

Adirondack Gold Short Course Championships - 3/10/2022 to 3/13/2022

Meet Program - Sunday Finals

Event 113 Women 11-12 200 Yard Breaststroke

Meet:	2:29.71	3/15/2015	Alison Sposili
2022AD SC Re:	2:24.61	3/10/2005	Briana L. Borgolini at 2005 -
2022AD SC Di:	2:25.26	2/20/2012	Eva Crouse at 2012 Region 1 Ch
	2:32.39	AAAA	
	2:39.59	AAA	
	2:46.89	AA	
	2:54.09	A	
	3:08.59	BB	
	3:23.09	B	

Lane	Name	Age	Team	Seed	Time
------	------	-----	------	------	------

Heat 1 of 1 Finals Starts at 05:30 PM

2	Zhang, Annabelle	12	CPP-AD	2:57.33	___
3	Allinson, Mae	12	DELM-AD	2:48.83	___
4	Shao, Emma	12	CPP-AD	2:33.60	___
5	Wang, Erica	12	CPP-AD	2:46.78	___
6	Dumblewski, Lola	11	SCHE-AD	2:55.86	___

Event 114 Men 11-12 200 Yard Breaststroke

Meet:	2:25.97	3/18/2018	Brayden Henkel
2022AD SC Re:	2:20.96	3/29/2018	Brayden Henkel at 2018 Eastern
2022AD SC Di:	2:16.68	2/15/2013	AJ Bornstein at AD 2005 Region
	2:26.19	AAAA	
	2:33.19	AAA	
	2:40.09	AA	
	2:47.09	A	
	3:00.99	BB	
	3:14.89	B	

Lane	Name	Age	Team	Seed	Time
------	------	-----	------	------	------

Heat 1 of 1 Finals Starts at 05:34 PM

3	Tong, Lucas	12	SCHE-AD	2:48.23	___
4	Janga, Simba	12	DELM-AD	2:36.97	___
5	O'Keefe, Grant	12	SCHE-AD	2:37.23	___
6	Mowry, Kayden	11	USAM-AD	2:52.38	___

Event 93 Women 13-14 50 Yard Freestyle

Meet:	23.62	3/20/1989	Richelle Depold
2022AD SC Re:	23.37	3/30/1989	Richelle Depold at New Haven Z
2022AD SC Di:	23.08	2/18/2022	Annam A. Olasewere at 2022 Reg
	24.49	AAAA	
	25.69	AAA	
	26.79	AA	
	27.99	A	
	30.29	BB	
	32.69	B	

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

Heat 1 B - Final Starts at 05:38 PM

1	Knill, Alexis	13	SCHE-AD	27.36	___
2	Suchowiecki, Katie	14	HAWK-AD	27.11	___
3	Gao, Sophia	13	CPP-AD	26.60	___
4	Gvozdeva, Victoria	13	SCHE-AD	26.55	___
5	Hurst, Becca	14	DELM-AD	26.56	___
6	Pizzarello, Maya	14	HAWK-AD	26.80	___
7	Ball, Ana	14	ALBS-AD	27.27	___
8	Bieniek, Allison	14	CPP-AD	27.43	___

Heat 2 A - Final Starts at 05:39 PM

1	Sellnow, Emma	14	SCHE-AD	26.52	___
2	Young, Grace	14	TAC-AD	26.20	___
3	Hao, Helen	14	CPP-AD	25.82	___
4	Braun, Gretchen	14	NTS-AD	24.19	___
5	Harpootlian, Hannah	13	CPP-AD	25.04	___
6	Samko, Clara	14	KING-AD	25.97	___
7	Tibbetts, Emily	14	BENN-AD	26.49	___
8	Kaufman, Ava	14	DELM-AD	26.53	___

Alternates

1	Agro, Lindsay	14	BFIN-AD	27.68
2	Watson, Avery	14	SCHE-AD	27.73

Event 94 Men 13-14 50 Yard Freestyle

Meet:	22.16	3/17/2006	Jacob C Johnson
2022AD SC Re:	21.91	4/4/1988	Jim Wells at Buffalo Zones
2022AD SC Di:	21.98	2/15/2019	Nareg Minassian at 2019 Region
	22.49	AAAA	
	23.59	AAA	
	24.69	AA	
	25.69	A	
	27.89	BB	
	29.99	B	

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

Heat 1 B - Final Starts at 05:40 PM

1	Wang, Alex	14	DELM-AD	25.26	___
2	Travis, Jasper	14	USAM-AD	25.11	___
3	Hellenthal, Thomas	13	CLIN-AD	24.73	___
4	Witting, Liam	14	DELM-AD	24.50	___
5	Sanchez, Anthony	14	SCHE-AD	24.59	___
6	Mosaad, Kareem	14	NHA-AD	24.76	___
7	Epperson, Xhayne	13	SCHE-AD	25.16	___
8	Orcutt, Andrew	14	USAM-AD	25.29	___

