

2019 Region XIV Alaska Senior Championships - 1/25/2019 to 1/27/2019**2019 Region XIV Alaska Senior Championships****Kate Kuhns Aquatic Center Homer, AK****Psych Sheet****Event 1 Girls 1000 Yard Freestyle****2019 AK SR Q: 12:01.69****Open Rec: 10:16.30 3/21/1997 Katy Chandler****12:01.69 AKSR AK Sr. Champs****Meet Qualifying: 12:01.69**

	Name	Age	Team	Seed Time
1	Powers, Izzy N	17	AST-AK	11:13.35 AKSR
2	McCallum, Meah E	13	SST-AK	11:31.85 AKSR
3	Burgan, Naomi A	15	YMCA-AK	11:34.93 AKSR
4	Dorris, Ryann A	15	AST-AK	11:37.15 AKSR
5	Anderson, Jasmine J	13	YMCA-AK	11:53.19 AKSR
6	Bristor, Samantha S	14	MSST-AK	11:54.40 AKSR
7	Boyce, Hannah E	13	AST-AK	11:55.03 AKSR
8	Pitsch, Rachael L	15	PPST-AK	13:09.24
9	Burgan, Maya	13	YMCA-AK	NT

Event 2 Boys 1000 Yard Freestyle**2019 AK SR Q: 11:26.69****Open Rec: 9:39.13 12/2/2004 Hunter McCallister****11:26.69 AKSR AK Sr. Champs****Meet Qualifying: 11:26.69**

	Name	Age	Team	Seed Time
1	Palmer, Noah J	18	MSST-AK	9:59.34 AKSR
2	Fawcett, Conrad C	12	NLSC-AK	10:43.94 AKSR
3	Poulin, Koda R	14	PPST-AK	10:56.95 AKSR
4	Kolberg, Karson W	13	NLSC-AK	10:58.42 AKSR
5	Heaphy, John P	18	CAC-AK	11:00.00 AKSR
6	Carhart, Alexander A	17	YMCA-AK	11:13.77 AKSR
7	Siekawitch, Nikolai B	13	WSC-AK	11:28.47
8	Baggen, Jimmy F	15	WSC-AK	12:09.22
9	Kwon, Ethan	17	NLSC-AK	NT
10	Kenna, Aidan J	17	NLSC-AK	NT
11	Bartz, Ethan J	17	NLSC-AK	NT

Event 3 Girls 800 Yard Freestyle Relay**Open Rec: 7:41.90 3/19/1999 Northern Lights Swim Club****Kristin Jones, Sara Bogert, Melissa Bogert, Amanda**

	Team	Relay	Seed Time
1	AST-AK	A	7:53.75
2	NLSC-AK	A	8:19.83
3	MSST-AK	A	8:30.56
4	KSC-AK	A	8:31.38
5	YMCA-AK	A	8:33.46
6	CAC-AK	A	8:42.49
7	AST-AK	B	8:44.79
8	NLSC-AK	B	8:50.38
9	NLSC-AK	C	9:20.02

Event 4 Boys 800 Yard Freestyle Relay**Open Rec: 7:13.41 4/15/1982 Aurora Swim Team****Ben Adams, Cody Brunette, Rumen Doggett, Kyle O'Br**

	Team	Relay	Seed Time
1	AST-AK	A	7:09.08
2	NLSC-AK	A	7:15.82
3	NLSC-AK	B	7:33.77
4	NLSC-AK	C	7:53.70

5	NLSC-AK	D	8:00.08
6	CAC-AK	A	8:02.37
7	SST-AK	A	8:18.41
8	YMCA-AK	A	8:27.74

Event 5 Girls 200 Yard Freestyle**2019 AK SR Q: 2:11.29****Open Rec: 1:49.66 3/1/2009 Meghan Cavanaugh****2:11.29 AKSR AK Sr. Champs****Meet Qualifying: 2:11.29**

	Name	Age	Team	Seed Time
1	Kowatch, Dreamer E	15	AST-AK	1:53.93 AKSR
2	Powers, Izzy N	17	AST-AK	1:55.52 AKSR
3	Willis, Breckynn B	16	AST-AK	1:57.28 AKSR
4	McCarter, Katy A	15	MSST-AK	1:58.72 AKSR
5	Story, Madison C	15	KSC-AK	2:00.99 AKSR
6	Congdon, Bret A	18	YMCA-AK	2:01.78 AKSR
7	Cheng, Aubrey J	15	NLSC-AK	2:02.10 AKSR
8	Mercer, Ellie P	16	CAC-AK	2:02.81 AKSR
9	Berry, Adeline E	15	KSC-AK	2:04.23 AKSR
10	Nelson, Taylor J	16	NLSC-AK	2:04.83 AKSR
11	Burgan, Naomi A	15	YMCA-AK	2:05.55 AKSR
12	Rogers, Anna Grace B	15	NLSC-AK	2:05.75 AKSR
13	Secor, Blaque I	13	SST-AK	2:06.31 AKSR
14	Boyce, Hannah E	13	AST-AK	2:07.02 AKSR
15	Ratcliffe, Anna A	17	AST-AK	2:07.57 AKSR
16	McCallum, Meah E	13	SST-AK	2:07.58 AKSR
17	Dorris, Ryann A	15	AST-AK	2:08.82 AKSR
18	Murrah, Lylah P	14	UN-AK	2:09.66 AKSR
19	Bailey, Ella S	16	MSST-AK	2:09.93 AKSR
20	Mattson, Alexis D	16	NLSC-AK	2:10.16 AKSR
21	Blanton-Yourkowski, Ella M	15	KSC-AK	2:10.50 AKSR
22	Roberts, Renee M	14	WSC-AK	2:11.61
23	Taylor, Emily	14	AST-AK	2:11.62
24	Ferguson, Ally K	14	NLSC-AK	2:12.25
25	Borchardt, Kiara M	15	CAC-AK	2:12.27
26	Cook, Jeannie M	15	MSST-AK	2:12.49
27	Morgan, Addy K	17	CAC-AK	2:12.55
28	Pitsch, Rachael L	15	PPST-AK	2:13.33
29	Thompson, Shelby E	16	CAC-AK	2:14.92
30	Keen, Gracie A	17	CAC-AK	2:14.97
31	Nelson, Carly W	13	KSC-AK	2:15.66
32	Romspert, Kasey J	15	NLSC-AK	2:17.24
33	Burgan, Maya	13	YMCA-AK	2:18.26
34	Beltzer, Emma C	15	AST-AK	2:25.69

Event 6 Boys 200 Yard Freestyle**2019 AK SR Q: 2:02.59****Open Rec: 1:38.31 2/29/2012 Winter Heaven****2:02.59 AKSR AK Sr. Champs****Meet Qualifying: 2:02.59**

	Name	Age	Team	Seed Time
1	Addington, Max R	17	AST-AK	1:42.31 AKSR
2	Law, Caleb H	17	NLSC-AK	1:44.13 AKSR
3	Loudon, Christopher S	18	AST-AK	1:50.92 AKSR
4	Wisdom, Tavner J	15	NLSC-AK	1:51.52 AKSR

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Event 6 ... (Boys 200 Yard Freestyle)

