

**2018 WISHBONE INVITATIONAL**  
**November 9-11, 2018**  
Sanction #AK-201819 Hosted by Midnight Sun Swim Team

**Sanction:** Under sanction # AK-201819-14 by USA Swimming and Alaska Swimming, Inc. (ASI).

**Location:** Hamme Pool, 901 Airport Way, Fairbanks, AK 99701

**Facility:** Six (6) lane, 25 yard competition pool, divided by Kiefer Flo-thru lane lines. International Sports Timing system with touch pads, six (6) lane display, one button manual back-up, one hand held digital watch per lane and horn/strobe light start. This pool is not currently certified by USAS. Pool depth at Start end is 5 feet and 4 feet at turn end.

<b>Meet Time:</b>	<u><b>Warm-ups</b></u>	<u><b>Start</b></u>
Friday Night	<b>5:00 pm</b>	<b>6:00 pm</b>
Saturday	<b>9:00 am</b>	<b>10:00am</b>
Sunday	<b>9:00 am</b>	<b>10:00 am</b>

Officials Meeting (Sat & Sun)	<b>9:30 am – 9:45 am</b>
Coaches Meeting (Sat)	<b>9:45 am – 10:00 am</b>

Warm ups will be conducted in accordance with USAS and ASI warm-up/warm down procedures as outlined in ASI Rules & Regulations, Appendix, page 39. Warm-ups will be swum as open warm-ups, without assigned lanes for teams.

Each team is requested to provide Clerk of Course with a list of scratches for prelims by 8:30am. There are no penalties for late scratches. However, meet management is facilitated if scratches can be noted before the meet begins. Scratches from finals should be made within the timeframe announced when finals qualifiers are announced.

Time trials may be conducted during the break on Saturday and Sunday at the discretion of meet management. Swimmers may swim a maximum of six (6) time trial event per day. In a timed finals meet a swimmer may compete in not more than six (6) individual events per day. **There will be an up-front charge for each time trial entry of \$2.50** (per Alaska Swimming Rules & Regulations, Articles 1.A.8.f and 2.A) **which must be paid before the time trial is swum.** Time trials will be swum under blanket sanction #AK-201819-14. A coach desiring to time trial a swimmer shall make a request to the meet director; the deadline for requests is 11am on the day the swimmer wishes to swim a time trial. The meet directors and meet referee shall determine the timing and feasibility for conducting the time trial. There shall be no guarantee that a requested time trial event will occur. Swimmers wishing to swim long events are expected to swim them as part of the meet, these will NOT be swum as time trials.

**Eligibility:** Open to all USAS registered swimmers. Please note: Per ASI rules, swimmers may not be allowed to swim in the meet unless a signed coach's verification form has been received. (Available on ASI website: [www.akswimming.org](http://www.akswimming.org)). Swimmers must swim in the age group corresponding to their age on the first day of the meet.

**Adaptive**

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**Swimmers:** Disabled or adapted swimmers are welcome and encouraged to participate. Coaches should include a written description of the special needs of the disabled/adaptive swimmer with the team entries. Questions regarding final assignment within specified heats should be brought to the attention of the Meet Referee.

**Rules:**

1. Current USAS and ASI Rules & Regulations govern this meet and take precedence over any item contained in this invite.
2. This will be a timed final meet.
3. Swimmers entering the 1650 Freestyle, 500 Freestyle, or 1000 Freestyle must supply their own lap counters and lane timers.
4. Events will be swim slowest to fastest, with the exception of the 1650 Freestyle and 500 Freestyle, which will be swum fastest to slowest. These events will be deck seeded with positive check in 30 minutes prior to the start of the day's competition. Male and female swimmers should be prepared to swim these events according to their times rather than age or gender (Alaska Swimming, Article 3.A.3.)
5. The diving well will be open for warm-up and warm-down during the meet.
6. Coaches please scratch those swimmers that you know will not be competing in the meet as soon as possible to ensure a smooth flow at the clerk of course. Scratch procedures will be as shown on page 6 of the Alaska Swim Guide for events seeded on deck.
7. Heats shall be combined whenever possible. Scoring shall be adjusted for age and gender.
8. Horn and Strobe starts will be used.
9. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement (USA Swimming rules, 202.4.10 D).
10. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event (USA Swimming rules, 202.4.10 L).

