale, I. Thompson
	400 Medley Relay	4:04.52	8-Mar-25	ACAC	J. White, S. Vanyo, A. Heale, I. Thompson

RECORDS ACAC
Yards-Male

8 & U	25	Free	14.22	11-Feb-17	Chase Easton	SW District 8 & Under Champs
	50	Free	31.68	1-Apr-17	Chase Easton	NOVA SPRING BREAK OUT
	100	Free	1:10.75	12-Mar-17	Chase Easton	VSI SC Age Group Champs
	200	Free	2:46.19	1-Dec-18	Walker Easton	VA 757 Grand Illumination Invitational
	25	Back	18.15	19-Nov-17	Isaiah Thompson	VA Bass Turkey Classic
	50	Back	39.81	31-Mar-17	Chase Easton	NOVA SPRING BREAK OUT
	100	Back	1:34.37	19-Nov-16	Bradley Sawyer	VA BASS Turkey Classic
	25	Breast	21.71	8-Feb-25	Connor Finan	at Southwest District 8 & Under Championships
	50	Breast	41.81	7-Jan-18	Beckett Ritter	VA PSDN Poseidon Fire & Ice Invitation
	100	Breast	1:44.52	20-Nov-16	Charles Stiffler	VA BASS Turkey Classic
	25	Fly	16.38	11-Feb-17	Chase Easton	SW District 8 & Under Champs
	50	Fly	36.73	1-Apr-17	Chase Easton	NOVA SPRING BREAK OUT
	100	Fly	1:35.64	10-Feb-24	Grady Santiuste	at Southwest 8 & Under District Championship
	100	IM	1:26.32	11-Feb-17	Chase Easton	SW District 8 & Under Champs
	200	IM	3:05.49	12-Feb-17	Chase Easton	SW District 8 & Under Champs
	100	Free Relay	1:11.67	10-Feb-24	ACAC	K. Koser, A. Craddock, C. Finan, G. Santiuste
	100	Medley Relay	1:31.54	16-Jan-26	ACAC	L. Daley, F. Rabelo, E. Anderson, C. Santiuste
9-10	50	Free	27.47	10-Mar-19	Chase Easton	Virginia Swimming Age Group Championships
	100	Free	59.45	9-Mar-19	Chase Easton	Virginia Swimming Age Group Championships
	200	Free	2:10.07	8-Mar-19	Chase Easton	Virginia Swimming Age Group Championships
	500	Free	5:48.56	30-Nov-18	Bradley Sawyer	VA 757 Grand Illumination Invitational
	50	Back	32.57	6-Jan-18	Tanner Kidd	VA PSDN Poseidon Fire & Ice Invitation
	100	Back	1:09.84	1-Dec-18	Chase Easton	VA 757 Grand Illumination Invitational
	50	Breast	35.50	9-Mar-18	Josh Hodges	Virginia Swimming Age Group Championships
	100	Breast	1:20.19	13-Mar-25	Mitchell Finan	at 2025 Virginia Swimming SC Age Group Champions
	50	Fly	30.66	9-Mar-19	Chase Easton	Virginia Swimming Age Group Championships
	100	Fly	1:07.02	10-Mar-19	Chase Easton	Virginia Swimming Age Group Championships
	100	IM	1:10.10	2-Dec-18	Bradley Sawyer	VA 757 Grand Illumination Invitational
	200	IM	2:30.12	9-Mar-19	Chase Easton	Virginia Swimming Age Group Championships
	200	Free Relay	2:16.05	16-Jan-26	ACAC	C. Finan, O. Heale, G. Santiuste, E. Gruss-Russell
	200	Medley Relay	2:32.48	16-Jan-26	ACAC	G. Santiuste, C. Finan, O. Heale, E. Gruss-Russell
11-12	50	Free	23.10	15-Oct-16	Leo Tutovani	VA RAYS Great Pumpkin Splash
	100	Free	50.85	16-Oct-16	Leo Tutovani	VA RAYS Great Pumpkin Splash
	200	Free	1:52.40	8-Oct-16	Leo Tutovani	IMR/IMX SEASON KICKOFF MEET
	500	Free	5:11.99	11-Mar-21	Chase Easton	VA SC Age Group Championship
	1000	Free	11:23.52	27-Oct-19	Josh Hodges	VA 757 Fall Fiesta
	1650	Free	18:40.53	12-Dec-19	Josh Hodges	VA Hoki Swim & Tri Invitational
	50	Back	27.66	9-Oct-16	Leo Tutovani	IMR/IMX SEASON KICKOFF MEET
	100	Back	1:01.64	12-Oct-24	Derrick Joseph	at 2024 WAC Start-Up Classic
	200	Back	2:18.21	16-Nov-24	Derrick Joseph	at 2024 Williamsburg Aquatic Club Fall Classic
	50	Breast	29.55	25-Jan-20	Josh Hodges	VA CYAC Winter Invitational
	100	Breast	1:07.07	14-Dec-19	Josh Hodges	VA Hoki Swim & Tri Invitational
	200	Breast	2:23.53	26-Jan-20	Josh Hodges	VA CYAC Winter Invitational
	50	Fly	25.73	9-Oct-16	Leo Tutovani	IMR/IMX SEASON KICKOFF MEET
	100	Fly	1:00.70	12-Mar-21	Chase Easton	VA SC Age Group Championship
	200	Fly	2:11.17	25-Jan-20	Josh Hodges	VA CYAC Winter Invitational
	100	IM	58.30	15-Oct-16	Leo Tutovani	VA RAYS Great Pumpkin Splash
	200	IM	2:11.28	25-Jan-20	Josh Hodges	VA CYAC Winter Invitational

