## WE REALLY NEED YOUR HELP TO MAKE OUR CLUB A BETTER, SAFER, & MORE PROTECTED PLACE FOR OUR MEMBERSHIP TO THRIVE!

USA Swimming has a program called **"SAFE SPORT"**. USA Swimming is committed to safeguarding all members with the welfare of its athlete members as top priority. SafeSport is USA Swimming's comprehensive abuse prevention program and provides tools for swim clubs to educate their members and intervene in risky situations.

Stingray Swim Team fully endorses and supports USA Swimming's SafeSport and Safety programs by helping to provide resources for our club members on our website, <a href="stingrayswim.org">stingrayswim.org</a>.

**OUR GOAL, AS A TEAM, IS TO BECOME A "SAFE SPORT RECOGNIZED" CLUB BY USA SWIMMING.** In order to do this, certain requirements must be met. Some of which include learning exercises for our swim parents and athletes. **WE NEED ALL OF OUR SWIM PARENTS AND ATHLETES TO TAKE A QUICK COURSE ONLINE WITH USA SWIMMING.** USA Swimming will track the number of people that take the quick online training program from our team and we will be awarded points based on our completion rate. **The more parents and swimmers that participate, THE BETTER!** 

## PLEASE HELP OUR TEAM BY TAKING A FEW MINUTES TO COMPLETE A TRAINING EXERCISE THAT WILL HELP TO PROTECT OUR SWIMMERS AND OUR MEMBERSHIP!

**PLEASE** follow the instructions below:

- 1. Go to our SafeSport website page **HERE**
- 2. Select 'Free SafeSport Training for Athletes' OR one of the 'Free SafeSport Training for Parents'
- 4. Once re-directed to the USA Swimming Website, please follow the prompts to enter your name and date of birth. This will locate your USA Swimming account, either as an athlete or parent.
  - a. **If you are a parent and do not have a USA Swimming account, follow <u>THIS LINK</u> and click 'Register'. Then, on the right, please click 'Create Account' for Non-Member access to LEARN** 
    - b. Please fill in all the required personal information and be sure to select "ALASKA SWIMMING" as your LSC and "STINGRAY SWIM TEAM" for your club.
- 5. Select 'Courses'
- 6. Click the **'Parent's Guide to Misconduct in Sport'** or **'Safe Sport for Athletes'** box and follow the directions until completion.

Thank you to everyone for your help with this matter! It is extremely important, and we hope that everyone will take the time to make SST a safer place!

Please let us know if you have any questions!

Coach Josh Stingray Swim Team Head Coach coachjosh@aksst.com