

# **2018 Alaska Swimming 10/younger Postal Championships**

## **December 2018**

### **Hosted by Alaska Swimming, Inc**

#### **LOCATION/HOST**

To be determined by each club in Alaska. Must be swum in a 25 yard pool. Multiple teams may compete at one location. EACH HOST LOCATION MUST ENSURE THAT THE EVENT IS SANCTIONED by USA Swimming and Alaska Swimming, Inc. This may include a blanket sanction or individual sanction.

#### **DATE**

Event must be completed on one calendar day between December 1 - 31, 2018.

#### **ELIGIBILITY**

Open to all Alaska swimmers age 10 and younger on December 1, 2018, currently registered as athlete members with USA Swimming and Alaska Swimming.

#### **ENTRIES**

Each team will receive a separate event file. Please contact Josh Gregory, [coachjosh@aksst.com](mailto:coachjosh@aksst.com), with your sanction number to receive your event file prior to the entry deadline.

Entries must be submitted in Team Manager or Team Unify format along with an entry report. Email entry file, along with entry report to Josh Gregory, [coachjosh@aksst.com](mailto:coachjosh@aksst.com) by 11:59 pm, November 30, 2018. Late entries will be accepted until Psych Sheet is posted for an additional fee of \$25 per swimmer. No late entries will be accepted after Psych Sheet is posted.

Please make checks payable to ASI and mail, along with a meet entry fee report, to Wendy Kolberg, ASI Treasurer, 13891 E Jersey Loop, AK, 99645, [kolbergw@yahoo.com](mailto:kolbergw@yahoo.com).

Swimmer Entry Fee:	\$3.00 per swimmer (\$28.00 per swimmer after Nov 30)
Individual Event Fee:	\$1.50 per event
Relay Event Fee:	\$3.00 per relay event

#### **RESULTS**

Results must be submitted to Josh Gregory, [coachjosh@aksst.com](mailto:coachjosh@aksst.com), by 11:59 pm, December 31, 2018. Results from all locations will be merged to create statewide results. Results will be distributed and posted on [akswimming.org](http://akswimming.org) as soon as possible.

#### **RULES**

1. Current USA and Alaska Swimming Rules will govern this meet. It is the sole responsibility of the host club/location to provide adequate facility and administrative support as defined in the 2018 USA Swimming Rules and Regulations. Multiple clubs may compete at same time and location. Each host location will receive it's own, specific entry file and meet backup file.
2. Swimmers may enter up to five (5) individual events and one (1) relay event. All events must conclude on the same calendar day.
3. Building and facility rules will be enforced. Clubs/facilities may charge a Facility Fee, to be collected by host location.
4. Scores shall be kept on combined team scores and individual scores.
  1. Individual events score through 8th place: **9-7-6-5-4-3-2-1**
  2. Relay events score through 8th place: **18-14-12-10-8-6-4-2**

5. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
6. Deck changes are prohibited. Per USA-S Rule 202.4.10(I).
7. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Per USA-S Rule 202.4.10(J).
8. The use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms or locker rooms. Per USA-S Rule 202.4.10(H).

## **AWARDS**

- Medals will be awarded for 1st - 3rd in all individual events and relay events.
- Ribbons will be awarded for 4th - 8th place in all individual and relay events.
- The top 3 combined team scores will be awarded Team Awards
- ASI Senior Coach Rep, Thad Gunther, will distribute all awards by the 2019 Alaska Age Group Champs.

## **ORDER OF EVENTS**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	200 Free Relay	2
3	100 IM	4
5	50 Back	6
7	100 Fly	8
9	50 Free	10
11	200 Free	12
13	50 Breast	14
15	200 IM	16
17	100 Back	18
19	50 Fly	20
21	100 Free	22
23	100 Breast	24
25	500 Free	26
27	200 Medley Relay	28

## ***Checklist for Host Meet Director/Team:***

- By Mid-November - Contact Coach Josh and let him know which team or teams you will represent at your event. Request your event file for entries and meet backup file to run the meet.
- By November 30 - Submit entries to Coach Josh. NO ENTRY CHANGES ALLOWED AFTER PSYCH SHEET POSTED. Mail check and meet entry fee report to Wendy.
- Between Dec 1 - 31, 2018, run the entire meet on one calendar day.
- By December 31 - Submit meet results/meet backup to Coach Josh.