

2020 Alaska Senior Championship - 1/24/2020 to 1/26/2020**Sanction #: AK-201920-06****Session Report**

Session: 1 Friday Timed Final

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 800 Freestyle	18	3 u	06:00 PM	_____
Finals	2 Men 1500 Freestyle	11	2 u	06:35 PM	_____
	Break: 15 Minutes:				
Finals	3 Women 800 Freestyle Relay	13	2	07:31 PM	_____
Finals	4 Men 800 Freestyle Relay	11	2	07:53 PM	_____
	Swimmers Counts for Warm-ups: 61	=====	=====		
	Entry / Heat Totals:	53	9		
	Finish Time			08:14 PM	_____

2020 Alaska Senior Championship - 1/24/2020 to 1/26/2020**Sanction #: AK-201920-06****Session Report**

Session: 2 Saturday Prelims

Day of Meet: 2 Starts at 10:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	5 Women 200 Freestyle	47	6	10:00 AM	_____
Prelims	6 Men 200 Freestyle	48	6	10:18 AM	_____
	Break: 10 Minutes:				
Prelims	7 Women 100 Backstroke	34	5	10:43 AM	_____
Prelims	8 Men 100 Backstroke	28	4	10:53 AM	_____
	Break: 10 Minutes:				
Prelims	9 Women 200 Breaststroke	19	3	11:11 AM	_____
Prelims	10 Men 200 Breaststroke	24	3	11:22 AM	_____
	Break: 10 Minutes:				
Prelims	11 Women 100 Butterfly	29	4	11:42 AM	_____
Prelims	12 Men 100 Butterfly	41	6	11:49 AM	_____
	Break: 10 Minutes:				
Prelims	13 Women 50 Freestyle	58	8	12:08 PM	_____
Prelims	14 Men 50 Freestyle	65	9	12:15 PM	_____
	Break: 10 Minutes:				
Prelims	15 Women 400 IM	14	2	12:33 PM	_____
Prelims	16 Men 400 IM	10	2	12:46 PM	_____
	Break: 10 Minutes:				
Finals	17 Women 400 Medley Relay	13	2	01:08 PM	_____
Finals	18 Men 400 Medley Relay	12	2	01:20 PM	_____
	Swimmers Counts for Warm-ups: 154	=====	=====		
	Entry / Heat Totals:	442	62		
	Finish Time			01:31 PM	_____

2020 Alaska Senior Championship - 1/24/2020 to 1/26/2020**Sanction #: AK-201920-06****Session Report**

Session: 3 Saturday Finals

Day of Meet: 2 Starts at 04:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	5 Women 200 Freestyle	16	2 u	04:00 PM	_____
Finals	6 Men 200 Freestyle	16	2 u	04:07 PM	_____
	Break: 10 Minutes:				
Finals	7 Women 100 Backstroke	16	2 u	04:23 PM	_____
Finals	8 Men 100 Backstroke	16	2 u	04:28 PM	_____
	Break: 10 Minutes:				
Finals	9 Women 200 Breaststroke	16	2 u	04:43 PM	_____
Finals	10 Men 200 Breaststroke	16	2 u	04:51 PM	_____
	Break: 10 Minutes:				
Finals	11 Women 100 Butterfly	16	2 u	05:08 PM	_____
Finals	12 Men 100 Butterfly	16	2 u	05:13 PM	_____
	Break: 10 Minutes:				
Finals	13 Women 50 Freestyle	16	2 u	05:27 PM	_____
Finals	14 Men 50 Freestyle	16	2 u	05:30 PM	_____
	Break: 10 Minutes:				
Finals	15 Women 400 IM	14	2 u	05:43 PM	_____
Finals	16 Men 400 IM	10	2 u	05:56 PM	_____
	Break: 10 Minutes:				
Finals	19 Women 200 Freestyle Relay	10	2	06:19 PM	_____
Finals	20 Men 200 Freestyle Relay	11	2	06:25 PM	_____
Finals	21 Mixed 200 Freestyle Relay	11	2	06:31 PM	_____
	Swimmers Counts for Warm-ups: 121	=====	=====		
	Entry / Heat Totals:	216	30		
	Finish Time			06:37 PM	_____

2020 Alaska Senior Championship - 1/24/2020 to 1/26/2020**Sanction #: AK-201920-06****Session Report**

Session: 4 Sunday Prelims

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	23 Women 200 IM	42	6	09:00 AM	_____
Prelims	24 Men 200 IM	40	5	09:20 AM	_____
	Break: 10 Minutes:				
Prelims	25 Women 100 Freestyle	56	7	09:45 AM	_____
Prelims	26 Men 100 Freestyle	60	8	09:55 AM	_____
	Break: 10 Minutes:				
Prelims	27 Women 200 Butterfly	9	2	10:17 AM	_____
Prelims	28 Men 200 Butterfly	10	2	10:23 AM	_____
	Break: 10 Minutes:				
Prelims	29 Women 100 Breaststroke	27	4	10:40 AM	_____
Prelims	30 Men 100 Breaststroke	35	5	10:48 AM	_____
	Break: 10 Minutes:				
Prelims	31 Women 200 Backstroke	28	4	11:06 AM	_____
Prelims	32 Men 200 Backstroke	21	3	11:20 AM	_____
	Break: 10 Minutes:				
Prelims	33 Women 400 Freestyle	33	5	11:40 AM	_____
Prelims	34 Men 400 Freestyle	35	5	12:10 PM	_____
	Break: 5 Minutes:				
Finals	35 Women 400 Freestyle Relay	14	2	12:42 PM	_____
Finals	36 Men 400 Freestyle Relay	11	2	12:52 PM	_____
	Swimmers Counts for Warm-ups: 151	=====	=====		
	Entry / Heat Totals:	421	60		
	Finish Time			01:01 PM	_____

2020 Alaska Senior Championship - 1/24/2020 to 1/26/2020**Sanction #: AK-201920-06****Session Report**

Session: 5 Sunday Finals

Day of Meet: 3 Starts at 03:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	23 Women 200 IM	16	2 u	03:00 PM	_____
Finals	24 Men 200 IM	16	2 u	03:08 PM	_____
	Break: 10 Minutes:				
Finals	25 Women 100 Freestyle	16	2 u	03:25 PM	_____
Finals	26 Men 100 Freestyle	16	2 u	03:29 PM	_____
	Break: 10 Minutes:				
Finals	27 Women 200 Butterfly	9	2 u	03:43 PM	_____
Finals	28 Men 200 Butterfly	10	2 u	03:50 PM	_____
	Break: 10 Minutes:				
Finals	29 Women 100 Breaststroke	16	2 u	04:07 PM	_____
Finals	30 Men 100 Breaststroke	16	2 u	04:12 PM	_____
	Break: 10 Minutes:				
Finals	31 Women 200 Backstroke	16	2 u	04:26 PM	_____
Finals	32 Men 200 Backstroke	16	2 u	04:34 PM	_____
	Break: 10 Minutes:				
Finals	33 Women 400 Freestyle	16	2 u	04:51 PM	_____
Finals	34 Men 400 Freestyle	16	2 u	05:03 PM	_____
	Break: 5 Minutes:				
Finals	37 Women 200 Medley Relay	10	2	05:19 PM	_____
Finals	38 Men 200 Medley Relay	11	2	05:27 PM	_____
Finals	39 Mixed 200 Medley Relay	11	2	05:34 PM	_____
	Swimmers Counts for Warm-ups: 114	=====	=====		
	Entry / Heat Totals:	211	30		
	Finish Time			05:41 PM	_____