



WOMEN'S SWIMMING & DIVING

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April 1, 2016

2015-16 California Season-Best List

50-yard Freestyle (NCAA A: 21.86; NCAA B: 22.99)

1. Farida Osman.....!*21.32.....2/25/16.....at Pac-12 Champs
2. Amy Bilquist.....^22.10.....2/25/16.....at Pac-12 Champs
3. Valerie Hull.....^22.24.....2/25/16.....at Pac-12 Champs
4. Kristen Vredeveld.....^22.30.....2/25/16.....at Pac-12 Champs
5. Noemie Thomas.....^22.91.....2/25/16.....at Pac-12 Champs
6. Rachael Acker.....23.06.....2/25/16.....at Pac-12 Champs
7. Katie McLaughlin.....23.11.....12/3/15.....at Winter Nationals
8. Rachel Bootsma.....23.24.....1/16/16.....at Austin Pro Series
9. Jasmine Mau.....24.10.....11/13/15.....at Minn. Pro Series
10. Catherine Ladd.....24.18.....1/22/16.....vs. Arizona

100-yard Freestyle (NCAA A: 47.79; NCAA B: 49.99)

1. Farida Osman.....*47.20.....2/27/16.....at Pac-12 Champs
2. Amy Bilquist.....^48.02.....2/27/16.....at Pac-12 Champs
3. Rachel Bootsma.....^48.24.....3/19/16.....at NCAA Champs
4. Kristen Vredeveld.....^48.51.....2/27/16.....at Pac-12 Champs
5. Rachael Acker.....^48.81.....2/27/16.....at Pac-12 Champs
6. Katie McLaughlin.....^49.06.....2/27/16.....at Pac-12 Champs
7. Valerie Hull.....^49.07.....2/27/16.....at Pac-12 Champs
8. Elizabeth Pelton.....^49.95.....1/15/16.....at Austin Pro Series
9. Celina Li.....50.64.....2/13/16.....at Stanford
10. Catherine Ladd.....50.85.....12/5/15.....at Winter Nationals

200-yard Freestyle (NCAA A: 1:43.82; NCAA B: 1:47.99)

1. Kathleen Baker.....^1:43.99.....3/16/16.....at NCAA Champs
2. Elizabeth Pelton.....^1:44.59.....2/26/16.....at Pac-12 Champs
3. Rachael Acker.....^1:45.56.....3/18/16.....at NCAA Champs
4. Katie McLaughlin.....^1:46.20.....11/12/15.....at Minn. Pro Series
5. Amy Bilquist.....^1:47.12.....1/29/16.....at USC
6. Kelly Naze.....1:48.08.....1/16/16.....at Austin Pro Series
7. Catherine Ladd.....1:48.17.....2/26/16.....at Pac-12 Champs
8. Valerie Hull.....1:48.67.....2/26/16.....at Pac-12 Champs
9. Rachel Bootsma.....1:48.81.....2/13/16.....at Stanford
9. Jenna Campbell.....1:48.81.....12/6/15.....at Winter Nationals

500-yard Freestyle (NCAA A: 4:36.30; NCAA B: 4:47.79)

1. Kathleen Baker.....^4:45.49.....1/29/16.....at USC
2. Marina Garcia.....4:49.75.....2/25/16.....at Pac-12 Champs
3. Katie McLaughlin.....4:50.40.....10/15/15.....vs. Utah
4. Celina Li.....4:52.78.....1/29/16.....at USC
5. Elizabeth Pelton.....4:53.21.....1/22/16.....vs. Arizona
6. Jenna Campbell.....4:54.24.....12/6/15.....at Winter Nationals
7. Catherine Ladd.....4:56.70.....2/25/16.....at Pac-12 Champs
8. Kelly Naze.....4:58.05.....10/15/15.....vs. Utah
9. Rachel Bootsma.....5:01.90.....10/10/15.....at Washington State
10. Rachael Acker.....5:08.75.....10/09/15.....at Washington State

1000-yard Freestyle

1. Kelly Naze.....9:56.58.....1/30/16.....at UCLA
2. Celina Li.....9:58.98.....2/13/16.....at Stanford
3. Katie McLaughlin.....10:02.26.....10/30/15.....vs. San Jose State
4. Marina Garcia.....10:08.50.....10/15/15.....vs. Utah
5. Jenna Campbell.....10:21.23.....10/30/15.....vs. San Jose State
6. Maija Roses.....10:34.17.....10/30/15.....vs. San Jose State
7. Catherine Ladd.....10:34.37.....10/15/15.....vs. Utah

100-yard Backstroke (NCAA A: 51.51; NCAA B: 55.09)

