

September 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8 Varsity Home vs. Baldwinsville @ 5pm	9 New Swimmer Evaluations - 6:30pm @ NH HS Pool	10	11 Varsity Home vs. Adirondack @ 5pm	12	13
14	15	16 New Member Parent Meeting @ 6:30pm	17	18 Varsity Home vs. Cooperstown @ 5pm	19	20
21 Fall Practices Begin →→	22 Junior – 4:45-6:45pm Senior – 4:45-6:45pm White – 6:15-7:30pm Red – 6:15-8:00pm	23 Junior – 4:45-7:00pm Senior – 4:45-7:00pm Little Hammerheads – 6:15-7:30 White – 6:15-7:30pm Blue – 6:15-7:30pm ALL Members - Parent Meet via Zoom – 7:45pm	24 Modified Home vs. All TVL @ 5pm Red – 6:45-8:00pm Junior – 6:45-9:00pm Senior – 6:45-9:00pm	25 Junior – 4:45-6:45pm Senior – 4:45-6:45pm Red – 6:15-8:00pm Blue – 6:15-7:30pm	26 Junior – 4:45-6:45pm Senior – 4:45-6:45pm Blue – 6:15-7:30pm Red – 6:15-8:00pm	27 Senior Group – 8:00-10:00am Junior Group – 8:00-10:00am Little Hammerheads – 10:00-11:00am White – 10:00-11:00am
28	29 Junior – 4:45-6:45pm Senior – 4:45-6:45pm White – 6:15-7:30pm Red – 6:15-8:00pm	30 Varsity Home Meet vs Rome @5pm Junior -6:45-8:45pm Senior- 6:45-8:45pm				