

Individual Records Report for ACAC-L

NOVA LC Kick Off 26-Apr-24 to 28-Apr-24 LC Meters
 Atlantic Coast Athletic Clubs [ACAC-VA] Coach: Jeremy Edwards

Female 8 & Under 100 Back

1:40:39.99 1 1 1/1/1999

1:55.48 ** Sophia Xie at NOVA LC Kick Off 4/26/2024 ACAC -VA

Female 11-12 100 Free

1:09.66 Grace McCardle VSI Regional Summer Awards 7/15/2018

1:08.48 ** Vivian Vanyo at NOVA LC Kick Off 4/26/2024 ACAC -VA
 ff

Female 11-12 100 Back

1:19.06 Amelie Meyer VA HNVR Storm Surge Open 6/6/2021

1:18.96 ** Vivian Vanyo at NOVA LC Kick Off 4/26/2024 ACAC -VA
 ff

Female 11-12 100 Breast

1:32.62 Tess Thompson at 2023 CCA Summer Awards 7/6/2023

1:30.55 ** Tess Thompson at NOVA LC Kick Off 4/26/2024 ACAC -VA

Female 11-12 50 Fly

34.43 Amelie Meyer VA HNVR Storm Surge Open 6/6/2021

33.13 ** Vivian Vanyo at NOVA LC Kick Off 4/26/2024 ACAC -VA
 ff

Female 11-12 100 Fly

1:26.22 Grace McCardle VA 757 Spring Splash 6/3/2018

1:18.61 ** Vivian Vanyo at NOVA LC Kick Off 4/26/2024 ACAC -VA
 ff

Female 15-18 100 Free

1:00.08 Abby Fuller TYR 18 & Under Spring Cup 5/2/2021

58.59 ** Sofie Vanyo at NOVA LC Kick Off 4/26/2024 ACAC -VA
 f

Female 15-18 200 Free

2:14.48 Grace McCardle Virginia Swimming Senior Championships 7/16/2021

2:08.76 ** Sofie Vanyo at NOVA LC Kick Off 4/26/2024 ACAC -VA
 f

Female 15-18 100 Breast

1:18.86 Abby Fuller TYR 18 & Under Spring Cup 4/30/2021

1:16.90 ** Sofie Vanyo at NOVA LC Kick Off 4/26/2024 ACAC -VA
 f

Female 15-18 100 Fly

1:05.39 Abby Fuller USA Swimming Futures Championships 7/31/2021

1:04.65 ** Sofie Vanyo at NOVA LC Kick Off 4/26/2024 ACAC -VA
 f

**Indicates Best Record for Each Event

Individual Records Report for ACAC-L

NOVA LC Kick Off 26-Apr-24 to 28-Apr-24 LC Meters
Atlantic Coast Athletic Clubs [ACAC-VA] Coach: Jeremy Edwards

Female 15-18 200 IM

2:34.32	Katie Shaps	at 2023 Virginia Commonwealth Games	6/16/2023	
2:22.84 **	Sofie Vanyo	at NOVA LC Kick Off	4/26/2024	ACAC -VA

Male 11-12 50 Back

36.61	Jack Smith	VA WAC Summer Sizzle	6/25/2017	
34.07 **	Derrick Joseph	at NOVA LC Kick Off	4/26/2024	ACAC -VA

Male 11-12 100 Back

1:18.02	Jack Smith	BASS Jim Frye Memorial Invitational	5/7/2017	
1:17.36 **	Derrick Joseph	at NOVA LC Kick Off	4/26/2024	ACAC -VA

**Indicates Best Record for Each Event