Heat 2 A - Final Starts at 05:41 PM

1	Sasson, Yair	14	DELM-AD	24.30	___
2	Karaca, Rowan	14	SCHE-AD	23.83	___
3	Keller, Brady	14	CPP-AD	23.56	___
4	Brkanovic, Isak	14	DELM-AD	22.90	___
5	Jerome, Christian	13	USAM-AD	23.24	___
6	Hershberg, Jacob	14	DELM-AD	23.82	___
7	Davis, Luke	14	ADDI-AD	24.16	___
8	Staudinger, Sam	13	ALBS-AD	24.34	___

Alternates

1	Di Fabio, Luka	14	CPP-AD	25.40
2	McCoy, Will	14	CPP-AD	25.46

Adirondack Gold Short Course Championships - 3/10/2022 to 3/13/2022

Meet Program - Sunday Finals

Event 95 Women Senior 50 Yard Freestyle

Meet:	23.33	3/16/2001	Laura Hotaling
2022AD SC Re:	22.88	3/15/1990	Richelle Depold at Nashville T
2022AD SC Di:	22.42	2/15/2019	Kate Douglass at 2019 Region 1

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

Heat 1 C - Final Starts at 05:42 PM

1	Tennyson, Val	15	SCHE-AD	26.22	___
2	Bearor, Anna	18	CPP-AD	26.08	___
3	Martin, Sienna	15	CLIN-AD	26.03	___
4	McCoy, Sophia	15	CPP-AD	25.97	___
5	Gilbert, Kendall	16	CPP-AD	26.02	___
6	Winne, Ellen	16	ALBS-AD	26.08	___
7	McCord, Emily	17	KING-AD	26.20	___
8	Eisnor, Norah	17	CPP-AD	26.24	___

Heat 2 B - Final Starts at 05:43 PM

1	Lawler, Morgan	16	ALBS-AD	25.81	___
2	Love, Rachel	17	SCHE-AD	25.74	___
3	Frame, Ally	17	CPP-AD	25.60	___
4	Roberts, Grace	17	ALBS-AD	25.45	___
5	Zhang, Stella	15	CPP-AD	25.58	___
6	Frisoni, Olympia	16	SCHE-AD	25.67	___
7	Sommo, Brooke	17	ALBS-AD	25.78	___
8	O'Donnell, Maura	15	SCHE-AD	25.89	___

Heat 3 A - Final Starts at 05:44 PM

1	Gayle, Isabella	15	CPP-AD	25.44	___
2	Lester, Katie	16	CLIN-AD	25.33	___
3	Owens, Kaci	17	CPP-AD	25.04	___
4	Amedio, Mea	16	SCHE-AD	24.91	___
5	Jurgelon, Amanda	16	ALBS-AD	24.96	___
6	Stoup, Anna	15	CPP-AD	25.27	___
7	Ferreira, Madeline	17	DELM-AD	25.39	___
8	O'Brien, Raegan	15	USAM-AD	25.44	___

Alternates

1	Ramgulum, Varshana	15	CPP-AD	26.27	___
2	Lupe, Emma	15	SCHE-AD	26.44	___

Event 96 Men Senior 50 Yard Freestyle

Meet:	20.68	3/19/2017	Rett McNair
2022AD SC Re:	20.44	3/10/2019	Leo Kuyl at Adirondack Gold Sh
2022AD SC Di:	20.44	3/10/2019	Leo Kuyl at Adirondack Gold Sh

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

Heat 1 C - Final Starts at 05:45 PM

1	Rosenblum, Ethan	18	DELM-AD	23.63	___
2	Goodspeed, Luke	16	SCHE-AD	23.49	___
3	Andersen, Nathaniel	17	EELS-AD	23.42	___
4	Hartman, Andrew	16	ALBS-AD	23.33	___
5	Rudd, Conner	15	CPP-AD	23.40	___
6	Eckman, Samuel	17	ALBS-AD	23.49	___
7	Coppola, Vince	15	SCHE-AD	23.55	___
8	Stelling, Payton	17	USAM-AD	23.64	___

Heat 2 B - Final Starts at 05:46 PM

1	Samko, Jack	16	KING-AD	23.11	___
2	Silaika, Xavier	18	CPP-AD	23.00	___
3	Fusco, Ben	17	SCHE-AD	22.86	___
4	Richardson, Josh	17	ALBS-AD	22.70	___
5	LeCates, Henry	17	CLIN-AD	22.74	___
6	Giannetti, Joe	17	ALBS-AD	22.97	___
7	Homan, Jaden	17	CPP-AD	23.01	___
8	Baird, Connor	17	SCHE-AD	23.22	___

Heat 3 A - Final Starts at 05:47 PM

1	Cassella, Louie	16	UN-AD	22.61	___
2	Stafford, Keegan	18	SCHE-AD	22.57	___
3	Rogowski, Ethan	18	SCHE-AD	22.12	___
4	Braun, Seth	16	NTS-AD	21.72	___
5	Kaback, Max	17	ALBS-AD	21.95	___
6	Noga, Eric	17	CLIN-AD	22.25	___
7	Saunders, Brady	17	HAWK-AD	22.60	___
8	Ryan, Eric	16	SCHE-AD	22.62	___