**Pool Rules:**

1. No glass on deck at any time.
2. No shaving allowed on site.
3. Per USAS and ASD regulations, smoking or use of other tobacco products is NOT permitted before, during, or after the meet in any area on the deck, in the pool building, or outside, adjacent to the pool building.
4. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms (USA Swimming rules, 202.4.10 H).
5. Deck changes are prohibited (USA Swimming rules, 202.4.10 I).
6. No flash photography is permitted at the start of any event.
7. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker

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rooms) any time athletes, coaches, officials and/or spectators are present (USA Swimming rules, 202.4.10 J.

8. The competition course has not been certified in accordance with 104.2.2C(4).

**Scoring:** Events will be scored through 6th place in accordance with USA Swimming rules, 102.25.3 (7-5-4-3-2-1), Relays (14-10-8-6-4-2).

**Awards:** Ribbons will be awarded 1<sup>st</sup> through 6th place finishers in each event. Highpoint will be awarded. Awards will be given for the following age groups: 10 & Under, 11-12, 13-14, and 15 & Over.

**Entry Date:** Entries must be emailed no later than 6:00 pm Thursday, November 1, 2018. A list of coaches that will be on deck during the meet MUST be supplied with the entries for each team. NO LATE ENTRIES OR DECK ENTRIES WILL BE ALLOWED.

- Entries:**
1. Each swimmer may enter no more than six (6) individual events on Saturday, and four (4) individual events on Sunday. Entries must be submitted by Hy-tek file, sent by e-mail.
  2. A pre-built .HYV file for this meet is available on the MSST website (<http://www.teamunify.com/Home.jsp?team=asmst>).
  3. Entry seed times must be submitted for a short course yards times must be submitted to the hundredth.
  4. A current USAS registration number for each athlete must be provided with all entries.
  5. Teams must submit the following prior to the beginning of the meet:
    - a. Hy-tek meet entry report
    - b. Hy-tek team entry fee report
    - c. Coach/Swimmer USAS Membership Verification form
    - d. Entry Fees
  6. **Entry fees are nonrefundable.**

<b>Entry Fees:</b>	Facility charge per swimmer	\$18.00
	Entry fee per swimmer	\$3.50
	Individual event fee	\$2.50
	Relay Fee	\$5.50

**Make checks made Payable to Midnight Sun Swim Team**

**Check needs to be submitted to Meet Management on the First Day of the Meet.**

**Submit to:** Kaylene Ottoson  
P.O. Box 73205  
Fairbanks, AK 99707

**E-Mail Entries:** [kayleneottoson@gmail.com](mailto:kayleneottoson@gmail.com)

**Meet Directors:** Kaylene Ottoson [Kayleneottoson@gmail.com](mailto:Kayleneottoson@gmail.com)

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**Meet Referee:** Robin Mills [rmills2112@gmail.com](mailto:rmills2112@gmail.com)

**Safety Marshall:** Tim Bristor [timbristor@gci.net](mailto:timbristor@gci.net)

**Admin Referee:** Diane BeShears [dbeshears@pavingproductsalaska.com](mailto:dbeshears@pavingproductsalaska.com)

**Housing:** NA

**Concessions:** A light concession stand will be available.

**General Info:** Each team accepting the invitation is requested to provide two (2) timers per session with adequate substitution of individuals to complete the meet.

**Meet Schedule**

<u>Girls</u>	<u>Friday, Nov. 17th</u>	<u>Boys</u>
1	Open 1000 Free	2
3	Open 400 IM	4
5	12 & U 500 Free	6

<u>Girls</u>	<u>Saturday, Nov. 18<sup>th</sup></u>	<u>Boys</u>
7	Open 200 Medley Relay	8
9	12 & U 50 Back	10
11	Open 200 Free	12
13	Open 100 Fly	14
15	12 & U 50 Breast	16
17	Open 50 Free	18
19	Open 200 Breast	20
21	Open 100 Back	22

<u>Girls</u>	<u>Sunday, Nov. 19<sup>th</sup></u>	<u>Boys</u>
23	Open 200 Free Relay	24
25	Open 200 Fly	26
27	Open 100 Breast	28
29	12 & U 50 Fly	30
31	Open 200 IM	32
33	12 & U 100 IM	34
35	Open 100 Free	36
37	Open 200 Back	38
39	13 & Over 500 Free	40