	Name	Age	Team	Seed Time	
5	Kolberg, Konnor D	16	NLSC-AK	1:52.18	AKSR
6	Kenna, Aidan J	17	NLSC-AK	1:52.99	AKSR
7	Poulin, Koda R	14	PPST-AK	1:54.46	AKSR
8	Arndt, Clayton N	18	KSC-AK	1:54.59	AKSR
9	Carpenter, Austin F	17	NLSC-AK	1:55.78	AKSR
10	Wiese, Julien	17	YMCA-AK	1:56.50	AKSR
11	Octuk, Alex A	15	AST-AK	1:56.50	AKSR
12	Fawcett, Conrad C	12	NLSC-AK	1:58.07	AKSR
13	Carhart, Alexander A	17	YMCA-AK	1:58.44	AKSR
14	Bartz, Ethan J	17	NLSC-AK	1:59.55	AKSR
15	Werdin-Kennicott, Sebiyam E	16	MSST-AK	2:00.87	AKSR
16	Stockdill, Brandon P	18	SST-AK	2:01.18	AKSR
17	Kass, Fischer F	16	AST-AK	2:02.97	
18	Harnum, Kyan E	14	SST-AK	2:04.45	
19	Rodriguez, Skyler W	15	KSC-AK	2:07.42	
20	Rhodes, Kaden J	15	NLSC-AK	2:07.62	
21	Korhonen, Ryan J	16	SST-AK	2:08.37	
22	Merle, Tyler P	16	KKW-AK	2:09.69	
23	Bagley, Trevor R	17	PPST-AK	2:13.88	
24	Silveira, Isaiah P	15	VTSC-AK	2:06.88	B

Event 7 Girls 100 Yard Backstroke

2019 AK SR Q: 1:06.19					
Open Rec: 54.78 11/4/2011 Samantha Wicks					
1:06.19 AKSR AK Sr. Champs					
Meet Qualifying: 1:06.19					
	Name	Age	Team	Seed Time	
1	Cheng, Summer A	15	NLSC-AK	58.44	AKSR
2	Powers, Izzy N	17	AST-AK	58.71	AKSR
3	Story, Madison C	15	KSC-AK	1:01.24	AKSR
4	Cheng, Aubrey J	15	NLSC-AK	1:01.29	AKSR
5	Kowatch, Dreamer E	15	AST-AK	1:01.41	AKSR
6	McCarter, Katy A	15	MSST-AK	1:02.22	AKSR
7	Katchen, Hannah B	13	NLSC-AK	1:02.38	AKSR
8	Congdon, Bret A	18	YMCA-AK	1:02.48	AKSR
9	Jacoby, Lydia A	14	STSC-AK	1:03.78	AKSR
10	Roberts, Renee M	14	WSC-AK	1:04.81	AKSR
11	Lovell, Billi E	13	VTSC-AK	1:04.96	AKSR
12	McLaughlin, Megan S	13	NLSC-AK	1:05.74	AKSR
13	Boyce, Hannah E	13	AST-AK	1:05.82	AKSR
14	McLaughlin, Molly D	15	NLSC-AK	1:05.97	AKSR
15	Rupp, Evie M	13	SST-AK	1:06.65	
16	Blanton-Yourkowski, Ella M	15	KSC-AK	1:06.81	
17	Willequer, Tempest M	15	CAC-AK	1:07.78	
18	Dittlinger, Brooke F	15	AST-AK	1:08.04	
19	Petersen, Ashtyn M	17	NLSC-AK	1:09.26	
20	Rogers, Anna Grace B	15	NLSC-AK	1:09.34	
21	Nelson, Taylor J	16	NLSC-AK	1:09.54	
22	Taylor, Emily	14	AST-AK	1:10.19	
23	Beck, Maria	17	NLSC-AK	1:11.24	
24	Menadelook, Brianna N	15	MSST-AK	1:11.43	
25	Mock, Lillie E	13	MSST-AK	1:12.40	
26	Burgan, Maya	13	YMCA-AK	1:19.35	
27	Terry, Mikayla Z	17	AST-AK		NT

Event 8 Boys 100 Yard Backstroke

2019 AK SR Q: 1:01.79					
Open Rec: 49.70 2/23/2011 Caleb Severns					
1:01.79 AKSR AK Sr. Champs					
Meet Qualifying: 1:01.79					
	Name	Age	Team	Seed Time	
1	Jarupakorn, Brian J	15	NLSC-AK	51.50	AKSR
2	Carpenter, Austin F	17	NLSC-AK	52.84	AKSR
3	Adams, Wyatt J	27	NLSC-AK	56.65	AKSR
4	Kompsie, Robert O	17	AST-AK	58.61	AKSR
5	Wito, Lucas J	20	NLSC-AK	58.68	AKSR
6	Wooten, Shawn L	26	NLSC-AK	58.92	AKSR
7	Stockdill, Brandon P	18	SST-AK	58.98	AKSR
8	Palmer, Noah J	18	MSST-AK	59.18	AKSR
9	Evans, Ethan P	15	PPST-AK	59.19	AKSR
10	Cowin, Jonathan J	15	NLSC-AK	59.25	AKSR
11	Blackstone, Jimmy M	15	CAC-AK	1:00.15	AKSR
12	Kolberg, Karson W	13	NLSC-AK	1:01.34	AKSR
13	Rapanut, Caleb S	14	CAC-AK	1:01.84	
14	Bagley, Trevor R	17	PPST-AK	1:01.92	
15	Babbitt, Scott H	15	AST-AK	1:03.66	
16	Keen, Josiah A	15	CAC-AK	1:03.73	
17	Maio, Vincent C	15	SST-AK	1:03.76	
18	Siekawitch, Nikolai B	13	WSC-AK	1:04.40	
19	Fawcett, Conrad C	12	NLSC-AK	1:05.04	
20	Rodriguez, Skyler W	15	KSC-AK	1:05.65	
21	Merle, Tyler P	16	KKW-AK	1:06.17	
22	Kuharich, Larry C	14	KKW-AK	1:07.02	
23	Randall, Chase A	15	VTSC-AK	1:02.67	B
24	Shirk, Piers E	13	VTSC-AK	1:03.18	B
25	Prevost, Jeffrey R	15	VTSC-AK	1:06.98	B

Event 9 Girls 200 Yard Breaststroke

2019 AK SR Q: 2:44.59					
Open Rec: 2:18.68 2/20/2013 Alyssa Keill					
2:44.59 AKSR AK Sr. Champs					
Meet Qualifying: 2:44.59					
	Name	Age	Team	Seed Time	
1	Jacoby, Lydia A	14	STSC-AK	2:20.15	AKSR
2	Mattson, Alexis D	16	NLSC-AK	2:33.18	AKSR
3	Anderson, Jasmine J	13	YMCA-AK	2:36.24	AKSR
4	Morgan, Addy K	17	CAC-AK	2:37.79	AKSR
5	Keen, Gracie A	17	CAC-AK	2:39.36	AKSR
6	Cook, Jeannie M	15	MSST-AK	2:40.93	AKSR
7	Petersen, Ashtyn M	17	NLSC-AK	2:41.26	AKSR
8	Creglow, Katie R	17	SSS-AK	2:43.65	AKSR
9	Hafele, Avery R	13	MSST-AK	2:45.46	
10	Beck, Maria	17	NLSC-AK	2:53.88	
11	McLaughlin, Megan S	13	NLSC-AK	3:04.92	
12	Secor, Blaque I	13	SST-AK	3:08.65	

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Event 10 Boys 200 Yard Breaststroke**2019 AK SR Q: 2:32.89****Open Rec: 2:01.98 3/1/2012 Keegan Severns****2:32.89 AKSR AK Sr. Champs****Meet Qualifying: 2:32.89**