Alternates

1	McFarland, Finnegan	16	BFIN-AD	23.71	___
2	Zeliph jr, Jason	16	ALBS-AD	23.93	___

Event 117 Women 11-12 50 Yard Backstroke

Meet:	27.92	3/17/2000	Karly Brooks
2022AD SC Re:	27.92	3/17/2000	Karly Brooks at Adirondack Sho
2022AD SC Di:	27.92	3/17/2000	Karly Brooks at Adirondack Sho
	28.79	AAAA	
	30.09	AAA	
	31.49	AA	
	32.89	A	
	35.59	BB	
	38.29	B	

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

Heat 1 B - Final Starts at 05:48 PM

1	Deal, Grace	12	CLIN-AD	34.91	___
2	Sancilio, Elizabeth	12	DELM-AD	34.06	___
3	Domitrovits, Emma	12	HAWK-AD	33.87	___
4	Dheeradhada, Arya	12	ALBS-AD	33.69	___
5	Wolfort, Madison	12	ALBS-AD	33.85	___
6	Braun, Julia	11	NTS-AD	33.97	___
7	Breckenridge, Lucy	11	SCHE-AD	34.60	___
8	Gaffney, Chloe	12	HAWK-AD	34.96	___

Heat 2 A - Final Starts at 05:49 PM

1	Walter, Emma	12	CPP-AD	32.92	___
2	Berju, Abby	12	SCHE-AD	32.82	___
3	Basile, Isabella	12	SCHE-AD	30.93	___
4	Zhang, Annabelle	12	CPP-AD	30.49	___
5	Streeter, Livi	12	SCHE-AD	30.54	___
6	Blaum, Sarah	12	SCHE-AD	31.26	___
7	Johnston, Layla	12	SCHE-AD	32.89	___
8	Wultsch-Fuller, Sonja	12	NTS-AD	33.44	___

Alternates

1	Woytowich, Emma	12	SCHE-AD	35.03	___
2	Stoup, Maddie	12	CPP-AD	35.68	___

Adirondack Gold Short Course Championships - 3/10/2022 to 3/13/2022

Meet Program - Sunday Finals

Event 118 Men 11-12 50 Yard Backstroke

Meet:	27.08	3/17/2000	Julio Vidal
2022AD SC Re:	26.71	3/30/2000	Julio R. Vidal at Eastern Zone
2022AD SC Di:	27.08	3/17/2000	Julio Vidal at Adirondack Shor
	27.99	AAAA	
	29.39	AAA	
	30.89	AA	
	32.29	A	
	35.29	BB	
	38.19	B	

Lane	Name	Age	Team	Prelims
Heat 1 A - Final Starts at 05:50 PM				
2	Keating, Jack	12	DELM-AD	32.28 ____
3	Lee, Nathan	12	CPP-AD	31.90 ____
4	Jabour, Rocco	12	USAM-AD	30.69 ____
5	Crowley, Mason	12	TAC-AD	31.57 ____
6	Tong, Lucas	12	SCHE-AD	32.07 ____
7	Yan, Brendan	12	ALBS-AD	33.88 ____

Event 97 Women 13-14 200 Yard Backstroke

Meet:	2:01.65	3/16/2002	Karly Brooks
2022AD SC Re:	2:01.25	3/30/2002	Karly Brooks at Time Trials
2022AD SC Di:	1:59.47	2/17/2014	Marcie Maguire at AD 2014 Regi
	2:05.49	AAAA	
	2:11.49	AAA	
	2:17.39	AA	
	2:23.39	A	
	2:35.39	BB	
	2:47.29	B	

Lane	Name	Age	Team	Prelims
Heat 1 B - Final Starts at 05:52 PM				
1	Yafayeva, Roxana	13	ALBS-AD	2:33.24 ____
2	Young, Grace	14	TAC-AD	2:30.88 ____
3	McMahon, Lizzy	14	BFIN-AD	2:24.39 ____
4	Sellnow, Emma	14	SCHE-AD	2:23.13 ____
5	Bieniek, Allison	14	CPP-AD	2:24.25 ____
6	Donofrio, Sophia	13	CPP-AD	2:28.34 ____
7	Watson, Avery	14	SCHE-AD	2:31.44 ____

Heat 2 A - Final Starts at 05:55 PM

1	Silaika, Genny	14	CPP-AD	2:20.61 ____
2	Gvozdeva, Victoria	13	SCHE-AD	2:19.89 ____
3	Harpootlian, Hannah	13	CPP-AD	2:16.02 ____
4	Braun, Gretchen	14	NTS-AD	2:08.97 ____
5	Hao, Helen	14	CPP-AD	2:13.56 ____
6	Stuntz, Alexis	14	NTS-AD	2:19.16 ____
7	Gao, Sophia	13	CPP-AD	2:20.21 ____
8	Zenner, Jacklyn	14	SCHE-AD	2:21.52 ____

