



Snowball Invitational Swim Meet

January 17th & 18th, 2025

Hosted by Peninsula Piranhas Swim Team



All entries shall be submitted using a USA Swimming approved Standard Database Interchangeable Format (SDIF) electronic file. The SDIF file must be received, via email to the Entry Contact, by **January 8th, 2025**

SANCTION	Under sanction AK-202425-42 by USA Swimming and Alaska Swimming, Inc (ASI). It is understood and agreed that USA Swimming shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.		
LOCATION	Kenai Central High School Pool 9583 Spur Hwy. Kenai, AK 99611		
FACILITY	25-Yard, six lane pool, IST timing system with touch pads, one button/two watch back-up, six lane electronic timing display board, and horn/strobe start. Shallow end is 3'6" and start end is 12'6" deep. Host ensuring correct dimensions.		
EVENT PERSONNEL	<p>Meet Director: Sarah Castimore (USA ID#33274AD9B761CE) sarah@castimore.com</p> <p>Meet Referee: Dawn Merritt (USA ID#193AC32270D949) dawn.merritt81@gmail.com</p> <p>Admin Official: Ashley Poulin (USA ID#8D3D8D760F7847) kda_poulin@hotmail.com</p> <p>Entry Chair: Will Hubler (USA ID#31CF8698599D42) whubler@kpbsd.k12.ak.us</p>		
SCHEDULE		Friday	Saturday
	Warm-ups	4:45 pm	8:45 am
	Coach's Meeting	5:30 pm	9:45 am
	Official's Meeting	N/A	9:15 am
	Timers Meeting	5:45 pm	9:45 am
	Meet will begin	6:00 pm	10:00 am
WARM UPS	Warm ups in accordance with USAS warm-ups/warm-down procedures. Warm ups will be conducted in accordance with USAS and ASI. Breaks for warm-up/cool-down will be determined by Meet Referee.		

FORMAT	<ul style="list-style-type: none"> • All events will be swum as timed finals in SCY. • There will be a break of at least 15 minutes approximately mid-way through the events. Additional shorter breaks may be added. • Events may be combined at the discretion of meet management. Combined events will be awarded separately by age or gender.
SEEDING	All events will be pre-seeded, timed finals, and swum slowest to fastest .
CHECK-IN PROCEDURE	Positive check-in at the computer table for the 500 Free by the end of Friday night warm-ups.
SCRATCHES	Individual scratch rules for events will be in effect as stated in the most current ASI Rules. Scratches should be communicated to the computer table ideally before the start of the meet. There are no penalties for late scratches.
ELIGIBILITY	<ul style="list-style-type: none"> • Open to all USA-S registered swimmers. No swimmer will be permitted to compete unless the swimmer is a member as provided by Article 302. • Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Contestants must enter the age bracket corresponding to their age on the first day of the meet.
ADAPTIVE SWIMMERS	Disabled or adapted swimmers are welcome and encouraged to participate. Coaches should include a written description of the special needs of the disabled/adaptive swimmer with team entries. Questions regarding final assignment within specified heats should be brought to the attention of the Meet Referee.
ENTRY DEADLINE AND SUBMISSION	<p>MEET ENTRY CONTACT: Will Hubler 907-283-7476</p> <p>ENTRY DEADLINE: January 8th, 2025</p> <p>Late entries may be considered on a case-by-case basis. Meet management will decide whether to accept the late entries, to reseed the meet, and to add heats. A late fee of \$50 may apply.</p> <p>Send entries via email to: whubler@kpbsd.k12.ak.us</p>
ENTRY LIMITS	Each swimmer may enter no more than three (3) individual events Friday and no more than four (4) individual events Saturday , exclusive of relays.

<p>ENTRY RULES</p>	<p>ENTRY DEADLINE: January 8th, 2025</p> <p>SDIF REQUIRED: Team entries may be submitted by email in Hytek/Team Unify format. A pre-built .HYV file for this meet will be available on the ASI website.</p> <p>ENTRIES MUST INCLUDE: Full legal name, age, USA Swimming Registration number.</p> <p>AGE: Swimmer's age on the day of the meet determines age group for the competition.</p> <p>DECK ENTRIES: Deck entries will not be accepted. On-deck registration will not be permitted.</p> <p>SEED TIMES: Entry seed times are preferred to be submitted for short course yards (SCY). Times must be submitted to the hundredth of a second.</p> <p>DIVE START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p> <p>LATE ENTRIES: Will be considered on a case-by-case basis if they are received by 12PM Friday, December 6th, 2024. Meet management will decide whether to accept the late entries, to reseed the meet, and to add heats. A late fee may apply.</p> <p>CHECK TEAM ENTRIES: It is the responsibility of the TEAM entry person to confirm that entries have been received by the Entry Chair.</p>
<p>INCLUDE WITH TEAM ENTRY</p>	<p>Team entries may be submitted by email in Hy-Tek / Team Unify format. Teams must submit the following prior to the beginning of the meet:</p> <ul style="list-style-type: none"> a. Hy-Tek meet entry report b. Hy-Tek team entry fee report c. Entry fees (all entry fees are non-refundable) d. Coach/Swimmer USA-S Membership Verification form
<p>ENTRY FEES</p>	<p>Entry Fees:</p> <ul style="list-style-type: none"> ● Facility Charge: \$8.00 per swimmer ● Entry Fee: \$3.50 per swimmer ● Individual event fee: \$3.25 per event ● Relay fee: \$5.50 per relay ● Late fee: \$50.00 <p>Please make checks payable to Peninsula Piranhas Swim Team (PPST). Meet fees can be mailed to PO Box 1463 Kenai, AK 99611 with entries or delivered to the computer table prior to the start of the meet. Meet fees are nonrefundable.</p>

