



**2025-2026**

**PARENT MEETING**

September 2025

# BPRST Executive Board 2025-2026



<b>President:</b>	Trevor Watkins	<b>Registrar:</b>	Alice Watkins
<b>Vice-President:</b>	Amanda Kretchun	<b>Membership:</b>	Christina Ratti
<b>Secretary:</b>	Lindsay Walker	<b>Safe Sport:</b>	Linda Blocklin
<b>Treasurer:</b> <b>Bookkeeper:</b>	Gabe August Joelle Conklin	<b>Meet Director:</b> <b>Officials Contact:</b> <b>Concessions:</b>	Justin Strock Andrea Metti <b>OPEN</b>
<b>Fundraising/Marketing:</b> <b>Social Media:</b>	Laura Wuenschell Pam Buschek	<b>AMS Representatives:</b>	Josh Olsen Pam Buschek

# BPRST Coaching Staff 2025-2026



- **Mitch Schall** - [bpcoachmitch@gmail.com](mailto:bpcoachmitch@gmail.com)
  - Head Coach
  - Senior/Platinum/Gold/Silver/Bronze/Sharks



- **Kathy Strock** - [kjstrock@gmail.com](mailto:kjstrock@gmail.com)
  - Associate Head Coach
  - Senior/Platinum

- **Sally Hathaway** - [sallyhathaway18@gmail.com](mailto:sallyhathaway18@gmail.com)
  - Group Coach
  - Gold/Sharks



- **Jane Brackett** - [nickjane976@gmail.com](mailto:nickjane976@gmail.com)
  - Group Coach
  - Silver/Bronze

- **IF YOU HAVE WET SIDE QUESTIONS, PLEASE CONTACT YOUR CHILD'S COACH FIRST. IF THEY CANNOT ANSWER YOUR QUESTION, THEY WILL BE IN CONTACT WITH THE HEAD COACH**

# Team Performance Expectations



## 1. MINDSET

- a. Attend practice with a purpose. How is your child going to make themselves better today?
- b. No matter what practice sets the coaches do, there is something your child can work on to help make them better.

## 2. EFFORT

- a. Your child's effort / commitment drives their success.
- b. Set a schedule for attendance and commit to it to help them be their best.

## 3. JOY

- a. It's swimming. Let them have fun. Let them enjoy it.
- b. If your child can't enjoy their time here (at any age), they can't expect success.

## 4. GOALS

- a. Use 1, 2, & 3 to help your child develop their goals for their swimming experience.

**Work Your Hardest. Dream Your Biggest. Be Your Greatest.**

# Communications



- Website: [www.bprswim.org](http://www.bprswim.org)
  - Sports Engine Motion (mobile app on Android and Apple Products)
  - Facebook - Bethel Park Rec Swim Team
  - Instagram - bprswimming
  - Remind - BPRST (Text @bprst to 81010)
    - Or use link <https://www.remind.com/join/bprst>
- USA Swimming website: [www.usaswimming.org](http://www.usaswimming.org)
- Allegheny Mountain Swimming website: [www.amswim.org](http://www.amswim.org)

# USA Swimming



## What is the USA Swimming?

- BPR is a member of USA Swimming, our National Governing Body, the same governing body that selects the USA Olympic Swimming Team.
- Allegheny Mountain Swimming (AMS), our Local Swimming Committee (LSC) within USA Swimming, covers western Pennsylvania and governs our operation within USA Swimming.
- All swimmers **must** register with USA Swimming to be able to practice and compete and for liability and insurance through USA Swimming.

## USA Swimming Registration

- New swimmers will be provided a registration link for USA Swimming.
- Returning swimmers will be renewed by BPR for 2025-2026 in Oct-Nov. You will be billed in Nov-Dec.
- Registration provides athlete eligibility through December 31, 2026.
- Premium Membership (Senior, Platinum, Gold, Silver, Bronze) - \$92.
- Flex Membership (Sharks) - \$30
  - Should you move into the Bronze Group or above during 2025-2026, your registration will be upgraded at a cost of \$60.