Event 98 Men 13-14 200 Yard Backstroke

Meet:	1:55.62	3/9/2014	Seamus Trzewik-Quinn
2022AD SC Re:	1:49.34	3/28/2019	Sam Brown at 2019 EZ North Spe
2022AD SC Di:	1:50.83	2/18/2022	Owen G. Tharrington at 2022 Re
	1:57.79	AAAA	
	2:03.49	AAA	
	2:09.09	AA	
	2:14.69	A	
	2:25.89	BB	
	2:37.09	B	

Lane	Name	Age	Team	Prelims
Heat 1 B - Final Starts at 05:58 PM				
1	Sullivan, Conor	13	KING-AD	2:23.72 ____
2	Wang, Alex	14	DELM-AD	2:21.33 ____
3	Splendido, Luke	14	SCHE-AD	2:20.32 ____
4	Zeliph, Thomas	14	ALBS-AD	2:18.10 ____
5	Orcutt, Andrew	14	USAM-AD	2:18.45 ____
6	Epperson, Xhayne	13	SCHE-AD	2:20.66 ____
7	Karaca, Rowan	14	SCHE-AD	2:23.37 ____
8	Witting, Liam	14	DELM-AD	2:23.92 ____

Heat 2 A - Final Starts at 06:02 PM

1	Burkhardt, Keegan	14	KING-AD	2:15.03 ____
2	Gregory, John	14	SCHE-AD	2:11.13 ____
3	Izzard, Ewan	14	DELM-AD	2:07.20 ____
4	Nelson, Quinn	14	SCHE-AD	1:53.91 ____
5	Hershberg, Jacob	14	DELM-AD	2:04.20 ____
6	Hellenthal, Thomas	13	CLIN-AD	2:09.08 ____
7	Di Fabio, Luka	14	CPP-AD	2:14.06 ____
8	Staudinger, Sam	13	ALBS-AD	2:18.03 ____

Alternates

1	Lim, Yi Wei	13	CPP-AD	2:30.39 ____
---	-------------	----	--------	--------------

Event 99 Women Senior 200 Yard Backstroke

Meet:	1:58.21	3/6/2016	Julia Samson
2022AD SC Re:	1:58.21	3/6/2016	Julia E. Samson at Adirondack
2022AD SC Di:	1:57.08	2/17/2017	Marcie Maguire at Region 1 201

Lane	Name	Age	Team	Prelims
Heat 1 C - Final Starts at 06:05 PM				
1	Norton, Maddie	17	USAM-AD	2:18.78 ____
2	Lupe, Emma	15	SCHE-AD	2:18.29 ____
3	Stoup, Anna	15	CPP-AD	2:17.62 ____
4	Sellnow, Abigail	16	SCHE-AD	2:14.51 ____
5	Ball, Clarissa	16	ALBS-AD	2:16.85 ____
6	Lyons, Abby	16	SCHE-AD	2:17.72 ____
7	Wyland, Rachel	17	ALBS-AD	2:18.71 ____
8	Tennynson, Val	15	SCHE-AD	2:19.09 ____

Heat 2 B - Final Starts at 06:08 PM

1	Owens, Kaci	17	CPP-AD	2:13.90 ____
2	Schloth, Katie	15	CPP-AD	2:13.87 ____
3	DeBellis, Lily	17	DELM-AD	2:12.95 ____
4	Zhang, Stella	15	CPP-AD	2:12.34 ____
5	Amedio, Mea	16	SCHE-AD	2:12.74 ____
6	Frisoni, Olympia	16	SCHE-AD	2:13.16 ____
7	Jurgelon, Amanda	16	ALBS-AD	2:13.89 ____
8	Valerian, Caitie	17	DELM-AD	2:14.10 ____

Adirondack Gold Short Course Championships - 3/10/2022 to 3/13/2022

Meet Program - Sunday Finals

Heat 3 A - Final (#99 Women Senior 200 Yard Backstroke)

1	Sommo, Brooke	17	ALBS-AD	2:11.82	___
2	O'Brien, Raegan	15	USAM-AD	2:10.58	___
3	Ferreira, Katherine	16	DELM-AD	2:06.30	___
4	Frame, Ally	17	CPP-AD	2:04.54	___
5	Love, Rachel	17	SCHE-AD	2:06.19	___
6	Hart, Jenna	16	SCHE-AD	2:06.87	___
7	Lester, Katie	16	CLIN-AD	2:10.90	___
8	Lawler, Morgan	16	ALBS-AD	2:12.19	___

Alternates

1	Kulzer, Amelia	18	BFIN-AD	2:19.21	
2	Gayle, Isabella	15	CPP-AD	2:19.29	

Event 100 Men Senior 200 Yard Backstroke

Meet:	1:46.33	3/9/2014	Ryan Gordon
2022AD SC Re:	1:46.33	3/9/2014	Ryan D. Gordon at AD Gold Shor
2022AD SC Di:	1:46.33	3/9/2014	Ryan D. Gordon at AD Gold Shor