RECORDS ACAC

11-12	400 IM	4:36.51	15-Oct-16	Leo Tutovani	VA RAYS Great Pumpkin Splash
	200 Free Relay	2:01.86	4-Dec-25	ACAC	M. Finan, B. Bowman, D. Kim, J. Cann
	400 Free Relay	4:45.02	24-Feb-24	ACAC	D. Joseph, M. Xie, J. Roper, H. Fox
	200 Medley Relay	2:16.38	16-Jan-26	ACAC	J. Cann, D. Kim, M. Finan, E. Lyu
13-14	50 Free	21.90	11-Mar-21	Lance Elmore	VA SC Age Group Championship
	100 Free	49.34	5-Dec-20	Lance Elmore	VA WAC 13&O Dec Champs
	200 Free	1:48.19	10-Mar-17	Leo Tutovani	VSI SC Age Group Champs
	500 Free	4:59.71	11-Mar-17	Leo Tutovani	VSI SC Age Group Champs
	1000 Free	10:45.68	23-Jan-21	Josh Hodges	VA WAC Mike Willard Polar
	1650 Free	18:30.49	11-Mar-18	Ahmad Woodson	Virginia Swimming Age Group Championships
	50 Back	26.34	4-Dec-25	Derrick Joseph	at 14th Annual Swim & Tri Speedo Winter Champs
	100 Back	58.09	11-Mar-17	Leo Tutovani	VSI SC Age Group Champs
	200 Back	2:06.04	12-Mar-17	Zach Ashby	VSI SC Age Group Champs
	50 Breast	29.77	4-Dec-25	Olly Buckner	at 14th Annual Swim & Tri Speedo Winter Champs
	100 Breast	1:00.86	12-Mar-21	Josh Hodges	VA SC Age Group Championship
	200 Breast	2:13.05	11-Mar-21	Josh Hodges	VA SC Age Group Championship
	50 Fly	26.43	4-Dec-25	Derrick Joseph	at 14th Annual Swim & Tri Speedo Winter Champs
	100 Fly	53.33	12-Mar-21	Lance Elmore	VA SC Age Group Championship
	200 Fly	2:10.50	23-Jan-21	Josh Hodges	VA WAC Mike Willard Polar
	200 IM	2:00.94	30-Mar-21	Josh Hodges	VA SRVA SwimRVA Shamrock Showdown-Senior
	400 IM	4:24.36	12-Mar-21	Josh Hodges	VA SC Age Group Championship
	200 Free Relay	1:47.28	28-Feb-25	ACAC	D. Joseph, O. Buckner, T. Bouch, A. Zevgolis
	400 Free Relay	4:00.28	16-Jan-26	ACAC	D. Joseph, O. Buckner, A. Liang, P. Parks
	400 Medley Relay	4:20.03	16-Jan-26	ACAC	D. Joseph, A. Liang, O. Buckner, H. Fox
13 & O	200 Free Relay	1:45.09	6-Dec-24	ACAC	G. Schaar, O. Buckner, C. Thomas, D. Joseph
	400 Free Relay	3:38.30	4-Dec-25	ACAC	D. Joseph, G. Schaar, O. Buckner, C. Thomas
	200 Medley Relay	1:53.34	11-Oct-25	ACAC	D. Joseph, O. Buckner, G. Schaar, C. Thomas
15-18	50 Free	22.11	6-Dec-20	Aidan Meyer	VA WAC 13&O Dec Champs
	100 Free	49.37	5-Dec-20	Aidan Meyer	VA WAC 13&O Dec Champs
	200 Free	1:48.23	9-Jan-21	Ryan Taylor	VA LY Winter Invitational
	500 Free	5:06.86	24-Feb-18	Jake Hartogenesis	VA Blue Ridge Region-SW D
	1000 Free	10:40.54	25-Feb-18	Jake Hartogenesis	VA Blue Ridge Region-SW D
	1650 Free	19:02.06	15-Nov-25	Caleb Thomas	at 2025 WAC Fall Classic
	50 Back	27.10	8-Mar-20	Zeke Brubaker	at 2020 VA VSI SC Senior Champs
	100 Back	52.87	15-Feb-20	Zach Ashby	VA O VISAA Swimming & Diving
	200 Back	1:55.96	3-Mar-19	Zach Ashby	Virginia Swimming Senior Championships
	50 Breast	30.11	16-Nov-19	Gus Jones	at 2019 VA Bass Turkey Classic
	100 Breast	58.38	21-Feb-20	Ryan Taylor	VA O VHSL Class 3 Swim & Diving
	200 Breast	2:04.18	5-Dec-20	Ryan Taylor	VA WAC 13&O Dec Champs
	50 Fly	25.57	17-Nov-19	Gus Jones	at 2019 VA Bass Turkey Classic
	100 Fly	52.70	2-Mar-18	Thomas Leckrone	Virginia Swimming Senior Championships
	200 Fly	2:00.02	7-Mar-21	Gus Jones	VA VSI SC Senior Championship
	200 IM	1:56.40	21-Feb-20	Ryan Taylor	VA O VHSL Class 3 Swimming & Diving
	400 IM	4:15.30	6-Mar-20	Ryan Taylor	Virginia Swimming Senior Championships