	Name	Age	Team	Seed Time	
1	Heaphy, John P	18	CAC-AK	2:06.57	AKSR
2	Price, Nicholas R	15	NLSC-AK	2:11.31	AKSR
3	Wisdom, Tavner J	15	NLSC-AK	2:11.73	AKSR
4	Heaphy, Matthew T	15	CAC-AK	2:14.06	AKSR
5	Kwon, Ethan	17	NLSC-AK	2:19.19	AKSR
6	Palmer, Noah J	18	MSST-AK	2:19.66	AKSR
7	Tatakis, Jesse J	16	AST-AK	2:21.90	AKSR
8	Adams, Wyatt J	27	NLSC-AK	2:22.94	AKSR
9	Keen, Josiah A	15	CAC-AK	2:26.78	AKSR
10	Wiese, Julien	17	YMCA-AK	2:28.90	AKSR
11	Billings, Andrew John J	14	NLSC-AK	2:29.07	AKSR
12	Korhonen, Ryan J	16	SST-AK	2:37.19	
13	Baggen, Jimmy F	15	WSC-AK	2:44.17	
14	Alioto, Dominic J	16	PPST-AK	2:44.96	
15	Harnum, Kyan E	14	SST-AK	2:45.04	
16	Shirk, Piers E	13	VTSC-AK	2:55.71	B

Event 11 Girls 100 Yard Butterfly**2019 AK SR Q: 1:05.99****Open Rec: 54.32 3/12/2015 Margot Adams****1:05.99 AKSR AK Sr. Champs****Meet Qualifying: 1:05.99**

	Name	Age	Team	Seed Time	
1	Willis, Breckynn B	16	AST-AK	57.44	AKSR
2	Kowatch, Dreamer E	15	AST-AK	57.59	AKSR
3	Cheng, Summer A	15	NLSC-AK	58.15	AKSR
4	Borchardt, Kiara M	15	CAC-AK	58.23	AKSR
5	Dittlinger, Brooke F	15	AST-AK	1:01.80	AKSR
6	Berry, Adeline E	15	KSC-AK	1:02.02	AKSR
7	Murrah, Lylah P	14	UN-AK	1:03.65	AKSR
8	McLaughlin, Molly D	15	NLSC-AK	1:04.41	AKSR
9	Willequer, Tempest M	15	CAC-AK	1:04.61	AKSR
10	Mattson, Alexis D	16	NLSC-AK	1:04.73	AKSR
11	Katchen, Hannah B	13	NLSC-AK	1:04.83	AKSR
12	Thompson, Shelby E	16	CAC-AK	1:04.93	AKSR
13	Ratcliffe, Anna A	17	AST-AK	1:06.23	
14	Rupp, Evie M	13	SST-AK	1:06.32	
15	Nelson, Carly W	13	KSC-AK	1:06.79	
16	Creglow, Katie R	17	SSS-AK	1:07.33	
17	Bailey, Ella S	16	MSST-AK	1:07.47	
18	Ferguson, Ally K	14	NLSC-AK	1:08.98	
19	Menadelook, Brianna N	15	MSST-AK	1:10.02	
20	Romspert, Kasey J	15	NLSC-AK	1:11.09	
21	Keen, Gracie A	17	CAC-AK	1:12.27	
22	Mock, Lillie E	13	MSST-AK	1:12.99	
23	Beltzer, Emma C	15	AST-AK	1:16.42	
24	Lovell, Billi E	13	VTSC-AK	1:06.28	B

Event 12 Boys 100 Yard Butterfly**2019 AK SR Q: 1:01.29****Open Rec: 48.98 2/20/2013 Nick Rutecki****1:01.29 AKSR AK Sr. Champs****Meet Qualifying: 1:01.29**

	Name	Age	Team	Seed Time	
1	Jarupakorn, Brian J	15	NLSC-AK	50.47	AKSR
2	Addington, Max R	17	AST-AK	50.65	AKSR
3	Law, Caleb H	17	NLSC-AK	50.73	AKSR
4	Evans, Ethan P	15	PPST-AK	54.45	AKSR
5	Blackstone, Jimmy M	15	CAC-AK	54.90	AKSR
6	Arndt, Clayton N	18	KSC-AK	55.12	AKSR
7	Kolberg, Konnor D	16	NLSC-AK	55.43	AKSR
8	Rolph, Owen M	15	PPST-AK	55.52	AKSR
9	Cowin, Jonathan J	15	NLSC-AK	56.52	AKSR
10	Poulin, Koda R	14	PPST-AK	56.70	AKSR
11	Heaphy, Matthew T	15	CAC-AK	57.33	AKSR
12	Price, Nicholas R	15	NLSC-AK	57.41	AKSR
13	Rapanut, Caleb S	14	CAC-AK	58.14	AKSR
14	Octuk, Alex A	15	AST-AK	58.44	AKSR
15	Wisdom, Tavner J	15	NLSC-AK	58.84	AKSR
16	Randall, Chase A	15	VTSC-AK	59.03	AKSR
17	Carhart, Alexander A	17	YMCA-AK	1:00.52	AKSR
18	Maio, Vincent C	15	SST-AK	1:01.27	AKSR
19	Rhodes, Kaden J	15	NLSC-AK	1:02.29	
20	Siekawitch, Nikolai B	13	WSC-AK	1:03.66	
21	Werdin-Kennicott, Sebiyam E	16	MSST-AK	1:03.93	
22	Billings, Andrew John J	14	NLSC-AK	1:08.51	
23	Silveira, Isaiah P	15	VTSC-AK	1:05.36	B

Event 13 Girls 50 Yard Freestyle**2019 AK SR Q: 27.99****Open Rec: 23.20 11/7/2014 Ila Hughes****27.99 AKSR AK Sr. Champs****Meet Qualifying: 27.99**

	Name	Age	Team	Seed Time	
1	Powers, Izzy N	17	AST-AK	23.79	AKSR
2	Congdon, Bret A	18	YMCA-AK	24.20	AKSR
3	McCarter, Katy A	15	MSST-AK	24.53	AKSR
4	Story, Madison C	15	KSC-AK	24.83	AKSR
5	Cheng, Aubrey J	15	NLSC-AK	24.94	AKSR
6	Willis, Breckynn B	16	AST-AK	25.30	AKSR
7	Terry, Mikayla Z	17	AST-AK	25.32	AKSR
8	Dittlinger, Brooke F	15	AST-AK	25.47	AKSR
9	Mercer, Ellie P	16	CAC-AK	25.62	AKSR
10	Morgan, Addy K	17	CAC-AK	26.04	AKSR
11	Roberts, Renee M	14	WSC-AK	26.12	AKSR
12	Jacoby, Lydia A	14	STSC-AK	26.16	AKSR
13	Petersen, Ashtyn M	17	NLSC-AK	26.26	AKSR
14	Romspert, Kasey J	15	NLSC-AK	26.28	AKSR
15	Blanton-Yourkowski, Ella M	15	KSC-AK	26.31	AKSR
16	Beck, Maria	17	NLSC-AK	26.39	AKSR
17	Cook, Jeannie M	15	MSST-AK	26.40	AKSR
18	Bristor, Samantha S	14	MSST-AK	26.42	AKSR
19	Rogers, Anna Grace B	15	NLSC-AK	26.66	AKSR

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Event 13 ...(Girls 50 Yard Freestyle)