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

Heat 1 C - Final Starts at 06:14 PM

3	Wettig, Gabe	15	SCHE-AD	2:13.43	___
4	Baird, Cal	17	SCHE-AD	2:12.36	___
5	Ikasalo, Owen	16	DELM-AD	2:13.08	___

Heat 2 B - Final Starts at 06:17 PM

1	Otten, RJ	15	SCHE-AD	2:06.47	___
2	Rosenblum, Ethan	18	DELM-AD	2:06.21	___
3	Saunders, Brady	17	HAWK-AD	2:05.94	___
4	Noga, Eric	17	CLIN-AD	2:04.59	___
5	Silaika, Xavier	18	CPP-AD	2:04.69	___
6	Hartman, Andrew	16	ALBS-AD	2:06.02	___
7	Rudd, Conner	15	CPP-AD	2:06.23	___
8	Moore, James	15	DELM-AD	2:06.92	___

Heat 3 A - Final Starts at 06:20 PM

1	Kassian, Andrew	16	HAWK-AD	2:03.81	___
2	Karaca, Ryan	16	SCHE-AD	1:59.18	___
3	LeCates, Henry	17	CLIN-AD	1:58.75	___
4	Brown, Sam	17	BFIN-AD	1:56.16	___
5	Rogowski, Ethan	18	SCHE-AD	1:58.63	___
6	Homan, Jaden	17	CPP-AD	1:58.76	___
7	Kaback, Max	17	ALBS-AD	1:59.47	___
8	Kowal, Rafael	17	WAVE-AD	2:04.16	___

Event 121 Women 11-12 200 Yard IM

Meet:	2:10.66	3/17/2000	Karly Brooks
2022AD SC Re:	2:09.31	3/30/2000	Karly Brooks at Eastern Zones
2022AD SC Di:	2:10.66	3/17/2000	Karly Brooks at Adirondack Sho
	2:15.59	AAAA	
	2:21.99	AAA	
	2:28.49	AA	
	2:34.89	A	
	2:47.79	BB	
	3:00.69	B	

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

Heat 1 B - Final Starts at 06:23 PM

2	Deal, Grace	12	CLIN-AD	2:39.27	___
3	Allinson, Mae	12	DELM-AD	2:37.72	___
4	Stark, Mya Stark	12	SCHE-AD	2:34.70	___
5	Wang, Erica	12	CPP-AD	2:36.60	___
6	Wultsch-Fuller, Sonja	12	NTS-AD	2:37.86	___
7	Harpootlian, Leah	11	CPP-AD	2:55.76	___

Heat 2 A - Final Starts at 06:27 PM

1	Blaum, Sarah	12	SCHE-AD	2:33.44	___
2	Dumblewski, Lola	11	SCHE-AD	2:29.93	___
3	Kane, Emily	12	UN-AD	2:29.35	___
4	Shao, Emma	12	CPP-AD	2:21.84	___
5	Carsillo, Ava	12	DELM-AD	2:25.06	___
6	Streeter, Livi	12	SCHE-AD	2:29.62	___
7	Johnston, Layla	12	SCHE-AD	2:31.01	___
8	Tolan, Addy	12	CPP-AD	2:34.15	___

Event 122 Men 11-12 200 Yard IM

Meet:	2:08.01	3/17/2000	Julio Vidal
2022AD SC Re:	2:03.45	3/31/2005	Shayne P. Buckley at Eastern Z
2022AD SC Di:	2:05.22	2/18/2005	Shayne P. Buckley at AD 2005 R
	2:10.89	AAAA	
	2:17.49	AAA	
	2:24.19	AA	
	2:30.89	A	
	2:44.19	BB	
	2:57.59	B	

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

Heat 1 A - Final Starts at 06:30 PM

2	Bette, AJ	12	BFIN-AD	2:34.05	___
3	Keating, Jack	12	DELM-AD	2:32.92	___
4	Janga, Simba	12	DELM-AD	2:20.90	___
5	Jabour, Rocco	12	USAM-AD	2:24.98	___
6	Lee, Nathan	12	CPP-AD	2:33.70	___
7	Mowry, Kayden	11	USAM-AD	2:34.39	___

Adirondack Gold Short Course Championships - 3/10/2022 to 3/13/2022

Meet Program - Sunday Finals

Event 101 Women 13-14 200 Yard IM

Meet:	2:08.98	3/18/2012	Julia Samson
2022AD SC Re:	2:04.54	4/4/2002	Karly Brooks at Eastern Zones
2022AD SC Di:	2:03.87	2/14/2014	Eva Crouse at AD 2014 Region 1
	2:08.59	AAAA	
	2:14.69	AAA	
	2:20.89	AA	
	2:26.99	A	
	2:39.19	BB	
	2:51.49	B	

Lane	Name	Age	Team	Prelims
Heat 1 B - Final Starts at 06:33 PM				
2	Young, Grace	14	TAC-AD	2:35.56 ____
3	Blodgett, Sage	14	DELM-AD	2:30.82 ____
4	McMahon, Lizzy	14	BFIN-AD	2:27.13 ____
5	Gvozdeva, Victoria	13	SCHE-AD	2:28.60 ____
6	Stuntz, Alexis	14	NTS-AD	2:31.22 ____
7	Rocheffort, Sydney	14	NTS-AD	2:36.83 ____

