



## **PEAQ CM Practice Schedule (With no meets)**

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Developmental</b>	-	5:00 - 6:00pm	-	5:00 - 6:00pm	-	-	-
<b>Age Group 1</b>	5:00 - 6:00pm	-	5:00 - 6:00pm	-	5:00 - 6:00pm	-	-
<b>Age Group 2</b>	6:00 - 7:00pm	-	6:00 - 7:00pm	-	6:00 - 7:00pm	-	-
<b>Age Group 3</b>	7:00 - 8:30pm	6:00 - 7:30pm	-	6:00 - 7:30pm	-	11:30 - 1:00pm	-
<b>Age Group 4</b>	5:30 - 7:00pm	7:00 - 8:45pm	-	7:00 - 8:30pm	-	7:30 - 9:00am	-
<b>Junior</b>	7:00 - 9:00pm	7:00 - 9:00pm	6:30 - 8:30pm	7:00 - 9:00pm	-	7:30 - 9:30am	-
<b>Seniors</b>	3:00 - 5:30pm	3:00 - 5:00pm Lift 5-6pm	3:00 - 5:30pm	3:00 - 5:00pm Lift 5-6pm	3:00-5:30pm	9:30 - 11:30am	-
<b>Misc. Info</b>	-	Diving 530 - 7pm	-	Diving 530 - 7pm	-	Diving 8:00am - 9:30am	