

OCTOBER '24 NEWSLETTER

BOOSTER BOARD 2024-2025

President- Kizzy Rollins

Vice President- Jenny Russian

Secretary- Samantha Haas

Treasurer- Fiona Yiu

Member At Large- Wendy Kolberg

Member At Large -Marva Koncaba

Member At Large- Stacey Mank

Member At Large- Danae Morgan

Member At Large- Michelle Shicks

Member At Large- Karen Shockley

Volunteer Coord. - Divina Cunningham

CONTACT

cacbooster@gmail.com

COACHES

Head Coach- Anne Williams

Assistant Coach- Patrick Garrity

Age Group Coach- Colny Tucker

Senior Coach- Bryce Carpenter

Age Group Coach - Melissa Trembath

Age Group Coach- Rachel Heaphy

OCTOBER UPDATES AND HAPPENINGS

The swim season and school have gotten off to a great start and we have a busy few weeks jam-packed with High School meets and Club Meets. CAC is hosting 3 big meets in the coming weeks—**BHS/CHS, Fall Harvest, and HS CIC Regions**—and we need your support in volunteering for the meets. The meets raise money for the booster club and are a great way for you to complete your yearly volunteer hours (40hrs). Please see below for more info on how you can support your swimmers and the club.

DIVING BOARD UPDATE- As many of you are aware, new dive boards were installed in all the pools across Anchorage. Unfortunately, the installation and configuration of the boards at Bartlett has brought about many worries and concerns for our swimmers' safety, and their ability to perform at their best. We are unable to safely run relays in lanes 4/5 at the present time. A couple of high school meets have illustrated how difficult it is to host our meets successfully at Bartlett. We had to make many adjustments to work around the boards. You can show your support by writing to Anchorage Parks and Recreation and/or signing the [online petition at Change.org](https://www.change.org/p/anchorage-parks-and-recreation-diving-board-update).

SPONSORSHIP CAMPAIGN UPDATE- We met our goal by raising **\$30,130**. Thank you so much to everyone who has helped raise this unprecedented amount! The money raised will help support major equipment needs, team travel, among other priorities.

BYLAWS UPDATE- If you have not voted on the new bylaws, please follow the QR code on the next page. We currently have 79 responses BUT need 90 to be able to make necessary changes to the bylaws.

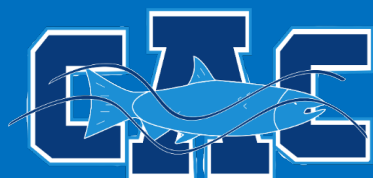
THANK YOU, CAC FAMILIES! Please contact any one of us with questions or concerns. We welcome your thoughts and ideas, and especially your support and involvement! We can be reached via e-mail at cacbooster@gmail.com.

- Kizzy Rollins, Booster Board President

VOLUNTEER NEEDS

Timers needed- BHS/CHS and Fall Harvest. Sign up is available [via Club site](#) & Team Unify/On Deck. If you are not sure how to sign up, please contact the booster board or Karen Shockley 501-442-3357, kmclinden@hotmail.com

Concession workers for Fall Harvest - We have purchased two Shaved Ice Machines and looking for anyone interested in helping work concessions at our Fall Harvest!



Upcoming Events

- **OCT 5th-** BHS/CHS HS Meet, Bartlett @10am
- **OCT 8TH- BOOSTER BOARD PARENTS MEETING, @7.30PM VIA ZOOM**
- **OCT 10TH-** CHS v BHS, Chugiak @6pm
- **OCT 18TH-** SENIOR NIGHT CHS v ERHS, Chugiak @6pm
- **OCT 25TH-26TH-** Fall Harvest, Bartlett
- **NOV 16th** – Sprint Pentathlon
- **DEC 6th-8th** – Central Area Champs (Qualification Required)
- **JAN 10th & 11th** – Winter Splash and 10U State Champs
- **JAN 24th – 26th** – Senior Champs, Peninsula TBA (Qualification Required)
- **JAN 31st – FEB 1st** – Water Bowl Invitational
- **FEB 14th – 16th** – Age Group Champs, Fairbanks (Qualification Required)
- **MARCH 21st – 22nd** – Spring Equinox Invitational
- **APRIL 24th – 27th** – Alaska Swimming State Champs, Anchorage

COACHES CORNER

Introducing: Coach Rachel Heaphy. Rachel is a former CAC swimmer and experienced coach who joining us to lead Bronze group practices. Please welcome her when you meet her!

We have over 40 athletes qualified to help us defend our AGC title in Fairbanks on February 14th, 15th and 16th. You can reserve CAC blocked rooms at the [Westmark](#) using our group code: **CAC25**. Select “Reservations” tab in the top menu. Look for information coming soon on lodging for Senior Champs in Soldotna.

An Olympic Year means new time standards. Check them out:
[Age Group Champs](#) [Senior Champs](#) [Alaska Swimming State Champs](#) [Summer Champs](#)

Don't forget to check out our [UPDATED qualified athlete reports!](#)

VOTE ON YOUR CLUB BYLAWS TODAY!

Please take a moment to [vote on our club bylaws](#). Hit the QR code below to cast your vote. A link to review the bylaws is included in the vote information.



CAC SPIRIT WEAR

We love to see our swimmers and families rocking our team apparel. CAC has a partnership with TYR. You can login or create a login with our team store [HERE](#).



WE ARE GRATEFUL TO OUR SPONSORS!

Denali Sponsors

OrthoAlaska



Sleeping Lady Sponsors



Greg and Pam Kosmerl

Taiga Mining Company

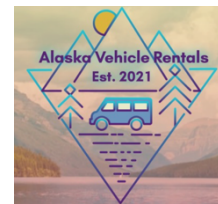
Twin Peaks Sponsors

The Kolberg Family

Josh and Kathleen Savage

Michael Wirschem

Ronald Dietrich



Caroline Curtis, DMD



Mt. Baldy and Bodenbug Butte Sponsors



Bryan Haughom



The Rea Family

**BIG DREAMS
TRANSPORT**



CW Tack and Western Wear

THE ALASKA CLUB