# BPR Dues



- Collected upon registration via TeamUnify
- Automated invoices for installments



- Utilized by BPR to cover coaching payroll

## Seasonal/Tiered Dues Structure

- **Tier 1 (2 Seasons)**
  - Senior, Platinum, Gold, Silver
  - 2 Seasons - **Short Course** (Sep-Mar) and **Long Course** (Apr-Aug)
  - 2 payment options - pay full-season at registration OR 3 installments
- **Tier 2 (4 Seasons)**
  - Bronze
  - 4 Seasons - **Fall** (Sep-Nov), **Winter** (Dec-Mar), **Spring** (Apr-May), and **Summer** (Jun-Jul)
  - Full-season cost due upon registration for each season
- *There will be no refunds for those who choose not to complete any Tier 1 or 2 season.*
- Sharks is an introductory practice group with monthly dues

# BPR Groups, Seasons, and Dues Structure

## 2025-2026 Swim Year



<u>Tier 1 Groups</u>						
<u>Season</u>	<u>Start/End Date</u>	<u>Payment Options</u>	<u>Senior</u>	<u>Platinum</u>	<u>Gold</u>	<u>Silver</u>
Short Course	September - March	Single payment	\$940	\$910	\$840	\$775
	At registration, 10/1, 11/1	3 Installments	\$313.33	\$303.33	\$280	\$258.33
Long Course	April - July	Single Payment	\$535	\$520	\$480	\$445
	At registration, 5/1	2 Installments	\$267.50	\$260	\$240	\$222.50
<u>Tier 2 Groups</u>						
<u>Season</u>	<u>Start/End Date</u>	<u>Payment Options</u>	<u>Bronze</u>			
Fall	Sep - Nov	Upon Registration	\$315			
Winter	Dec - Mar	Upon Registration	\$415			
Spring	Apr - May	Upon Registration	\$205			
Summer	Jun - Jul	Upon Registration	\$205			
<u>Tier 3 Group</u>						
Sharks	\$75/month					



# Multi-Athlete Discount



Families with more than one swimmer will benefit from a discount of their ***total registration fees*** based on the number of swimmers. The discount structure is detailed in the table below.

- *This discount is automatically applied upon registration and/or payment for multiple swimmers simultaneously (including multi-swimmer installment payments).*
- *When swimmers are registered individually (or installments are paid individually), discounts must be manually credited by the BPR Treasurer after registration and/or payment is complete.*
- *Sharks swimmers are not included in the multi-athlete discount.*

Number of Swimmers	Discount
2 Swimmers	5%
3 Swimmers	10%
4 Swimmers	15%
5 Swimmers	20%

# Other BPR Fees and Administration



- Direct charges to members via TeamUnify
- Specific fees invoiced monthly as needed



- USA Swimming Registration
- Team T-Shirt & Cap
- Meet Entries

## USA Swimming Registration

- Described above.

## T-Shirt and Cap Fee

- \$50 fee per swimmer is collected at registration and covers the cost of team swim caps and t-shirt.
- All caps are to be used for meets. Please do your best to purchase separate caps for practice use.
- Athletes who register after September 9th will not receive personalized caps.

## Meet Entry Fees

- Fees are charged by the meet host.
- Billed on the 1st of the month following the meet.

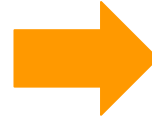
**Details:** <https://www.gomotionapp.com/team/ambpst/page/team-information/team-fees>

# Fundraising and Member Benefits



## Fundraising

- Hosting Swim Meets
- Swim-a-Thon
- Community Day
- Other Fundraisers (raffles, etc.)



## Benefits/Expenses

- Events - banquet, team activities, end of year swimmer awards/gifts
- Coaching - travel, training, clearances, and registrations
- Pool - equipment and rental (e.g., South Park Wave Pool)
- Competition - championship meet travel reimbursement
- Administration - insurance
- Athlete benefits as funding allows - team suits, team gear, etc.

**TYPICAL ANNUAL BUDGET**  
**approx. \$15k to \$30k**

**DEPENDS ON SUCCESS OF OUR**  
**FUNDRAISING**

# Swim Meet Entry Process



- Members will receive an email from the coaches to declare attendance.
- Log into your TeamUnify or Ondeck account to choose the desired meet and declare whether your swimmer is attending or not attending and the days and/or sessions your swimmer can swim.
- Coaches will determine events for each swimmer. If you have questions about events for your swimmer, you can either leave a remark in the notes box or speak to your child's coach directly.
- Coach Mitch and Coach Kathy compile meet entries and submit the team registration.
- Meet entry fees will be billed following the completion of the meet and will be collected on the 1st of the following month.

## Helpful Tips

- Look for schedules and deadlines (emails and website)
- Review events when posted
- Notify coaches of any problems and /or questions



# Meet Types



Open - These meets have no qualifying times for any/all events. Swimmers can compete in any event offered with Coach approval.

Mini/Distance - These meets usually consist of two separate, distinct sessions. Mini sessions are for younger swimmers and are focused on shorter distance races. Distance sessions are for swimmers looking to compete in distance events not typically offered during other meets (ex. 1000/1650 Free).