1. Rachel Bootsma.....*50.28.....3/18/16.....at NCAA Champs
2. Amy Bilquist.....*50.50.....2/26/16.....at Pac-12 Champs
3. Kathleen Baker.....*51.05.....2/26/16.....at Pac-12 Champs
4. Kristen Vredeveld.....^53.17.....2/26/16.....at Pac-12 Champs
5. Elizabeth Pelton.....^53.24.....12/4/15.....at Winter Nationals
6. Catherine Ladd.....^55.03.....2/26/16.....at Pac-12 Champs
7. Jasmine Mau.....55.65.....2/26/16.....at Pac-12 Champs
8. Kelly Naze.....55.73.....11/13/15.....at Minn. Pro Series
9. Katie McLaughlin.....56.84.....11/13/15.....at Minn. Pro Series
10. Celina Li.....57.26.....9/25/15.....at Queen of the Pool

200-yard Backstroke (NCAA A: 1:51.95; NCAA B: 1:59.19)

1. Amy Bilquist.....*1:49.90.....2/27/16.....at Pac-12 Champs
2. Kathleen Baker.....*1:50.74.....2/27/16.....at Pac-12 Champs
3. Elizabeth Pelton.....^1:52.12.....12/6/15.....at Winter Nationals
4. Catherine Ladd.....^1:56.29.....2/27/16.....at Pac-12 Champs
5. Kelly Naze.....^1:56.97.....1/29/16.....at USC
6. Alicia Grima.....2:01.32.....2/27/16.....at Pac-12 Champs
7. Katie McLaughlin.....2:01.45.....10/15/15.....vs. Utah
8. Kristen Vredeveld.....2:04.57.....1/22/16.....vs. Arizona

100-yard Breaststroke (NCAA A: 59.04; NCAA B: 1:02.49)

1. Marina Garcia.....^1:00.25.....12/4/15.....at Winter Nationals
2. Maija Roses.....^1:01.57.....2/26/16.....at Pac-12 Champs
3. Kathleen Baker.....1:03.88.....10/15/15.....vs. Utah
4. Madi Hurst.....1:05.74.....2/26/16.....at Pac-12 Champs
5. Celina Li.....1:05.75.....11/12/15.....at Minn. Pro Series
6. Kelly Naze.....1:06.53.....10/9/15.....at Washington State
7. Elizabeth Pelton.....1:07.93.....9/25/15.....at Queen of the Pool
8. Rachel Bootsma.....1:09.01.....9/25/15.....at Queen of the Pool
9. Alicia Grima.....1:09.52.....9/25/15.....at Queen of the Pool
10. Amy Bilquist.....1:10.18.....9/25/15.....at Queen of the Pool

200-yard Breaststroke (NCAA A: 2:07.42; NCAA B: 2:15.99)

1. Marina Garcia.....^2:09.79.....2/27/16.....at Pac-12 Champs
2. Maija Roses.....^2:12.94.....2/27/16.....at Pac-12 Champs
3. Celina Li.....2:16.96.....1/30/16.....at UCLA
4. Madi Hurst.....2:17.40.....2/27/16.....at Pac-12 Champs
5. Kathleen Baker.....2:19.99.....10/10/15.....at Washington State
6. Elizabeth Pelton.....2:22.17.....10/30/15.....vs. San Jose State
7. Alicia Grima.....2:25.26.....10/30/15.....vs. San Jose State

* NCAA A Standard

^ NCAA B Standard

= NCAA Zone Qualifying Standard

! Cal School Record

Cal Pool Record

+ Cal Dual-Meet Record

100-yard Butterfly (NCAA A: 51.56; NCAA B: 54.49)

1. Farida Osman.....	*50.53.....	2/26/16.....	at Pac-12 Champs
2. Noemie Thomas.....	*50.79.....	3/18/16.....	at NCAA Champs
3. Rachel Bootsma.....	*51.40.....	3/18/16.....	at NCAA Champs
4. Kelly Naze.....	^51.99.....	1/15/16.....	at Austin Pro Series
5. Katie McLaughlin.....	^53.11.....	11/12/15.....	at Minn. Pro Series
6. Kathleen Baker.....	^53.27.....	1/15/16.....	at Austin Pro Series
7. Celina Li.....	^53.56.....	1/15/16.....	at Austin Pro Series
8. Jasmine Mau.....	^54.47.....	12/6/15.....	at Winter Nationals
9. Rachael Acker.....	55.08.....	1/15/16.....	at Austin Pro Series
10. Amy Bilquist.....	55.56.....	11/12/15.....	at Minn. Pro Series

200-yard Butterfly (NCAA A: 1:54.22; NCAA B: 1:59.59)

1. Kelly Naze.....	*1:53.46.....	3/16/16.....	at NCAA Champs
2. Noemie Thomas.....	*1:53.85.....	2/27/16.....	at Pac-12 Champs
3. Celina Li.....	^1:56.73.....	3/19/16.....	at NCAA Champs
4. Katie McLaughlin.....	^1:57.77.....	11/13/15.....	at Minn. Pro Series
5. Jenna Campbell.....	2:01.04.....	2/27/16.....	at Pac-12 Champs
6. Rachel Bootsma.....	2:01.09.....	10/15/15.....	vs. Utah
7. Jasmine Mau.....	2:02.83.....	2/27/16.....	at Pac-12 Champs
8. Kathleen Baker.....	2:04.97.....	10/15/15.....	vs. Utah
9. Alicia Grima.....	2:06.33.....	10/15/15.....	vs. Utah
10. Farida Osman.....	2:06.58.....	10/15/15.....	vs. Utah

