# NEWSLETTER



### **UPCOMING EVENTS**

#### **CANDY CANE SPLASH INVITE**

Hosted by Seward Tsunami Swim Club Saturday, December 6<sup>th</sup>

### FALL/WINTER GENERAL MEMBERSHIP MEETING

Thursday, December 16<sup>th</sup> at 6:30pm Location: Homer High School Library

### **KSC HOLIDAY FAMILY FUN SWIM**

December 23<sup>rd</sup> 4:00-6:00pm

Join us for a splash of holiday cheer at our KSC Holiday Family Fun Swim, open to all active KSC Swim Team families and their siblings! Enjoy some Cookies, Cocoa, and Candy Canes while the kids swim and play. It's a great way to celebrate the season together. We hope to see you there!

#### **NO PRACTICE**

December 22<sup>nd</sup> -January 2<sup>nd</sup>







### **DECEMBER BIRTHDAY'S**

- Torrin Bartlett
- Emma Field
- Emma riel
- Wilder RothBoris Kuzman
- Serena Sharp
- Coach Monica
- Coach Tirzah



### 2026 USA Swimming Membership Registration

All Kachemak Swim Club swimmers must have an active USA Swimming membership to participate in practices, meets, and club events. To avoid any interruption in participation, please renew by December 30th, 2025. You can renew any time before that date, your membership will remain valid through December 31st, 2026.

This membership is required for several important reasons:

- Insurance coverage: USA Swimming provides essential liability and accident insurance for all registered athletes and coaches during practices, meets, and travel.
- Safety and protection: Membership ensures every participant has completed Safe Sport requirements and is part of a nationally recognized and monitored program.
- Meet eligibility: Only registered swimmers can be entered into sanctioned USA Swimming competitions, including invitational and championship meets.

Please take a few minutes to renew now to ensure your swimmer remains eligible for all upcoming practices and events.

Renew HERE, all team swimmers must choose the Premium Athlete
 Membership. The flex membership is only for Novice Program swimmers.
 \*\*\* If you have already renewed for 2026, you do not need to register again.

If you need financial assistance, please reach out to us at kachemakswimclub@gmail.com, we're happy to help.

Thank you for keeping your swimmer's membership current and for helping us maintain a safe and compliant program for everyone!

### Handheld Devices vs. Computer/Laptop What You Need to Know

A quick reminder for our KSC families! While many simple tasks can be handled easily on your phone or iPad—such as checking practice schedules or meet results through SportsEngine Motion, Meet Mobile, and USA Swimming—some items require a computer or laptop.

If you are registering for USA Swimming memberships, setting up your Swim-A-Thon account, or updating account information, please plan to use a computer. Several of these tasks cannot be completed on handheld devices due to platform limitations.

Using a computer ensures everything is submitted correctly and saves you time and frustration. Thank you for helping keep your swimmer's account up-to-date!

## **COACHES CORNER**

### WITH COACH JAIME ROTH







**DECEMBER 2025** 

### **TURKEY TIME REPORT**

On November 21 and 22, KSC swimmers competed tenaciously against our peninsula rivals: Kenai, Seward and Soldotna. This meet was not a scored meet which means that no awards were assigned to team victories, only individual successes. Swimmers that placed in  $6^{\rm th}$  or better compared to their age group will be receiving ribbons at practice this week.

Swimming focuses heavily on individual success and time improvement. When swimmers receive a Best Time or Personal Record at a meet, it's a moment to celebrate. The older a swimmer is and the more often they compete, the harder it is to drop time.

The following swimmers swam a minimum of 5 events , all repeat swims (no brand-new events) AND received Best Times in ALL of their events:

Avery Briscoe, Tilly Bynagle, Benjamin Overdorf, Jeremiah Overdorf.

Every KSC swimmer dropped time in many of their events. Way to go, Kings!

### FIRST TIME COMPETITORS

Our first time competitors were impressive! They all competed in relays with confidence and enthusiam. Congratulations to Willow Albertson, MacKenzie Baker-Merritt, Aubrey Bolt, Emelia and Evelyn Field, Linnea Gibson, Margaret Gricius, Boris Kuzmin, Avery Rennolds, Hattie Rustand, Emrie Wahl, and Isla Zank.

