



Target Times by High School Graduation

Women					Event	Men				
Nats	US Open	W Jr Nats	Futures	Sectionals		Sectionals	Futures	W Jr Nats	US Open	Nats
Amazing	Awesome	Really Good	Good	Solid	Event	Solid	Good	Really Good	Awesome	Amazing
00:22.29	00:22.89	00:23.39	00:24.09	00:24.55	50 FR	00:22.05	00:21.39	00:20.79	00:20.59	00:19.79
00:48.89	00:49.89	00:50.69	00:52.09	00:53.09	100 FR	00:47.70	00:46.49	00:45.39	00:44.59	00:43.09
01:45.89	01:47.79	01:49.29	01:52.99	01:54.86	200 FR	01:44.33	04:14.79	01:39.39	01:38.79	01:35.59
04:43.79	04:49.09	04:53.09	05:03.49	05:09.03	500 FR	04:45.94	04:37.09	04:30.49	04:28.89	04:19.39
09:48.09	09:58.79	10:03.59	10:20.49	10:46.09	1000 FR	10:03.86	09:34.29	09:25.49	09:15.19	09:04.99
16:18.09	16:35.89	16:46.19	17:14.39	18:09.88	1650 FR	17:03.26	16:05.49	15:46.99	15:34.89	15:10.09
00:53.29	00:54.69	00:55.79	00:58.09	00:58.99	100 BK	00:53.55	00:52.09	00:49.99	00:49.89	00:46.79
01:55.39	01:58.09	02:00.99	02:04.99	02:07.19	200 BK	01:56.75	01:52.79	01:49.99	01:48.39	01:44.79
01:00.69	01:03.09	01:03.19	01:05.99	01:07.46	100 BR	00:59.79	00:58.69	00:56.99	00:55.99	00:53.39
02:11.69	02:15.89	02:18.79	02:22.69	02:27.11	200 BR	02:11.63	02:08.59	02:04.59	02:01.29	01:58.29
00:52.99	00:54.19	00:55.39	00:57.49	00:58.19	100 FL	00:52.61	00:51.09	00:49.59	00:49.19	00:47.29
01:57.79	01:59.59	02:02.09	02:05.39	02:10.19	200 FL	01:58.81	01:53.69	01:51.59	01:48.29	01:45.09
01:58.29	02:00.99	02:02.69	02:08.29	02:09.73	200 IM	01:57.77	01:55.09	01:50.79	01:49.29	01:45.19
04:12.09	04:15.59	04:22.39	04:30.69	04:36.50	400 IM	04:13.34	04:07.59	03:59.09	03:53.49	03:46.99