200-yard Individual Medley (NCAA A: 1:55.35; NCAA B: 2:01.59)

1. Kathleen Baker.....	*1:52.80.....	2/25/16.....	at Pac-12 Champs
2. Celina Li.....	^1:55.75.....	3/17/16.....	at NCAA Champs
2. Kelly Naze.....	^1:55.75.....	3/17/16.....	at NCAA Champs
4. Elizabeth Pelton.....	^1:55.98.....	2/25/16.....	at Pac-12 Champs
5. Marina Garcia.....	^2:00.83.....	11/14/15.....	at Minn. Pro Series
6. Rachel Bootsma.....	^2:01.16.....	11/14/15.....	at Minn. Pro Series
7. Alicia Grima.....	^2:01.18.....	2/25/16.....	at Pac-12 Champs
8. Maija Roses.....	2:01.95.....	2/25/16.....	at Pac-12 Champs
9. Amy Bilquist.....	2:02.82.....	10/30/15.....	vs. San Jose State
10. Madi Hurst.....	2:02.92.....	2/25/16.....	at Pac-12 Champs

400-yard Individual Medley (NCAA A: 4:05.37; NCAA B: 4:19.39)

1. Kelly Naze.....	^4:06.56.....	2/26/16.....	at Pac-12 Champs
2. Celina Li.....	^4:08.36.....	2/26/16.....	at Pac-12 Champs
3. Elizabeth Pelton.....	^4:16.44.....	10/15/15.....	vs. Utah
4. Maija Roses.....	^4:18.52.....	2/26/16.....	at Pac-12 Champs
5. Alicia Grima.....	^4:18.83.....	2/26/16.....	at Pac-12 Champs
6. Kathleen Baker.....	4:22.35.....	10/9/15.....	at Washington State
5. Madi Hurst.....	4:22.59.....	12/6/15.....	at Winter Nationals
8. Marina Garcia.....	4:32.95.....	10/9/15.....	at Washington State

200-yard Free Relay (NCAA A: 1:29.16; NCAA B: 1:29.90)

Farida Osman, Rachel Bootsma, Kristen Vredevel, Amy Bilquist
 *1:26.77..... 2/25/16..... at Pac-12 Champs

400-yard Free Relay (NCAA A: 3:16.15; NCAA B: 3:17.59)

Amy Bilquist, Kristen Vredevel, Rachel Bootsma, Farida Osman
 *3:11.95..... 2/27/16..... at Pac-12 Champs

800-yard Free Relay (NCAA A: 7:06.77; NCAA B: 7:09.96)

Kathleen Baker, Rachel Bootsma, Elizabeth Pelton, Amy Bilquist
 *6:55.18..... 3/16/16..... at Pac-12 Champs

200-yard Medley Relay (NCAA A: 1:37.46; NCAA B: 1:37.45)

Rachel Bootsma, Noemia Thomas, Marina Garcia, Farida Osman
 *1:35.11..... 3/18/16..... at NCAA Champs

400-yard Medley Relay (NCAA A: 3:33.89; NCAA B: 3:35.31)

Rachel Bootsma, Farida Osman, Marina Garcia, Amy Bilquist
 *3:30.17..... 2/26/16..... at Pac-12 Champs

1-meter Diving (Zone Qualifying: 265)

1. Phoebe LaMay.....	!=313.25.....	11/19/15.....	at Texas Invitational
2. Anne Kastler.....	=296.80.....	11/19/15.....	at Texas Invitational
3. Sara-Lina Boushakra.....	=272.03.....	1/23/16.....	vs. Arizona State
4. Hayden Tavoda.....	=270.90.....	2/16/16.....	at Stanford

3-meter Diving (Zone Qualifying: 280)

1. Anne Kastler.....	=331.50.....	1/23/16.....	vs. Arizona State
2. Phoebe LaMay.....	=308.33.....	1/23/16.....	vs. Arizona State
3. Sara-Lina Boushakra.....	=286.35.....	1/29/16.....	at USC
4. Hayden Tavoda.....	=299.48.....	2/13/16.....	at Stanford

Platform Diving (Zone Qualifying: 225)

1. Sara-lina Boushakra.....	=258.50.....	2/27/16.....	at Pac-12 Champs
2. Anne Kastler.....	=226.35.....	11/21/15.....	at Texas Invitational
3. Phoebe LaMay.....	215.60.....	2/27/16.....	at Pac-12 Champs
3. Hayden Tavoda.....	211.65.....	2/27/16.....	at Pac-12 Champs

* NCAA A Standard

^ NCAA B Standard

= NCAA Zone Qualifying Standard

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