Heat 2 A - Final Starts at 06:36 PM

1	Samko, Clara	14	KING-AD	2:24.71 ____
2	Sellnow, Emma	14	SCHE-AD	2:21.34 ____
3	Hao, Helen	14	CPP-AD	2:16.07 ____
4	Braun, Gretchen	14	NTS-AD	2:13.51 ____
5	Harpootlian, Hannah	13	CPP-AD	2:15.92 ____
6	Gao, Sophia	13	CPP-AD	2:16.30 ____
7	Bieniek, Allison	14	CPP-AD	2:24.68 ____
8	Redfern, Kaitlyn	13	NTS-AD	2:27.09 ____

Event 102 Men 13-14 200 Yard IM

Meet:	1:57.11	3/16/2007	Shayne P Buckley
2022AD SC Re:	1:56.15	2/15/2019	Sam Brown at 2019 Region 1 Sho
2022AD SC Di:	1:54.47	3/17/2014	Jack Scobee at AD Gold Short
	1:59.99	AAAA	
	2:05.69	AAA	
	2:11.39	AA	
	2:17.19	A	
	2:28.59	BB	
	2:39.99	B	

Lane	Name	Age	Team	Prelims
Heat 1 B - Final Starts at 06:39 PM				
1	Karaca, Rowan	14	SCHE-AD	2:19.01 ____
2	Wang, Alex	14	DELM-AD	2:17.95 ____
3	Staudinger, Sam	13	ALBS-AD	2:17.69 ____
4	Sasson, Yair	14	DELM-AD	2:16.84 ____
5	Mosaad, Kareem	14	NHA-AD	2:16.89 ____
6	Splendido, Luke	14	SCHE-AD	2:17.72 ____
7	Baird, Anderson	13	SCHE-AD	2:18.57 ____
8	Orcutt, Andrew	14	USAM-AD	2:19.19 ____

Heat 2 A - Final Starts at 06:42 PM

1	Han, Jake	14	CPP-AD	2:14.05 ____
2	Keller, Brady	14	CPP-AD	2:12.59 ____
3	Jerome, Christian	13	USAM-AD	2:08.31 ____
4	Nelson, Quinn	14	SCHE-AD	2:01.02 ____
5	Brkanovic, Isak	14	DELM-AD	2:08.23 ____
6	Izzard, Ewan	14	DELM-AD	2:11.00 ____
7	Sanchez, Anthony	14	SCHE-AD	2:13.14 ____
8	Di Fabio, Luka	14	CPP-AD	2:14.42 ____

Alternates

1	Shannon, Henry	14	KING-AD	2:19.25 ____
2	Witting, Liam	14	DELM-AD	2:19.67 ____

Event 103 Women Senior 200 Yard IM

Meet:	2:03.47	3/19/2017	Maggie Wyngowski
2022AD SC Re:	2:02.12	3/12/2009	Erin E. McGraw at NE 2009 Spee
2022AD SC Di:	1:58.62	2/15/2019	Kate Douglass at 2019 Region 1

Lane	Name	Age	Team	Prelims
Heat 1 C - Final Starts at 06:45 PM				
1	Sorbello, Courtney	16	DELM-AD	2:24.79 ____
2	Lindecke, Emma	18	EELS-AD	2:23.58 ____
3	Wang, Catherine	17	CPP-AD	2:23.35 ____
4	Zhang, Stella	15	CPP-AD	2:22.18 ____
5	Ferrie, Jillian	16	SCHE-AD	2:23.00 ____
6	Ball, Clarissa	16	ALBS-AD	2:23.40 ____
7	Lyons, Abby	16	SCHE-AD	2:23.59 ____
8	Fraley, Kaiya	15	BFIN-AD	2:24.81 ____

Heat 2 B - Final Starts at 06:48 PM

1	Cho, Eileen	15	ALBS-AD	2:21.25 ____
2	Ramgulam, Varshana	15	CPP-AD	2:20.10 ____
3	Tandlmayer, Ellie	16	SCHE-AD	2:19.21 ____
4	O'Donnell, Maura	15	SCHE-AD	2:17.59 ____
5	Lawler, Morgan	16	ALBS-AD	2:18.20 ____
6	Frisoni, Olympia	16	SCHE-AD	2:19.75 ____
7	Fink, Jayme	17	ALBS-AD	2:20.96 ____
8	Napoli, Julia	15	HAWK-AD	2:21.85 ____

Heat 3 A - Final Starts at 06:51 PM

1	Fuson, Jami	17	SCHE-AD	2:16.89 ____
2	DeBellis, Lily	17	DELM-AD	2:16.00 ____
3	Love, Rachel	17	SCHE-AD	2:13.89 ____
4	Ferreira, Katherine	16	DELM-AD	2:08.86 ____
5	Ferreira, Madeline	17	DELM-AD	2:13.16 ____
6	O'Brien, Raegan	15	USAM-AD	2:15.94 ____
7	Gilbert, Kendall	16	CPP-AD	2:16.04 ____
8	Bearor, Anna	18	CPP-AD	2:17.33 ____

