## **Individual Records Report for ACAC-L**

NOVA LC Kick Off 26-Apr-24 to 28-Apr-24 LC Meters Atlantic Coast Athletic Clubs [ACAC-VA] Coach: Jeremy Edwards

Female 8 & Under 100 Back								
1:40:39.99	1 1		1/1/1999					
1:55.48 **	Sophia Xie at NOVA	LC Kick Off	4/26/2024	ACAC -VA				
Female 11-12 100 F								
1:09.66	Grace McCardle	VSI Regional Summer Awards	7/15/2018					
1:08.48 **	Vivian Vanyo at NO <sup>v</sup> ff	VA LC Kick O	4/26/2024	ACAC -VA				
Female 11-12 100 B	ack_							
1:19.06	Amelie Meyer	VA HNVR Storm Surge Open	6/6/2021					
1:18.96 **	Vivian Vanyo at NOVA LC Kick O ff		4/26/2024	ACAC -VA				
Female 11-12 100 B	<u>reast</u>							
1:32.62	Tess Thompson	at 2023 CCA Summer Awards	7/6/2023					
1:30.55 **	Tess Thompson at № Off	NOVA LC Kick	4/26/2024	ACAC -VA				
Female 11-12 50 Fly 34.43	Amelie Meyer	VA HNVR Storm Surge Open	6/6/2021					
07.70	Americ Meyer	VA INVICCIONI Ourge Open	0/0/2021					
33.13 **	Vivian Vanyo at NO <sup>v</sup> ff	VA LC Kick O	4/26/2024	ACAC -VA				
Female 11-12 100 F	l <u>v</u>							
1:26.22	Grace McCardle	VA 757 Spring Splash	6/3/2018					
1:18.61 **	Vivian Vanyo at NO <sup>v</sup> ff	VA LC Kick O	4/26/2024	ACAC -VA				
Female 15-18 100 F	ree							
1:00.08	Abby Fuller	TYR 18 & Under Spring Cup	5/2/2021					
58.59 **	Sofie Vanyo at NOV f	A LC Kick Of	4/26/2024	ACAC -VA				
Female 15-18 200 F	ree							
2:14.48	Grace McCardle Championships	Virginia Swimming Senior	7/16/2021					
2:08.76 **	Sofie Vanyo at NOVA LC Kick Of f		4/26/2024	ACAC -VA				
Female 15-18 100 B	reast							
1:18.86	Abby Fuller	TYR 18 & Under Spring Cup	4/30/2021					
1:16.90 **	Sofie Vanyo at NOV f	A LC Kick Of	4/26/2024	ACAC -VA				
Female 15-18 100 F	<u>ly</u>							
1:05.39	Abby Fuller Championships	USA Swimming Futures	7/31/2021					
1:04.65 **	Sofie Vanyo at NOV f	A LC Kick Of	4/26/2024	ACAC -VA				

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Female 15-18 200 IM   Katie Shaps   at 2023 Virginia Commonwealth   6/16/2023     Games   2:22.84 **   Sofie Vanyo at NOVA LC Kick Of   4/26/2024   ACAC -VA     Male 11-12 50 Back   Jack Smith   VA WAC Summer Sizzle   6/25/2017     34.07 **   Derrick Joseph at NOVA LC Kick   4/26/2024   ACAC -VA     Male 11-12 100 Back   Jack Smith   BASS Jim Frye Memorial Invitational   5/7/2017     1:17.36 **   Derrick Joseph at NOVA LC Kick   4/26/2024   ACAC -VA	Famala 45 40 000 IM				
2:22.84 *** Sofie Vanyo at NOVA LC Kick Of f 4/26/2024 ACAC -VA   Male 11-12 50 Back of f Jack Smith VA WAC Summer Sizzle 6/25/2017   34.07 ** Derrick Joseph at NOVA LC Kick of Off 4/26/2024 ACAC -VA   Male 11-12 100 Back off Jack Smith BASS Jim Frye Memorial Invitational 5/7/2017	remaie 15-18 200 IM				
2:22.84 **   Sofie Vanyo at NOVA LC Kick Of f   4/26/2024   ACAC -VA     Male 11-12 50 Back of the second	2:34.32	Katie Shaps	at 2023 Virginia Commonwealth	6/16/2023	
Male 11-12 50 Back Jack Smith VA WAC Summer Sizzle 6/25/2017   36.61 Jack Smith VA WAC Summer Sizzle 6/25/2017   34.07 ** Derrick Joseph at NOVA LC Kick Off 4/26/2024 ACAC -VA   Male 11-12 100 Back Jack Smith BASS Jim Frye Memorial Invitational 5/7/2017		Games	-		
$\frac{f}{36.61} = \frac{f}{36.61} + $	2:22.84 **	Sofie Vanyo at NOVA L	C Kick Of	4/26/2024	ACAC -VA
36.61Jack SmithVA WAC Summer Sizzle6/25/201734.07 **Derrick Joseph at NOVA LC Kick4/26/2024ACAC -VAOffOff1:18.02Jack SmithBASS Jim Frye Memorial Invitational5/7/2017		,			
34.07 **   Derrick Joseph at NOVA LC Kick   4/26/2024   ACAC -VA     Off     Male 11-12 100 Back   1:18.02   Jack Smith   BASS Jim Frye Memorial Invitational   5/7/2017	Male 11-12 50 Back				
Male 11-12 100 Back   1:18.02   Jack Smith   BASS Jim Frye Memorial Invitational   5/7/2017	36.61	Jack Smith	VA WAC Summer Sizzle	6/25/2017	
Male 11-12 100 Back   1:18.02   Jack Smith   BASS Jim Frye Memorial Invitational   5/7/2017					
Off   Male 11-12 100 Back   1:18.02 Jack Smith   BASS Jim Frye Memorial Invitational 5/7/2017	34.07 **	Derrick Joseph at NOVA LC Kick		4/26/2024	ACAC -VA
Male 11-12 100 Back   Mail     1:18.02   Jack Smith   BASS Jim Frye Memorial Invitational   5/7/2017		•			
1:18.02 Jack Smith BASS Jim Frye Memorial Invitational 5/7/2017	Male 11-12 100 Back	•			
			DACC lim Frue Memoriel Invitational	5/7/2047	
1:17.36 ** Derrick Joseph at NOVA LC Kick 4/26/2024 ACAC -VA	1:10.02	Jack Smith	BASS JIM Frye Memorial Invitational	5///2017	
1:17.36 ** Derrick Joseph at NOVA LC Kick 4/26/2024 ACAC -VA					
	1:17.36 **	Derrick Joseph at NOV	A LC Kick	4/26/2024	ACAC -VA
Off		Off			