## Seward Tsunami Swim Club Swimmer Code of Conduct

## **Section 1. Purpose**

The purpose of this code is to express the expectation that all Seward Tsunami Swimmers will conduct themselves in a manner which reflects honorably on the sport of swimming, United States Swimming, Alaska Swimming, and this Club and community. Each coach and chaperone of the Seward Tsunami Swim Club is expected to set an example of conduct consistent with the spirit of this code.

## Section 2. Code

For the safety and well-being of all members, Club members will:

- A. Attend scheduled workouts with a cooperative attitude and a willingness to work.
- B. Display courteous and positive behavior.
- C. Complete workouts without 'horseplay' and/or harassment of other team members in the pool or locker room
- D. Not possess or use alcohol, tobacco, or other controlled substances (exclusive of prescription medications).
- E. Not participate in vandalism, theft or damage to private or public property.
- F. Refrain from fighting, disorderly conduct, cursing, name calling, abusive language, obscene gestures, and displays of temper.
- G. Support all team members with encouragement and enthusiasm.

## **Section 3. Penalties of Enforcement**

- A. Infractions of the code of conduct will result in one or more of the following suspensions at the discretion of the coaching staff and informing parents in a timely manner:
  - a. Suspension from the use of the lockers for changing or showering.
  - b. Suspension from practice.
  - c. Suspension from meets.
  - d. Suspension from the Seward Tsunami Swim Club.
- B. Reinstatement after suspension from the club may only be made after a meeting between a board member, head coach, swimmer, and the swimmer's parent(s) or guardian(s).

Please sign below to indicate that you have read and understand the Code of Conduct		
Swimmer's Signature	Date	
Parent's Signature	 Date	