Alternates

1	Norton, Maddie	17	USAM-AD	2:26.07 ____
2	Kulzer, Amelia	18	BFIN-AD	2:33.63 ____

Event 104 Men Senior 200 Yard IM

Meet:	1:53.43	3/18/2012	Quinn Smith
2022AD SC Re:	1:49.40	3/19/2016	Miles Smachlo at Ncsa
2022AD SC Di:	1:50.20	2/18/2022	Elliot S. Lee

Lane	Name	Age	Team	Prelims
Heat 1 C - Final Starts at 06:54 PM				
4	Durden, Lucas	15	CPP-AD	2:13.32 ____

Adirondack Gold Short Course Championships - 3/10/2022 to 3/13/2022

Meet Program - Sunday Finals

Heat 2 B - Final (#104 Men Senior 200 Yard IM)

1	Han, Franklin	15	ALBS-AD	2:08.57	___
2	Abdelwahed, Hassan	16	NHA-AD	2:07.29	___
3	Rudd, Conner	15	CPP-AD	2:05.64	___
4	Kassian, Andrew	16	HAWK-AD	2:05.28	___
5	Fusco, Ben	17	SCHE-AD	2:05.43	___
6	Capella, Andrew	17	SCHE-AD	2:05.92	___
7	Brock, Hayden	18	DELM-AD	2:07.85	___
8	Cassella, Louie	16	UN-AD	2:11.19	___

Heat 3 A - Final Starts at 06:59 PM

1	Hart, Connor	18	SCHE-AD	2:03.48	___
2	Brown, Sam	17	BFIN-AD	2:01.72	___
3	Ryan, Eric	16	SCHE-AD	2:00.58	___
4	Richardson, Josh	17	ALBS-AD	1:59.53	___
5	Braun, Seth	16	NTS-AD	1:59.74	___
6	Eckman, Samuel	17	ALBS-AD	2:01.32	___
7	Baird, Connor	17	SCHE-AD	2:02.55	___
8	Boyle, Evan	17	SCHE-AD	2:04.91	___

Event 125 Women 11-12 100 Yard Butterfly

Meet:	59.79	3/17/2000	KaileyB Morris
2022AD SC Re:	59.73	3/30/2000	Kailey B. Morris at Eastern Zo
2022AD SC Di:	58.30	2/12/2016	Summer Smith at Region 1 2016
	1:01.29	AAAA	
	1:04.69	AAA	
	1:08.09	AA	
	1:11.49	A	
	1:18.29	BB	
	1:25.09	B	

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

Heat 1 B - Final Starts at 07:02 PM

3	Harpootlian, Leah	11	CPP-AD	1:29.42	___
4	Stark, Mya Stark	12	SCHE-AD	1:14.67	___
5	Dheeradhada, Arya	12	ALBS-AD	1:16.62	___

Heat 2 A - Final Starts at 07:04 PM

1	Streeter, Livi	12	SCHE-AD	1:12.91	___
2	Johnston, Layla	12	SCHE-AD	1:10.92	___
3	Shao, Emma	12	CPP-AD	1:09.52	___
4	Fraley, Ella	12	BFIN-AD	1:06.73	___
5	Walter, Emma	12	CPP-AD	1:09.13	___
6	Blaum, Sarah	12	SCHE-AD	1:09.55	___
7	Tolan, Addy	12	CPP-AD	1:11.41	___
8	Dumblewski, Lola	11	SCHE-AD	1:13.26	___

Event 126 Men 11-12 100 Yard Butterfly

Meet:	57.80	3/19/2017	Sam Brown
2022AD SC Re:	57.71	7/24/2021	Christian V. Jerome at Delmar
2022AD SC Di:	57.71	7/24/2021	Christian V. Jerome at Delmar
	59.39	AAAA	
	1:02.79	AAA	
	1:06.19	AA	
	1:09.59	A	
	1:16.49	BB	
	1:23.29	B	

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

Heat 1 A - Final Starts at 07:06 PM

1	Keating, Jack	12	DELM-AD	1:16.65	___
2	Tong, Lucas	12	SCHE-AD	1:11.90	___
3	Janga, Simba	12	DELM-AD	1:06.80	___
4	O'Keeffe, Grant	12	SCHE-AD	1:00.18	___
5	Crowley, Mason	12	TAC-AD	1:05.59	___
6	Bette, AJ	12	BFIN-AD	1:10.56	___
7	Mowry, Kayden	11	USAM-AD	1:14.71	___
8	Gerace, James	11	CPP-AD	1:16.98	___

Event 105 Women 13-14 200 Yard Butterfly

Meet:	2:09.30	3/15/2015	Olivia Jack
2022AD SC Re:	2:06.20	4/4/2002	Karly Brooks at Eastern Zones
2022AD SC Di:	2:03.42	2/14/2014	Eva Crouse at 2014 Region 1 CH
	2:07.59	AAAA	
	2:13.59	AAA	
	2:19.69	AA	
	2:25.79	A	
	2:37.89	BB	
	2:50.09	B	