Qualifier/Champs - These meets have qualification and/or time standards that a swimmer must meet in order to be able to be eligible compete. For these meets, swimmers will be able to see the events for which their times (in black) have been achieved, or events for which their times (in red) may be either too fast or too slow depending on the meet.

# Tentative Meet Schedule (Oct-Dec)



**10/11-10/12 - STEEL Arena Autumn Invite at Moon (Open Meet for All Groups)**

**10/24-10/26 - PEAQ Halloween Invite at USC (Qualifier; Minimum Standards TBD)**

**11/1-11/2 - STEEL Fall Age Group Open at Moon (Open Meet for All Groups)**

**11/15-11/16 - MLAC Mini/Distance at LEBO (Mini Open for 12U; Distance Standards TBD)\*\***

**11/23 - Block Party Dual Meet with Peters Township (Open Meet for All Groups)\*\*  
(More Info Coming Soon!)**

**12/11-12/14 - Club Mountaineer Speedo Invite at WVU (Qualifier; Minimum Standards TBD)**

**\*\* - Eligible for Sharks Swimmers**

# Tentative Meet Schedule (Jan-Mar)



**1/10-1/11 - KW Winter Age Group at Fox Chapel (Open Meet for All Groups)\*\***

**1/23-1/25 - Northeast IMX Games at University of MD (Qualifier; 1800 IMX Score Needed)**

**1/24-1/25 - PTSC Single Age High Point at Peters (Qualifier; Minimum Standards TBD)**

**1/31-2/1 - BPR Bronze Champs at Bethel Park (No Minimum; Max Slower Than BB)\*\***

**2/20-2/22 - MMSA Silver Champs at Gateway (Qualifier; Faster Than BB but Slower Than A)**

**3/5-3/8 - AMS Short Course Champs at Pitt (Qualifier; A and Faster)**

**3/21-3/22 - BPR Last Splash at Bethel Park (Open Meet for All Groups)\*\***

**\*\* - Eligible for Sharks Swimmers**



# Home Meets



- **Bronze Champs (January 31st - February 1st)**
  - Slower than BB times
- **Last Splash (March 21st - March 22nd)**
  - No Qualifying Times - Open to All Swimmers
- Our swimmers get to swim at home!
- Pride & excitement
- Obligation to local swimming community
- Showcase our community and facilities
- Primary fundraising source
- **We have a reputation for well-run meets - because of your hard work!**





# Meet Jobs



- **Job signup will be posted for both Bronze Champs and Last Splash by the end of September.**
  - Allows everyone opportunity to plan ahead to fulfill volunteer requirements.
- **Looking for Concessions Committee volunteers!**
  - Committee members plan and lead concessions, coaches/officials snack tables, and coaches/officials/volunteers lunch.
  - Volunteer hours available for prep work.
  - Contact Justin Strock ([jinstrock@gmail.com](mailto:jinstrock@gmail.com)) if interested.



# Volunteer Requirements



- Seasonal groups must meet the minimum requirement prior to the end of the fiscal year (September 1st through August 31st).
- Requirement is per family (i.e., families with multiple swimmers only need to meet a single minimum requirement).
- Volunteer requirement does not apply to Sharks swimmers or any group-level swimmer who began the season in Sharks and was promoted during the current season.

Volunteering Requirements for 2025-2026 Swim Year		
Group	Hours Required	Penalty Fee (for failure to meet hours requirement)
Senior, Platinum, Gold, Silver, Bronze	28 hours	\$500

# BPR Clearances



**Pennsylvania Child Abuse History Clearance (Act 151)**

**Pennsylvania State Police Criminal Record Check (Act 34)**

**FBI Federal Criminal History Record (Act 114)**

Volunteers who have resided in Pennsylvania for ALL of the past 10 years and have never been convicted of a Disqualifying Offense may request a waiver of the FBI Fingerprint Clearance.

**At least one adult associated with your swim account may need to take one of three actions:**

1. Clearances may be expiring or expired and we need to have updated copies e-mailed to us for verification. You can find links to complete new clearances at [https://www.bpsd.org/apps/pages/index.jsp?uREC\\_ID=4208716&type=d&pREC\\_ID=2511546](https://www.bpsd.org/apps/pages/index.jsp?uREC_ID=4208716&type=d&pREC_ID=2511546)
2. We may be missing a copy and need to obtain one from you.
3. We may need new copies of all three documents.