### **CHAMPIONSHIP QUALIFIERS**

**AGE GROUPS: FEB 13-15** 

Hamish Bartlett
Tilly Bynagle
Finn Brewer
Taylor Dickerson
Sean Johnson
Lorelei Kinney
Maggie Maurer
Benjamin Overdorf
Jeremiah Overdorf
Anika Sundheim
Elias Sundheim

**SENIOR CHAMPS: JAN 23-25** 

Lorelei Kinney Jeremiah Overdorf

STATE CHAMPS: APR 23-26

Avery Briscoe Lorelei Kinney Jeremiah Overdorf Benjamin Overdorf



### December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	01	02	03	04	05	06
	Discover 3:15 - 4:15/4:30 - 5:30 Dream 4:30 - 5:30 Believe 4:30 - 6:00 Achieve 4:15 - 6:15	Smolt 3:15 - 4:15/4:15 - 5:15 Challenge 4:30 - 5:30 Believe 4:30 - 6:00 Achieve 4:15 - 6:15	Discover 3:15 - 4:15/4:30 - 5:30 Dream 4:30 - 5:30 Believe 4:30 - 6:00 Achieve 4:30 - 6:30	Smolt 3:15 - 4:15/4:15 - 5:15 Challenge 4:30 - 5:30 Believe 4:30 - 6:00 Achieve 4:15 - 6:15	Discover 4:00 - 5:00 Challenge 4:30 - 5:30 Dream 4:30 - 5:30 Believe 4:30 - 6:00 Achieve 4:15 - 6:15	CANDY CANE SPLASH MEET Hosted by STSC Seward, AK
07	08	09	10	11	12	13
	Discover 3:15 - 4:15/4:30 - 5:30 Dream 4:30 - 5:30 Believe 4:30 - 6:00 Achieve 4:15 - 6:15	Smolt 3:15 - 4:15/4:15 - 5:15 Challenge 4:30 - 5:30 Believe 4:30 - 6:00 Achieve 4:15 - 6:15	Discover 3:15 - 4:15/4:30 - 5:30 Dream 4:30 - 5:30 Believe 4:30 - 6:00 Achieve 4:30 - 6:30	Smolt 3:10 - 4:10/4:10 - 5:10 Challenge 4:30 - 5:30 Dream 4:30 - 5:30 Believe 4:30 - 6:00	Discover 4:00- 5:00 Challenge 4:30 - 5:30 Dream 4:30 - 5:30 Believe 4:30 - 6:00 Achieve 4:15 - 6:15	
14	15	16	17	18	19	20
	Discover 3:15 - 4:15/4:30 - 5:30 Dream 4:30 - 5:30 Believe 4:30 - 6:00 Achieve 4:15 - 6:15	Smolt 3:15 - 4:15/4:15 - 5:15 Challenge 4:30 - 5:30 Believe 4:30 - 6:00 Achieve 4:15 - 6:15	Discover 3:15 - 4:15/4:30 - 5:30 Dream 4:30 - 5:30 Believe 4:30 - 6:00 Achieve 4:30 - 6:30	Smolt 3:15 - 4:15/4:15 - 5:15 Challenge 4:30 - 5:30 Believe 4:30 - 6:00 Achieve 4:15 - 6:15	Discover 4:00- 5:00 Challenge 4:30 - 5:30 Dream 4:30 - 5:30 Believe 4:30 - 6:00 Achieve 4:15 - 6:15	
21	22	23 KSC Team Holiday Family Fun Swim	24	25	26	27
	NO PRACTICE	4:00 - 6:00 PM	NO PRACTICE	NO PRACTICE	NO PRACTICE	
28	29	30	31			
	NO PRACTICE	NO PRACTICE	NO PRACTICE			

#### Notes:

#### No Team Practice December 22nd - January 2nd

Kate Kuhns Aquatic Center - Homer High Winter Break Schedule
Lap Swim Available 6:30 AM - 10:00 AM
Lap Swim Available 11:30 AM - 1:00 PM
Open Swim \$5.00 per Swimmer 1:00 PM - 3:00 PM
Pool is Closed on 12/24, 12/25 and 01/01/2026



Notes

Candy Cane Splash - Tsunami Swim Club Seward, AK.

December 6th, 2025

This meet is for all swim groups attending practice. Smolt, Discover, Dream, Believe and Challenge

Homer High School is offering lap swim at KKAC during winter break for the community. Current KSC team members may participate at no charge, just let the lifeguard know you're a KSC swimmer when you arrive.

Please remember to follow all pool rules and be respectful of other community members. Lap swim time is designated only for lap swimming, so swimmers should be actively swimming in lanes.

Open swim is also available to the community for \$5.00.

Enjoy the extra pool time and stay active over break!

## KSC Holiday Family Fun Swim

Join us on Tuesday, December 23rd from 4:00–6:00 pm for our KSC Holiday Family Fun Swim. We'll have cookies, cocoa, candy canes, and probably a few big cannonballs splashing into the pool!

This special swim is open to all current KSC team members, their siblings, and parents. Come celebrate the holidays together at the pool!

