



PEAQ SWIM LESSON RULES!

Let's be safe!!!!!!!!!!!!!!

An underwater photograph of a swimming pool. The view is from below, looking up at the water surface. The water is a deep blue color. Dark blue lane lines are visible on the pool floor, receding into the distance. The water surface is rippled, creating distorted reflections of the sky and the pool's structure. The overall atmosphere is calm and serene.

Rule #1 – NEVER get in the pool
without teacher's permission, and
NEVER swim alone!

Rule #2 – DO NOT run on the pool deck!



Rule #3 – ALWAYS enter the pool feet first!



A photograph of a swimming pool with several lanes. The lanes are separated by yellow and red lane lines. The water is blue and reflects the light. The text "Rule #4 – Stay within designated swim areas." is overlaid in the center of the image.

**Rule #4 – Stay within
designated swim areas.**

**NO horseplay – splashing, pushing in,
dunking, etc.**



Remember, learning how to swim will make you a safer and healthier person, so listen to your teacher and follow the rules!

