

# NEWSLETTER

MAY 2025



## Thank You Swim Parent Volunteers!

We want to give a huge shoutout to all the amazing parents who volunteered their time, energy, and enthusiasm to support our swimmers. Whether you were timing heats, organizing snacks, helping on deck, running events, or just cheering from the stands—you helped make this season a success.

We truly couldn't do it without you. Thank you for being such a vital part of our team!



## SUMMER SCHEDULE

Starts on Monday, June 2<sup>nd</sup>

### SMOLT

Monday/Wednesday  
9:30 - 10:30 AM

### DISCOVER

TUESDAY/THURSDAY  
9:30 - 10:30 AM

### DREAM

MONDAY - THURSDAY  
10:30 - 11:30 AM

### CHALLENGE

WEDNESDAY 10:00 - 11:30 AM  
TUESDAY/THURSDAY 9:00 - 10:30 AM

### BELIEVE

MONDAY/WEDNESDAY 10:00 - 11:30 AM  
TUESDAY/THURSDAY 9:00 - 10:30 AM

### ACHIEVE

MONDAY - THURSDAY 9:30 - 11:30 AM



## SHOREBIRD INVITATIONAL 2025

FRIDAY, MAY 9<sup>TH</sup> & SATURDAY, MAY 10<sup>TH</sup>

Shorebird Invitational is our last home meet of the season! This is a fun, end of the season event for Smolt, Discover, Challenge, Dream, Believe, Achieve, and Perform swim groups. GO KINGS!!

[Sign up HERE to Volunteer Today!](#)

## 2024 - 2025 SEASON CELEBRATION & AWARDS

WEST HOMER ELEMENTARY SCHOOL

TUESDAY, MAY 20<sup>TH</sup> AT 6:00 PM

Join us for KSC's 2024-2025 Season Celebration! We'll wrap up a great season with pizza, popsicles, Swim-A-Thon prizes and awards to recognize our awesome swimmers. It's a fun way to celebrate all of the hard work a great memories!

Don't miss the Kachecash auction where swimmers can bid on items using the Kachecash they've earned throughout the season.

Please let us know if you can attend by clicking [HERE](#)  
[Sign up HERE to Volunteer Today!](#)

## LAST DAY OF THE SEASON & FUN SWIM

FRIDAY, MAY 23<sup>RD</sup>



This marks the final splash of KSC's 2024-2025 swim season! We're so proud of our swimmers for their hard work, progress, and team spirit throughout the season.

*Are you interested in swimming this summer?*

We're getting ready for our summer swim team session and could use your help with planning. If you're planning to swim with us this summer, please take a moment to fill out our **[Summer Interest Form](#)**.

Summer Registration will open on Monday, May 26th

# COACHES CORNER

## WITH COACH JAIME

### ALASKA SWIMMING STATE CHAMPIONSHIPS

The Alaska Swimming State Championships provided a platform for the Kachemak Swim Club to demonstrate our team values- excellence, growth, and teamwork. Competing against top swimmers from across the state, our athletes performed admirably, achieving significant milestones and setting new personal bests. As a team, KSC ranked 17 out of 23.

Our team consisted of Avery Briscoe, Lorelei Kinney, Anika and Elias Sundheim, Jeremiah and Benjamin Overdorf, Finn Brewer, Jody Goodrich, Cassidy Carroll, and Katie Hallam. Top Scorers for the team were Jeremiah (44), Katie (29) and Cassidy (23) who swam fast enough to final in multiple events.

### HIGHLIGHTS AND ACHIEVEMENTS

**Relay Engagement:** Every single member of our team participated in relays. The relays were at the beginning of each session, and I applaud the swimmers who put 100% into their relays at the beginning of a long day.

**Personal Bests:** All swimmers achieved personal best times in individual events, highlighting their continuous improvement and dedication to the sport. An asterisk below indicates a personal best.

#### Individual Rankings:

- Anika Sundheim: 50 Brst- 9th 100 bk\*- 15th 100 Brst\*- 10th 200 fr\*-11th
- Avery Briscoe: 50 Fr- 50<sup>th</sup> 200 back\*- 22nd
- Katie Hallam: 1650 Fr\*- 7th 100Brst\*- 14<sup>th</sup> 50 Fr\*- 51st 500 Fr- 18th 1000 Fr- 5th
- Cassidy Carroll: 50 Fr\*- 12th 200 Bk\*- 12<sup>th</sup> 50 Bk\*-8<sup>th</sup> 100 Fr\*-22nd 100 bk\*-11th 200Fr\*- 23rd
- Jody Goodrich: 100 Brst- 25th 50 Fr\*- 43rd 100 Fr- 43rd 200 Fr- 33rd
- Jeremiah Overdorf: 1650 Fr\*- 4th 50 Fr\* 200 back\*-10th 100 Fr- 19th 500 Fr\*-5th 200 Fr\*-9th 1000 Fr\*-4th

### TEAM SPIRIT AND SPORTSMANSHIP

Throughout the championships, our team displayed noticeable sportsmanship, supporting each other during highs and lows, and celebrating the successes of their peers. Three of our swimmers were not in optimal health during competition. Also one coach not in optimal health haha. Their camaraderie and mutual encouragement were evident, contributing to a positive and motivating environment.





# SENIOR SPOTLIGHT

To our graduating seniors—thank you for the dedication and spirit you’ve brought to the team. You’ve made waves in and out of the pool, and we couldn’t be prouder. As you dive into your next chapter, know that your KSC family is cheering you on every step of the way.

Best of luck, you’ve got this!

## KATIE HALLAM

Katie has been swimming competitively for six years. She is graduating from Connections Homeschool. This fall, she will attend the University of Alaska, Fairbanks, where she plans to major in Fisheries and Marine Sciences. Katie’s favorite swim memory is “Getting a state qualifying time in the 1650 free.”



## JODY GOODRICH

Jody has been swimming competitively for 8 years. He is graduating from Homer High School. This fall he will be attending Middlebury College, in Vermont, and skiing for USCSA Nordic Skiing team. One of Jody’s favorite swim memories is competing with his high school team at Regions in Kodiak.

## CASSIDY CARROLL

Cassidy has been swimming competitively for 8 years. She is graduating from Homer High School and will attend Saint Olaf in Minnesota this fall, studying Biology with plans to become a Physical Therapist. Cassidy also plans to join St. Olaf’s swim team. Her favorite swim memory is from when she was eight years old, competing in her first relay at a meet in Seward alongside her best friend Daisy. She recalls, “The adrenaline and excitement from that race—and the cheering from my teammates— is a memory that has stuck with me every since.”