	Name	Age	Team	Seed Time
20	Ratcliffe, Anna A	17	AST-AK	26.67 AKSR
21	Berry, Adeline E	15	KSC-AK	26.71 AKSR
22	Secor, Blaque I	13	SST-AK	26.75 AKSR
23	Menadelook, Brianna N	15	MSST-AK	26.76 AKSR
24	Nelson, Taylor J	16	NLSC-AK	26.87 AKSR
25	Nelson, Carly W	13	KSC-AK	27.10 AKSR
26	Boyce, Hannah E	13	AST-AK	27.16 AKSR
27	Beltzer, Emma C	15	AST-AK	27.26 AKSR
28	Mock, Lillie E	13	MSST-AK	27.36 AKSR
29	Thompson, Shelby E	16	CAC-AK	27.41 AKSR
30	McCallum, Meah E	13	SST-AK	27.45 AKSR
31	Taylor, Emily	14	AST-AK	27.47 AKSR
32	Borchardt, Kiara M	15	CAC-AK	27.49 AKSR
33	Willequer, Tempest M	15	CAC-AK	27.50 AKSR
34	Rupp, Evie M	13	SST-AK	27.71 AKSR
35	Burgan, Naomi A	15	YMCA-AK	27.80 AKSR
36	McLaughlin, Megan S	13	NLSC-AK	27.92 AKSR
37	Bailey, Ella S	16	MSST-AK	27.93 AKSR
38	Hafele, Avery R	13	MSST-AK	27.94 AKSR
39	Burgan, Maya	13	YMCA-AK	28.11
40	Ferguson, Ally K	14	NLSC-AK	28.30
41	Pitsch, Rachael L	15	PPST-AK	28.33

Event 14 Boys 50 Yard Freestyle

2019 AK SR Q:	25.69			
Open Rec:	20.38	2/26/2014	Jeff Frey	
	25.69	AKSR	AK Sr. Champs	
Meet Qualifying: 25.69				
	Name	Age	Team	Seed Time
1	Law, Caleb H	17	NLSC-AK	20.60 AKSR
2	Horning, Samuel J	19	NLSC-AK	21.23 AKSR
3	Heaphy, John P	18	CAC-AK	21.47 AKSR
4	Jarupakorn, Brian J	15	NLSC-AK	21.68 AKSR
5	Addington, Max R	17	AST-AK	21.80 AKSR
6	Wito, Lucas J	20	NLSC-AK	21.97 AKSR
7	Wooten, Shawn L	26	NLSC-AK	22.24 AKSR
8	Evans, Ethan P	15	PPST-AK	22.29 AKSR
9	Babbitt, Scott H	15	AST-AK	22.36 AKSR
10	Arndt, Clayton N	18	KSC-AK	22.38 AKSR
11	Carpenter, Austin F	17	NLSC-AK	22.62 AKSR
12	Adams, Wyatt J	27	NLSC-AK	22.67 AKSR
13	Wiese, Julien	17	YMCA-AK	23.00 AKSR
14	Kass, Fischer F	16	AST-AK	23.08 AKSR
15	Blackstone, Jimmy M	15	CAC-AK	23.15 AKSR
16	Tatakis, Jesse J	16	AST-AK	23.44 AKSR
17	Cowin, Jonathan J	15	NLSC-AK	23.46 AKSR
18	Kwon, Ethan	17	NLSC-AK	23.53 AKSR
19	Heaphy, Matthew T	15	CAC-AK	23.63 AKSR
20	Octuk, Alex A	15	AST-AK	23.81 AKSR
21	Rolph, Owen M	15	PPST-AK	23.97 AKSR
22	Stockdill, Brandon P	18	SST-AK	24.16 AKSR
23	Siekawitch, Nikolai B	13	WSC-AK	24.17 AKSR
24	Loudon, Christopher S	18	AST-AK	24.44 AKSR
25	Kenna, Aidan J	17	NLSC-AK	24.62 AKSR

26	Kuharich, Larry C	14	KKW-AK	24.69 AKSR
27	Harnum, Kyan E	14	SST-AK	24.77 AKSR
28	Prevost, Jeffrey R	15	VTSC-AK	24.92 AKSR
29	Rodriguez, Skyler W	15	KSC-AK	25.04 AKSR
30	Korhonen, Ryan J	16	SST-AK	25.13 AKSR
31	Bagley, Trevor R	17	PPST-AK	25.18 AKSR
32	Maio, Vincent C	15	SST-AK	25.18 AKSR
33	Kompsie, Robert O	17	AST-AK	25.18 AKSR
34	Merle, Tyler P	16	KKW-AK	25.22 AKSR
35	Silveira, Isaiah P	15	VTSC-AK	25.25 AKSR
36	Shirk, Piers E	13	VTSC-AK	25.25 AKSR
37	Rhodes, Kaden J	15	NLSC-AK	25.30 AKSR
38	Randall, Chase A	15	VTSC-AK	25.54 AKSR
39	Keen, Josiah A	15	CAC-AK	25.57 AKSR
40	Baggen, Jimmy F	15	WSC-AK	25.61 AKSR
41	Rapanut, Caleb S	14	CAC-AK	25.66 AKSR
42	Billings, Andrew John J	14	NLSC-AK	25.68 AKSR
43	Weridin-Kennicott, Sebiyam E	16	MSST-AK	25.79
44	Bartz, Ethan J	17	NLSC-AK	NT

Event 15 Girls 400 Yard IM

2019 AK SR Q:	5:13.59
Open Rec:	4:23.69 3/23/1993 Sarah Fallico
	5:13.59 AKSR AK Sr. Champs

Meet Qualifying: 5:13.59

	Name	Age	Team	Seed Time
1	Cheng, Summer A	15	NLSC-AK	4:48.25 AKSR
2	Katchen, Hannah B	13	NLSC-AK	5:02.18 AKSR
3	Dorris, Ryann A	15	AST-AK	5:02.18 AKSR
4	Bristor, Samantha S	14	MSST-AK	5:03.36 AKSR
5	Anderson, Jasmine J	13	YMCA-AK	5:04.61 AKSR
6	Hafele, Avery R	13	MSST-AK	5:05.36 AKSR
7	Burgan, Naomi A	15	YMCA-AK	5:05.79 AKSR
8	McLaughlin, Molly D	15	NLSC-AK	5:08.29 AKSR
9	Murrah, Lylah P	14	UN-AK	5:10.03 AKSR
10	Lovell, Billi E	13	VTSC-AK	5:21.11 B

Event 16 Boys 400 Yard IM

2019 AK SR Q:	4:52.99
Open Rec:	4:04.31 3/23/2001 Hunter McAllister
	4:52.99 AKSR AK Sr. Champs

Meet Qualifying: 4:52.99

	Name	Age	Team	Seed Time
1	Palmer, Noah J	18	MSST-AK	4:16.61 AKSR
2	Kolberg, Konnor D	16	NLSC-AK	4:31.13 AKSR
3	Price, Nicholas R	15	NLSC-AK	4:34.43 AKSR
4	Kolberg, Karson W	13	NLSC-AK	4:35.24 AKSR
5	Loudon, Christopher S	18	AST-AK	4:45.00 AKSR
6	Fawcett, Conrad C	12	NLSC-AK	4:53.93
7	Kuharich, Larry C	14	KKW-AK	5:15.79
8	Alioto, Dominic J	16	PPST-AK	5:20.01
9	Prevost, Jeffrey R	15	VTSC-AK	4:54.32 B

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Event 17 Girls 400 Yard Medley Relay