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

Heat 1 A - Final Starts at 07:08 PM

4	Kaufman, Ava	14	DELM-AD	2:24.96	___
5	Splendido, Lily	14	SCHE-AD	2:26.84	___

Event 106 Men 13-14 200 Yard Butterfly

Meet:	1:54.04	3/17/2013	Miles Smachlo
2022AD SC Re:	1:54.04	3/10/2013	Miles A. Smachlo at AD Gold Sh
2022AD SC Di:	1:52.81	2/16/2018	Tyler J. Sicignano at 2018 Reg
	1:58.79	AAAA	
	2:04.39	AAA	
	2:10.09	AA	
	2:15.69	A	
	2:26.99	BB	
	2:38.29	B	

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

Heat 1 A - Final Starts at 07:11 PM

2	Baird, Anderson	13	SCHE-AD	2:21.56	___
3	Hershberg, Jacob	14	DELM-AD	2:12.36	___
4	Jerome, Christian	13	USAM-AD	2:02.68	___
5	Nelson, Quinn	14	SCHE-AD	2:04.40	___
6	Gregory, John	14	SCHE-AD	2:15.87	___

Adirondack Gold Short Course Championships - 3/10/2022 to 3/13/2022

Meet Program - Sunday Finals

Event 107 Women Senior 200 Yard Butterfly

Meet:	2:02.00	3/17/2013	Amy Bopp
2022AD SC Re:	1:58.48	2/17/2017	Katie Rowe at 2017 Region 1 Sh
2022AD SC Di:	1:58.48	2/17/2017	Katie Rowe at 2017 Region 1 Sh

Lane	Name	Age	Team	Prelims
-------------	-------------	------------	-------------	----------------

Heat 1 B - Final Starts at 07:14 PM

3	Winne, Ellen	16	ALBS-AD	2:26.07	___
4	Fuson, Jami	17	SCHE-AD	2:22.87	___
5	Hilt, Eva	17	SCHE-AD	2:24.11	___
6	Ward, Lizzy	17	CPP-AD	2:29.69	___

Heat 2 A - Final Starts at 07:17 PM

1	Sellnow, Abigail	16	SCHE-AD	2:20.22	___
2	Michels, Delaney	15	CPP-AD	2:19.02	___
3	Roberts, Grace	17	ALBS-AD	2:12.54	___
4	Burke, Emma	18	NHA-AD	2:10.84	___
5	Hart, Jenna	16	SCHE-AD	2:11.59	___
6	Ferreira, Madeline	17	DELM-AD	2:13.42	___
7	Tandlmayer, Ellie	16	SCHE-AD	2:19.34	___
8	Ricard, Skylar	15	BFIN-AD	2:21.81	___

Event 108 Men Senior 200 Yard Butterfly

Meet:	1:47.92	3/15/2015	Miles Smachlo
2022AD SC Re:	1:46.00	3/16/2016	Miles Smachlo at Ncsa
2022AD SC Di:	1:47.92	3/8/2015	Miles A. Smachlo at 2015 Gold

Lane	Name	Age	Team	Prelims
-------------	-------------	------------	-------------	----------------

Heat 1 B - Final Starts at 07:20 PM

2	Killian, Danny	15	CPP-AD	2:18.22	___
3	Wettig, Gabe	15	SCHE-AD	2:17.13	___
4	Moore, James	15	DELM-AD	2:13.93	___
5	Miller, Brian	17	CPP-AD	2:14.80	___
6	LaFountain, Benjamin	19	ALBS-AD	2:17.82	___
7	Barry, Connor	15	CPP-AD	2:25.80	___

Heat 2 A - Final Starts at 07:23 PM

1	Samko, Jack	16	KING-AD	2:09.10	___
2	Coppola, Vince	15	SCHE-AD	2:07.11	___
3	Homan, Jaden	17	CPP-AD	2:04.39	___
4	Boyle, Evan	17	SCHE-AD	2:01.10	___
5	Ryan, Eric	16	SCHE-AD	2:01.69	___
6	Otten, RJ	15	SCHE-AD	2:05.53	___
7	Brock, Hayden	18	DELM-AD	2:08.73	___
8	Braun, Seth	16	NTS-AD	2:11.52	___

Event 135 Women Senior 200 Yard Freestyle Relay Time Trial

Meet:	1:37.10	3/18/2018	Schenectady-Saratoga Swim Club
O Jack, N Murphy, Y Dong, M Conway			
2022AD SC Re:	1:36.41	3/22/2018	Schenectady-Saratoga Swim Club
A. Gray, I. Bushway, M. Conway, O. Jack			
2022AD SC Di:	1:37.10	3/11/2018	Schenectady-Saratoga Swim Club
O. Jack, N. Murphy, Y. Dong, M. Conway			

Lane	Team	Relay	Seed Time
-------------	-------------	--------------	------------------

Heat 1 of 1 Finals Starts at 07:26 PM

4	CLIN-AD	A	NT	___
---	---------	---	----	-----