DECK ACCESS AND CREDENTIALS	Closed deck: Athletes, coaches, and volunteers only. Coaches must supply the computer table with current credentials prior to competition (USA Swimming app will suffice). Per ASI rules, swimmers may not be allowed to swim in the meet until this requirement is met.
RULES	This meet will be run according to USA Swimming/Alaska Swimming rules and regulations, including the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP).
SCORING	Scoring: No team or individual scoring.
AWARDS	Ribbons will be awarded for 1st through 6th place. Results separated by age group & gender Age Groups: 8 & Under, 9-10, 11-12, 13-14, 15 & Over
MEET PROGRAMS AND RESULTS	Coaches heat sheets will be available at the beginning of warm ups. Live results will be available on Meet Mobile. Final Results will be emailed to teams
LIABILITY	It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is understood and agreed that Peninsula Piranhas Swim Team shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
RULES	<ul style="list-style-type: none"> • Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and cool-down lanes at any time. • No glass on deck at any time. • No shaving allowed on site. • Smoking or use of other tobacco products is not permitted before, during, or after the meet within the facility or adjacent outdoor areas. • Photography (cameras, cell phones etc.) behind the blocks is not allowed.
DECK CHANGING	Deck Changes are prohibited. Per USA-S Rule 202.4.10(I).
RECORDING BAN	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Visual recording devices are not permitted behind the blocks during the start sequence throughout the meet.

DRONES	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Per USA-S Rule 202.4.10(J).
FIRST RESPONDERS	Lifeguards are the first responders in case of emergency. Coaches and officials will assist life guards and activate the facility's Emergency Action Plan as needed.
Minor Athlete Abuse Prevention Policy (MAAPP)	<p>All USA Swimming athletes 18 years of age and older must complete Athlete Protection Training prior to competition. Those who have not completed Athlete Protection Training, with training completion loaded into SWIMS, prior to this meet will not be allowed to compete. Athlete Protection Training can be found here: https://www.usaswimming.org/utility/landing-pages/safe-sport/apt</p> <p>All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.</p>
TIME TRIALS	Time trials will not be offered
TIMERS	PPST will provide the timers. Clubs having swimmers in the 500 Free event, please provide your own counters and timers. If you want to volunteer, please contact Ashley Poulin.
CONCESSIONS	Concessions will be available in the spectator area on Saturday. Meet Programs will be available for purchase.
HOSPITALITY	A light hospitality will be available for officials, coaches and volunteers on Friday evening and on Saturday.
HOUSING	Housing will not be provided.



APPENDIX A

Swim Meet Warm-up/Warm-down Procedures

I. RULES FOR GENERAL WARM-UP

- A. The accepted method for entering the water is one hand on the wall, feet first, from the end of the pool. At no time should the athlete enter the water head - first unless starts are being directly supervised by their coach.
- B. All swimming should be done in a counter-clockwise swimming direction.
- C. No equipment including, but not limited to, paddles, pull buoys, fins, assisted or resisted cords and/or similar such devices that could result in injuries to swimmers.

II. GENERAL WARM-UP PERIOD

- A. *Recommended* for first 30 – 45 min. of the warm-up session.
- B. NO DIVING... Swimmers must enter the water using the accepted pool entry method.
- C. No sprinting or pace work.
- D. All lanes will be used for general warm-up.

III. SPECIFIC WARM-UP PERIOD

- A. *Recommended* for last 30-45 minutes of the warm-up session.
- B. Push pace lanes: Push-off one or two lengths from the starting end, circle swimming only (counter-clockwise).
- C. NO DIVING...Swimmers must enter the water using the accepted pool entry method.
- D. Racing starts: Sprint lanes for race starts from blocks, sides, or from in the water (as for backstroke). Starts initiated from coach's signal.
- E. The meet referee or designee will post team assigned lanes for warm-ups

2025 Snowball Invitational Swim Meet

Friday January 17th, 2025

Number	Gender	Age Group	Event
1	Mixed	Open	200 yd Free
2	Mixed	Open	200 yd Back
3	Mixed	Open	50 yd Back
4	Mixed	Open	200 yd Breast
5	Mixed	Open	100 yd Free
6	Mixed	Open	200 yd Fly
7	Mixed	Open	50 yd Breast
8	Mixed	Open	500 yd Free*

**500 Free swimmers must supply their own timers and counters*

Positive check-in for 500 required by the end of warm-ups at the computer table

Saturday January 18th, 2025

Number	Gender	Age Group	Event
9	Mixed	8 & Under	100 yd Free Relay
10	Mixed	10 & Under	200 yd Free Relay
11	Mixed	12 & Under	200 yd Free Relay
12	Mixed	13 & Over	200 yd Free Relay

Girls Number	Age Group	Event	Boys Number
13	8 & Under	25 yd Back	14
15	10 & Under	50 yd Back	16
17	11-12	50 yd Back	18
19	Open	100 yd Back	20
21	8 & Under	25 yd Free	22
23	10 & Under	50 yd Free	24
25	11-12	50 yd Free	26
27	Open	50 yd Free	28
29	8 & Under	100 yd IM	30
31	10 & Under	100 yd IM	32
33	11-12	100 yd IM	34
35	Open	200 yd IM	36
37	Open	100 yd Free	38
39	8 & Under	25 yd Fly	40
41	10 & Under	50 yd Fly	42
43	11-12	50 yd Fly	44
45	Open	100 yd Fly	46
47	8 & Under	25 yd Breast	48
49	10 & Under	50 yd Breast	50
51	11-12	50 yd Breast	52
53	Open	100 yd Breast	54