Open Rec: 3:58.16 3/24/2014 Glacier Swim Club			
Team	Relay	Seed Time	
1 NLSC-AK	A	4:03.43	
2 CAC-AK	A	4:06.01	
3 AST-AK	A	4:06.20	
4 KSC-AK	A	4:16.12	
5 NLSC-AK	B	4:19.05	
6 AST-AK	B	4:23.50	
7 MSST-AK	A	4:25.54	
8 YMCA-AK	A	4:27.16	
9 NLSC-AK	C	4:27.46	

Event 18 Boys 400 Yard Medley Relay

Open Rec: 3:32.11 4/22/2016 Northern Lights Swim Club			
Team	Relay	Seed Time	
1 NLSC-AK	A	3:27.76	
2 NLSC-AK	B	3:40.50	
3 AST-AK	A	3:40.89	
4 CAC-AK	A	3:44.75	
5 PPST-AK	A	3:53.63	
6 NLSC-AK	C	3:54.38	
7 SST-AK	A	4:00.65	
8 NLSC-AK	D	4:05.50	
9 YMCA-AK	A	4:20.92	
10 VTSC-AK	A	NT	

Event 19 Girls 200 Yard Freestyle Relay

Open Rec: 1:35.60 12/5/2014 Unattached			
Team	Relay	Seed Time	
1 AST-AK	A	1:39.88	
2 NLSC-AK	A	1:43.16	
3 KSC-AK	A	1:44.95	
4 AST-AK	B	1:46.24	
5 CAC-AK	A	1:46.56	
6 NLSC-AK	B	1:46.60	
7 MSST-AK	A	1:48.48	
8 YMCA-AK	A	1:49.84	

Event 20 Boys 200 Yard Freestyle Relay

Open Rec: 1:25.12 4/15/2010 Northern Lights Swim Club			
Team	Relay	Seed Time	
1 NLSC-AK	A	1:25.48	
2 AST-AK	A	1:30.68	
3 NLSC-AK	B	1:31.93	
4 CAC-AK	A	1:33.82	
5 NLSC-AK	C	1:35.99	
6 PPST-AK	A	1:36.57	
7 SST-AK	A	1:39.24	
8 YMCA-AK	A	1:51.38	
9 VTSC-AK	A	NT	

Event 21 Girls 200 Yard IM

2019 AK SR Q: 2:26.99					
Open Rec: 2:03.61 11/7/2014 Tahna Lindquist					
2:26.99 AKSR AK Sr. Champs					
Meet Qualifying: 2:26.99					
Name	Age	Team	Seed Time		
1 Jacoby, Lydia A	14	STSC-AK	2:09.31	AKSR	
2 Powers, Izzy N	17	AST-AK	2:09.43	AKSR	
3 Cheng, Summer A	15	NLSC-AK	2:10.93	AKSR	
4 Story, Madison C	15	KSC-AK	2:13.65	AKSR	
5 McCarter, Katy A	15	MSST-AK	2:15.18	AKSR	
6 Mattson, Alexis D	16	NLSC-AK	2:16.61	AKSR	
7 Willis, Breckynn B	16	AST-AK	2:17.00	AKSR	
8 Katchen, Hannah B	13	NLSC-AK	2:19.56	AKSR	
9 Snyder, Madison P	14	SSS-AK	2:21.76	AKSR	
10 Keen, Gracie A	17	CAC-AK	2:22.81	AKSR	
11 Dorris, Ryann A	15	AST-AK	2:23.19	AKSR	
12 Murrah, Lylah P	14	UN-AK	2:23.49	AKSR	
13 Ratcliffe, Anna A	17	AST-AK	2:24.03	AKSR	
14 Congdon, Bret A	18	YMCA-AK	2:24.38	AKSR	
15 Bristor, Samantha S	14	MSST-AK	2:24.68	AKSR	
16 Anderson, Jasmine J	13	YMCA-AK	2:25.20	AKSR	
17 Petersen, Ashtyn M	17	NLSC-AK	2:25.78	AKSR	
18 Lovell, Billi E	13	VTSC-AK	2:27.14		
19 McLaughlin, Molly D	15	NLSC-AK	2:28.03		
20 Romsper, Kasey J	15	NLSC-AK	2:28.46		
21 Dittlinger, Brooke F	15	AST-AK	2:29.74		
22 Rogers, Anna Grace B	15	NLSC-AK	2:29.75		
23 Roberts, Renee M	14	WSC-AK	2:30.33		
24 Creglow, Katie R	17	SSS-AK	2:30.96		
25 Nelson, Carly W	13	KSC-AK	2:31.01		
26 Nelson, Taylor J	16	NLSC-AK	2:31.10		
27 Blanton-Yourkowski, Ella M	15	KSC-AK	2:32.88		
28 Ferguson, Ally K	14	NLSC-AK	2:33.05		
29 McLaughlin, Megan S	13	NLSC-AK	2:33.65		
30 Bailey, Ella S	16	MSST-AK	2:36.75		
31 Mock, Lillie E	13	MSST-AK	2:38.21		

Event 22 Boys 200 Yard IM

2019 AK SR Q: 2:17.19					
Open Rec: 1:49.74 2/23/2011 Caleb Severns					
2:17.19 AKSR AK Sr. Champs					
Meet Qualifying: 2:17.19					
Name	Age	Team	Seed Time		
1 Law, Caleb H	17	NLSC-AK	1:55.94	AKSR	
2 Price, Nicholas R	15	NLSC-AK	2:00.71	AKSR	
3 Heaphy, Matthew T	15	CAC-AK	2:00.74	AKSR	
4 Kolberg, Konnor D	16	NLSC-AK	2:03.63	AKSR	
5 Wisdom, Tavner J	15	NLSC-AK	2:05.18	AKSR	
6 Kwon, Ethan	17	NLSC-AK	2:08.26	AKSR	
7 Keen, Josiah A	15	CAC-AK	2:09.42	AKSR	
8 Poulin, Koda R	14	PPST-AK	2:10.47	AKSR	
9 Kolberg, Karson W	13	NLSC-AK	2:11.40	AKSR	
10 Carpenter, Austin F	17	NLSC-AK	2:11.49	AKSR	
11 Blackstone, Jimmy M	15	CAC-AK	2:13.24	AKSR	

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Event 22 ... (Boys 200 Yard IM)

	Name	Age	Team	Seed Time	
12	Cowin, Jonathan J	15	NLSC-AK	2:14.03	AKSR
13	Carhart, Alexander A	17	YMCA-AK	2:14.81	AKSR
14	Alioto, Dominic J	16	PPST-AK	2:15.28	AKSR
15	Korhonen, Ryan J	16	SST-AK	2:17.51	
16	Werdin-Kennicott, Sebiyam E	16	MSST-AK	2:21.42	
17	Rapanut, Caleb S	14	CAC-AK	2:21.77	
18	Billings, Andrew John J	14	NLSC-AK	2:21.82	
19	Wiese, Julien	17	YMCA-AK	2:23.94	
20	Kuharich, Larry C	14	KKW-AK	2:25.77	
21	Merle, Tyler P	16	KKW-AK	2:34.61	
22	Randall, Chase A	15	VTSC-AK	2:18.63	B
23	Shirk, Piers E	13	VTSC-AK	2:23.97	B
24	Prevost, Jeffrey R	15	VTSC-AK	2:24.11	B
25	Rolph, Owen M	15	PPST-AK		NT
26	Bartz, Ethan J	17	NLSC-AK		NT
27	Kompsie, Robert O	17	AST-AK		NT