**Copies of current paperwork should be e-mailed to: [bprsafesport@gmail.com](mailto:bprsafesport@gmail.com).**

# Safe Sport



- BPR is officially recognized as a Safe Sport club with USA Swimming.
- We are committed to providing a healthy and positive environment for our swimmers that is safe from abuse.
- At meets, we coordinate with our volunteers to ensure deck and locker room policies are enforced to ensure the safety of all swimmers.
- More information around policies, guidelines, and how to report a concern can be found on our website.
- Questions about Safe Sport, please contact Linda Blocklin  
[lblocklin@gmail.com](mailto:lblocklin@gmail.com)



# Safe Sport Training



- We are Safe Sport renewed until May 2026. Beginning this fall, parents and athletes (age 12 and up) will need to take the Safe Sport training in order for us to renew our Safe Sport Certification.
- **Upcoming Zoom Training Sessions:**



## **For Parents:**

- Oct. 21 @ 8pm EST
- Nov. 4 @ 8pm EST
- Dec. 9 @ 8pm EST

## **For Youth Athletes Age 12 and up:**

- Oct. 23 @ 8pm EST
- Nov. 6 @ 8pm EST
- Dec. 11 @ 8pm EST

# USA Swimming Officials



**Who:** Volunteers who wish to contribute to the success of swimmers by completing a multi-step training and certification process listed [here](#).

**What:** USA Swimming Official Certification allows parents to learn more about their child's sport while being on deck during the meets. There are multiple positions needed to run each meet:

- Referee
- Administrative Official
- Starter
- Chief Judge
- Stroke and Turn

***\*\*Initial Certification will be for Stroke and Turn.***



# USA Swimming Officials



**Where/When:** Online training will be the first step. All required steps are outlined [here](#). Following completion of online courses, in-person training will take place during any sanctioned USA Swimming/AMS meet where training is allowed (most non-championship level meets). The sign-up sheet to participate in training can be found [here](#). Please email Andrea Metti ([andrealmetti@gmail.com](mailto:andrealmetti@gmail.com)) and Donna Beyerl ([donnabeyerl@gmail.com](mailto:donnabeyerl@gmail.com)) if interested in attending a meet as a trainee.

## Why:

- Enjoy swim meets from the deck instead of the stands (at all venues)
- Earn volunteer hours toward BPR Club requirement (at home meets)
- Help BPR to host meets staffed by BPR officials
- Without enough officials at meets, swimmers times will not count!

**How:** Reach out to Andrea Metti ([andrealmetti@gmail.com](mailto:andrealmetti@gmail.com)) with any questions or to express your interest in becoming an official.



# Concessions



- 1 Drink Donation and 1 Food Item Per Meet
- SignUp Genius will be sent out two weeks before a meet for items
- Sign-Up to be part of the Concessions Committee!
- Volunteer hours given for assistance
- Help with food prep for concessions
- Help with Candy Grams





# 2025-2026 Events



- Joey Fabus 5k (September 14th)
- Community Day (September 20th)\*
- Swimathon (October 4th)\*
- Simmons Farm Hayride (October 24th)
- Holiday Swim Party (TBD - December)
- High School Swim and Dive Youth Night (TBD - January)
- Bowling (TBD - February/March)
- Banquet (TBD - April)

\*Team Fundraiser



# Swim Parents Facebook Group!



If you use Facebook, join our parents group! It's a great place to get reminders and ask questions about the club.

Search the groups for "Bethel Park Rec Swim Parents" or use this link

<https://www.facebook.com/share/g/XtdfrZPsuFG5BUmX/>

To reduce spam accounts this is a private group and you will need approval before being added. If you have problems please message Amanda Kretchun.

# Raffle!



Drawing September 20th @  
Community Day booth

To enter venmo \$10 per  
entry to @BPRRecSwimTeam

Proceeds go towards our fun  
team events!



## TAILGATING RAFFLE

Support the Bethel Park Rec Swim team and enter for a chance to win this tailgating prize package! Drawing will be held live at our booth at Bethel Park Community Day September 20th 2025. **Each entry is \$10.** Purchase entries through your favorite swimmer or **VENMO @BPRRecSwimTeam**

Over \$600 in  
Value!



- YETI Tundra 45 cooler
- 4 YETI 12oz Colsters
- Waterproof throw blanket
- Two GCI Kickback Rocker chairs



**venmo**

# Reminders!



- **Have a GREAT, FUN season!**
- **Help the new families/swimmers!**
- **Get involved, this will only make our program stronger!**
- **Meet a new family!**
- **Encourage all of the swimmers!**
- **Practice Attendance – IMPORTANT!**