Event 23 Girls 100 Yard Freestyle

2019 AK SR Q: 1:00.69

Open Rec: 50.13 4/25/2013 Ila Hughes

1:00.69 AKSR AK Sr. Champs

Meet Qualifying: 1:00.69

	Name	Age	Team	Seed Time	
1	Powers, Izzy N	17	AST-AK	52.18	AKSR
2	Kowatch, Dreamer E	15	AST-AK	52.49	AKSR
3	Congdon, Bret A	18	YMCA-AK	53.19	AKSR
4	McCarter, Katy A	15	MSST-AK	53.64	AKSR
5	Mercer, Ellie P	16	CAC-AK	53.86	AKSR
6	Cheng, Aubrey J	15	NLSC-AK	54.12	AKSR
7	Willis, Breckynn B	16	AST-AK	54.24	AKSR
8	Story, Madison C	15	KSC-AK	54.55	AKSR
9	Terry, Mikayla Z	17	AST-AK	55.30	AKSR
10	Roberts, Renee M	14	WSC-AK	56.64	AKSR
11	Jacoby, Lydia A	14	STSC-AK	57.16	AKSR
12	Nelson, Taylor J	16	NLSC-AK	57.25	AKSR
13	Ratcliffe, Anna A	17	AST-AK	57.43	AKSR
14	Murrah, Lylah P	14	UN-AK	57.63	AKSR
15	Rogers, Anna Grace B	15	NLSC-AK	57.65	AKSR
16	Boyce, Hannah E	13	AST-AK	57.91	AKSR
17	Secor, Blaque I	13	SST-AK	58.04	AKSR
18	Berry, Adeline E	15	KSC-AK	58.05	AKSR
19	Beck, Maria	17	NLSC-AK	58.12	AKSR
20	Blanton-Yourkowski, Ella M	15	KSC-AK	58.22	AKSR
21	Romspert, Kasey J	15	NLSC-AK	58.37	AKSR
22	Bristor, Samantha S	14	MSST-AK	58.54	AKSR
23	Cook, Jeannie M	15	MSST-AK	59.00	AKSR
24	Anderson, Jasmine J	13	YMCA-AK	59.24	AKSR
25	Willequer, Tempest M	15	CAC-AK	59.43	AKSR
26	Mock, Lillie E	13	MSST-AK	59.54	AKSR
27	Burgan, Naomi A	15	YMCA-AK	59.57	AKSR
28	McCallum, Meah E	13	SST-AK	59.64	AKSR
29	Taylor, Emily	14	AST-AK	59.70	AKSR
30	Thompson, Shelby E	16	CAC-AK	59.77	AKSR
31	Keen, Gracie A	17	CAC-AK	1:00.20	AKSR

32	Nelson, Carly W	13	KSC-AK	1:00.30	AKSR
33	Mattson, Alexis D	16	NLSC-AK	1:00.31	AKSR
34	Beltzer, Emma C	15	AST-AK	1:00.48	AKSR
35	Dittlinger, Brooke F	15	AST-AK	1:00.53	AKSR
36	Ferguson, Ally K	14	NLSC-AK	1:00.61	AKSR
37	Bailey, Ella S	16	MSST-AK	1:00.63	AKSR
38	Rupp, Evie M	13	SST-AK	1:01.63	
39	Hafele, Avery R	13	MSST-AK	1:01.76	
40	Pitsch, Rachael L	15	PPST-AK	1:02.63	
41	Menadelook, Brianna N	15	MSST-AK	1:03.00	
42	Burgan, Maya	13	YMCA-AK	1:03.06	
43	Petersen, Ashtyn M	17	NLSC-AK	1:04.21	

Event 24 Boys 100 Yard Freestyle

2019 AK SR Q: 56.29

Open Rec: 44.86 2/20/2014 Jeff Frey

56.29 AKSR AK Sr. Champs

Meet Qualifying: 56.29

	Name	Age	Team	Seed Time	
1	Law, Caleb H	17	NLSC-AK	46.08	AKSR
2	Horning, Samuel J	19	NLSC-AK	47.24	AKSR
3	Jarupakorn, Brian J	15	NLSC-AK	47.50	AKSR
4	Tatakis, Jesse J	16	AST-AK	47.79	AKSR
5	Heaphy, John P	18	CAC-AK	48.13	AKSR
6	Loudon, Christopher S	18	AST-AK	48.30	AKSR
7	Arndt, Clayton N	18	KSC-AK	48.94	AKSR
8	Addington, Max R	17	AST-AK	49.80	AKSR
9	Kolberg, Konnor D	16	NLSC-AK	50.17	AKSR
10	Wooten, Shawn L	26	NLSC-AK	50.41	AKSR
11	Kass, Fischer F	16	AST-AK	50.88	AKSR
12	Carpenter, Austin F	17	NLSC-AK	51.76	AKSR
13	Octuk, Alex A	15	AST-AK	51.97	AKSR
14	Cowin, Jonathan J	15	NLSC-AK	52.22	AKSR
15	Rolph, Owen M	15	PPST-AK	52.28	AKSR
16	Blackstone, Jimmy M	15	CAC-AK	52.95	AKSR
17	Siekawitch, Nikolai B	13	WSC-AK	53.47	AKSR
18	Stockdill, Brandon P	18	SST-AK	53.79	AKSR
19	Carhart, Alexander A	17	YMCA-AK	54.15	AKSR
20	Harnum, Kyan E	14	SST-AK	54.25	AKSR
21	Wiese, Julien	17	YMCA-AK	54.41	AKSR
22	Kenna, Aidan J	17	NLSC-AK	54.48	AKSR
23	Kuharich, Larry C	14	KKW-AK	54.87	AKSR
24	Maio, Vincent C	15	SST-AK	54.90	AKSR
25	Fawcett, Conrad C	12	NLSC-AK	55.02	AKSR
26	Kompsie, Robert O	17	AST-AK	55.65	AKSR
27	Korhonen, Ryan J	16	SST-AK	55.69	AKSR
28	Merle, Tyler P	16	KKW-AK	55.84	AKSR
29	Rodriguez, Skyler W	15	KSC-AK	56.51	
30	Adams, Wyatt J	27	NLSC-AK	56.65	
31	Werdin-Kennicott, Sebiyam E	16	MSST-AK	57.30	
32	Billings, Andrew John J	14	NLSC-AK	57.53	
33	Bagley, Trevor R	17	PPST-AK	58.07	
34	Rapanut, Caleb S	14	CAC-AK	58.54	
35	Baggen, Jimmy F	15	WSC-AK	58.67	
36	Prevost, Jeffrey R	15	VTSC-AK	56.65	B
37	Shirk, Piers E	13	VTSC-AK	57.13	B

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Event 24 ... (Boys 100 Yard Freestyle)

Name	Age	Team	Seed Time
38 Silveira, Isaiah P	15	VTSC-AK	57.22 B
39 Rhodes, Kaden J	15	NLSC-AK	NT
40 Bartz, Ethan J	17	NLSC-AK	NT

Event 25 Girls 200 Yard Butterfly

2019 AK SR Q: 2:25.79

Open Rec: 2:04.58 3/23/1993 Sara Fallico
2:25.79 AKSR AK Sr. Champs

Meet Qualifying: 2:25.79

Name	Age	Team	Seed Time
1 Kowatch, Dreamer E	15	AST-AK	2:07.54 AKSR
2 Borchardt, Kiara M	15	CAC-AK	2:20.07 AKSR
3 Dorris, Ryann A	15	AST-AK	2:22.14 AKSR
4 McLaughlin, Molly D	15	NLSC-AK	2:30.39
5 Rupp, Evie M	13	SST-AK	2:39.07

Event 26 Boys 200 Yard Butterfly

2019 AK SR Q: 2:15.69

Open Rec: 1:49.91 2/11/2011 Cody Brunnette
2:15.69 AKSR AK Sr. Champs

Meet Qualifying: 2:15.69

Name	Age	Team	Seed Time
1 Jarupakorn, Brian J	15	NLSC-AK	1:58.30 AKSR
2 Palmer, Noah J	18	MSST-AK	1:59.56 AKSR
3 Blackstone, Jimmy M	15	CAC-AK	2:04.91 AKSR
4 Rolph, Owen M	15	PPST-AK	2:06.14 AKSR
5 Octuk, Alex A	15	AST-AK	2:10.11 AKSR

Event 27 Girls 100 Yard Breaststroke

2019 AK SR Q: 1:15.99

Open Rec: 1:03.69 3/12/2014 Dakota Isaak
1:15.99 AKSR AK Sr. Champs

Meet Qualifying: 1:15.99

Name	Age	Team	Seed Time
1 Jacoby, Lydia A	14	STSC-AK	1:03.05 AKSR
2 Story, Madison C	15	KSC-AK	1:07.96 AKSR
3 Cheng, Summer A	15	NLSC-AK	1:08.32 AKSR
4 Mattson, Alexis D	16	NLSC-AK	1:08.78 AKSR
5 Morgan, Addy K	17	CAC-AK	1:09.95 AKSR
6 Anderson, Jasmine J	13	YMCA-AK	1:10.13 AKSR
7 Cook, Jeannie M	15	MSST-AK	1:11.16 AKSR
8 Keen, Gracie A	17	CAC-AK	1:11.98 AKSR
9 Creglow, Katie R	17	SSS-AK	1:12.13 AKSR
10 Beck, Maria	17	NLSC-AK	1:13.15 AKSR
11 Murrah, Lylah P	14	UN-AK	1:13.46 AKSR
12 Snyder, Madison P	14	SSS-AK	1:14.51 AKSR
13 Lovell, Billi E	13	VTSC-AK	1:14.69 AKSR
14 Cheng, Aubrey J	15	NLSC-AK	1:15.32 AKSR
15 Hafele, Avery R	13	MSST-AK	1:16.56
16 McLaughlin, Megan S	13	NLSC-AK	1:16.82
17 Nelson, Taylor J	16	NLSC-AK	1:18.57
18 Berry, Adeline E	15	KSC-AK	1:20.76
19 Romspert, Kasey J	15	NLSC-AK	1:20.90
20 Secor, Blaque I	13	SST-AK	1:22.06

21 Beltzer, Emma C	15	AST-AK	1:23.33
22 Roberts, Renee M	14	WSC-AK	1:23.71
23 Dittlinger, Brooke F	15	AST-AK	1:26.13
24 McCallum, Meah E	13	SST-AK	1:29.45
25 Menadelook, Brianna N	15	MSST-AK	1:35.20

Event 28 Boys 100 Yard Breaststroke

2019 AK SR Q: 1:09.79

Open Rec: 53.02 3/1/2012 Keegan Severns
1:09.79 AKSR AK Sr. Champs

Meet Qualifying: 1:09.79

Name	Age	Team	Seed Time
1 Heaphy, John P	18	CAC-AK	56.76 AKSR
2 Law, Caleb H	17	NLSC-AK	57.21 AKSR
3 Price, Nicholas R	15	NLSC-AK	1:00.12 AKSR
4 Wisdom, Tavner J	15	NLSC-AK	1:00.31 AKSR
5 Heaphy, Matthew T	15	CAC-AK	1:00.52 AKSR
6 Wito, Lucas J	20	NLSC-AK	1:01.75 AKSR
7 Kwon, Ethan	17	NLSC-AK	1:02.04 AKSR
8 Wiese, Julien	17	YMCA-AK	1:02.72 AKSR
9 Horning, Samuel J	19	NLSC-AK	1:03.19 AKSR
10 Keen, Josiah A	15	CAC-AK	1:03.34 AKSR
11 Adams, Wyatt J	27	NLSC-AK	1:04.11 AKSR
12 Tatakis, Jesse J	16	AST-AK	1:05.27 AKSR
13 Wooten, Shawn L	26	NLSC-AK	1:05.36 AKSR
14 Kolberg, Konnor D	16	NLSC-AK	1:05.72 AKSR
15 Arndt, Clayton N	18	KSC-AK	1:06.11 AKSR
16 Korhonen, Ryan J	16	SST-AK	1:06.15 AKSR
17 Jarupakorn, Brian J	15	NLSC-AK	1:06.95 AKSR
18 Billings, Andrew John J	14	NLSC-AK	1:07.43 AKSR
19 Bagley, Trevor R	17	PPST-AK	1:07.97 AKSR
20 Prevost, Jeffrey R	15	VTSC-AK	1:09.48 AKSR
21 Baggen, Jimmy F	15	WSC-AK	1:13.94
22 Siekawitch, Nikolai B	13	WSC-AK	1:14.19
23 Harnum, Kyan E	14	SST-AK	1:14.68
24 Rodriguez, Skyler W	15	KSC-AK	1:18.01
25 Randall, Chase A	15	VTSC-AK	1:10.41 B
26 Addington, Max R	17	AST-AK	NT

Event 29 Girls 200 Yard Backstroke

2019 AK SR Q: 2:23.39

Open Rec: 2:00.34 3/13/2013 Tahna Lindquist
2:23.39 AKSR AK Sr. Champs

Meet Qualifying: 2:23.39

Name	Age	Team	Seed Time
1 McCarter, Katy A	15	MSST-AK	2:10.18 AKSR
2 Cheng, Summer A	15	NLSC-AK	2:11.41 AKSR
3 Cheng, Aubrey J	15	NLSC-AK	2:14.46 AKSR
4 Mercer, Ellie P	16	CAC-AK	2:14.76 AKSR
5 Katchen, Hannah B	13	NLSC-AK	2:18.20 AKSR
6 Congdon, Bret A	18	YMCA-AK	2:19.06 AKSR
7 McLaughlin, Megan S	13	NLSC-AK	2:21.58 AKSR
8 McLaughlin, Molly D	15	NLSC-AK	2:22.60 AKSR
9 Willequer, Tempest M	15	CAC-AK	2:26.79
10 Rupp, Evie M	13	SST-AK	2:27.47
11 Taylor, Emily	14	AST-AK	2:27.50

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Event 29 ... (Girls 200 Yard Backstroke)

Name	Age	Team	Seed Time
12 Blanton-Yourkowski, Ella M	15	KSC-AK	2:28.10
13 Petersen, Ashtyn M	17	NLSC-AK	2:30.15
14 Mock, Lillie E	13	MSST-AK	2:36.59
15 Nelson, Carly W	13	KSC-AK	2:36.62

Event 30 Boys 200 Yard Backstroke

2019 AK SR Q: 2:14.69

Open Rec: 1:45.47 3/23/2011 Caleb Severns
2:14.69 AKSR AK Sr. Champs

Meet Qualifying: 2:14.69

Name	Age	Team	Seed Time
1 Carpenter, Austin F	17	NLSC-AK	2:02.74 AKSR
2 Price, Nicholas R	15	NLSC-AK	2:04.34 AKSR
3 Kolberg, Karson W	13	NLSC-AK	2:06.86 AKSR
4 Komsie, Robert O	17	AST-AK	2:13.33 AKSR
5 Keen, Josiah A	15	CAC-AK	2:14.00 AKSR
6 Stockdill, Brandon P	18	SST-AK	2:19.52
7 Rapanut, Caleb S	14	CAC-AK	2:20.05
8 Bagley, Trevor R	17	PPST-AK	2:20.74
9 Maio, Vincent C	15	SST-AK	2:26.00
10 Shirk, Piers E	13	VTSC-AK	2:22.00 B
11 Silveira, Isaiah P	15	VTSC-AK	2:23.03 B
12 Rhodes, Kaden J	15	NLSC-AK	NT

Event 31 Girls 500 Yard Freestyle

2019 AK SR Q: 5:50.89

Open Rec: 4:53.50 11/7/2014 Tahna Lindquist
5:50.89 AKSR AK Sr. Champs

Meet Qualifying: 5:50.89

Name	Age	Team	Seed Time
1 Kowatch, Dreamer E	15	AST-AK	5:12.73 AKSR
2 Dorris, Ryann A	15	AST-AK	5:24.05 AKSR
3 Burgan, Naomi A	15	YMCA-AK	5:30.87 AKSR
4 McCallum, Meah E	13	SST-AK	5:38.36 AKSR
5 Boyce, Hannah E	13	AST-AK	5:40.63 AKSR
6 Secor, Blaque I	13	SST-AK	5:41.18 AKSR
7 Bristol, Samantha S	14	MSST-AK	5:44.25 AKSR
8 Cook, Jeannie M	15	MSST-AK	5:45.93 AKSR
9 Snyder, Madison P	14	SSS-AK	5:46.73 AKSR
10 Hafele, Avery R	13	MSST-AK	5:47.07 AKSR
11 Pitsch, Rachael L	15	PPST-AK	5:48.86 AKSR
12 Berry, Adeline E	15	KSC-AK	5:51.21
13 Bailey, Ella S	16	MSST-AK	5:59.65
14 Rogers, Anna Grace B	15	NLSC-AK	6:01.09
15 Burgan, Maya	13	YMCA-AK	6:02.87
16 Beltzer, Emma C	15	AST-AK	6:19.17
17 Lovell, Billi E	13	VTSC-AK	6:08.17 B

Event 32 Boys 500 Yard Freestyle

2019 AK SR Q: 5:31.39

Open Rec: 4:34.02 3/12/2014 Michael Summers
5:31.39 AKSR AK Sr. Champs

Meet Qualifying: 5:31.39

Name	Age	Team	Seed Time
1 Palmer, Noah J	18	MSST-AK	4:42.58 AKSR
2 Octuk, Alex A	15	AST-AK	4:53.58 AKSR
3 Loudon, Christopher S	18	AST-AK	5:00.84 AKSR
4 Wisdom, Tavner J	15	NLSC-AK	5:05.58 AKSR
5 Poulin, Koda R	14	PPST-AK	5:09.85 AKSR
6 Kwon, Ethan	17	NLSC-AK	5:10.01 AKSR
7 Fawcett, Conrad C	12	NLSC-AK	5:11.42 AKSR
8 Carhart, Alexander A	17	YMCA-AK	5:12.56 AKSR
9 Kolberg, Karson W	13	NLSC-AK	5:13.69 AKSR
10 Kenna, Aidan J	17	NLSC-AK	5:18.85 AKSR
11 Harnum, Kyan E	14	SST-AK	5:33.29
12 Maio, Vincent C	15	SST-AK	5:33.60
13 Werdin-Kennicott, Sebiyam E	16	MSST-AK	5:38.83
14 Kass, Fischer F	16	AST-AK	5:42.00
15 Baggen, Jimmy F	15	WSC-AK	5:59.41
16 Kuharich, Larry C	14	KKW-AK	6:00.62
17 Merle, Tyler P	16	KKW-AK	6:26.99
18 Silveira, Isaiah P	15	VTSC-AK	6:03.04 B
19 Randall, Chase A	15	VTSC-AK	6:38.76 B
20 Alioto, Dominic J	16	PPST-AK	NT
21 Stockdill, Brandon P	18	SST-AK	NT
22 Rhodes, Kaden J	15	NLSC-AK	NT
23 Bartz, Ethan J	17	NLSC-AK	NT

Event 33 Girls 400 Yard Freestyle Relay

Open Rec:	3:31.83	12/7/2014	Unattached
Team	Relay	Seed Time	
1 AST-AK	A	3:34.21	
2 NLSC-AK	A	3:44.59	
3 KSC-AK	A	3:51.12	
4 MSST-AK	A	3:52.35	
5 AST-AK	B	3:52.53	
6 CAC-AK	A	3:53.22	
7 NLSC-AK	B	3:56.85	
8 YMCA-AK	A	3:57.28	
9 NLSC-AK	C	4:12.79	

Event 34 Boys 400 Yard Freestyle Relay

Open Rec: 3:09.70 11/14/1998		Aurora Swim Team	
Team	Relay	Seed Time	
1 NLSC-AK	A	3:10.99	
2 AST-AK	A	3:16.86	
3 NLSC-AK	B	3:25.95	
4 CAC-AK	A	3:29.03	
5 NLSC-AK	C	3:36.74	
6 SST-AK	A	3:38.63	
7 YMCA-AK	A	3:59.76	

2019 Region XIV Alaska Senior Championships - 1/25/2019 to 1/27/2019

2019 Region XIV Alaska Senior Championships

Kate Kuhns Aquatic Center Homer, AK

Psych Sheet

Event 34 ... (Boys 400 Yard Freestyle Relay)

	Team	Relay	Seed Time
8	VTSC-AK	A	NT

Event 35 Girls 200 Yard Medley Relay

Open Rec: 1:47.86 11/3/2007 SEAK

Jenna Rutecki, Lia Heifetz, Melissa Bogert, Sara B

	Team	Relay	Seed Time
1	CAC-AK	A	1:53.00
2	AST-AK	A	1:57.49
3	YMCA-AK	A	1:57.93
4	NLSC-AK	A	1:58.04
5	AST-AK	B	2:00.00
6	NLSC-AK	B	2:00.01
7	KSC-AK	A	2:00.10
8	MSST-AK	A	2:07.40

Event 36 Boys 200 Yard Medley Relay

Open Rec: 1:36.29 11/7/2015 Unattached

	Team	Relay	Seed Time
1	CAC-AK	A	1:41.00
2	AST-AK	A	1:42.00
3	NLSC-AK	A	1:42.02
4	NLSC-AK	B	1:45.95
5	NLSC-AK	C	1:50.05
6	KSC-AK	A	1:54.19
7	SST-AK	A	1:54.95
8	YMCA-AK	A	2:02.22
9	VTSC-AK	A	NT

Event 921 Mixed 200 Yard Freestyle Relay

	Team	Relay	Seed Time
1	MSST-AK	A	1:42.14
2	AST-AK	A	1:42.98
3	SST-AK	A	1:43.13
4	KSC-AK	A	1:46.22
5	NLSC-AK	A	1:46.75
6	NLSC-AK	B	1:48.42
7	VTSC-AK	A	NT

Event 922 Mixed 200 Yard Medley Relay

	Team	Relay	Seed Time
1	NLSC-AK	A	1:50.05
2	AST-AK	A	1:52.00
3	NLSC-AK	B	1:55.55
4	MSST-AK	A	1:56.22
5	SST-AK	A	1:58.51
6	KSC-AK	A	2:00.00
7	VTSC-AK	A	NT