

Week of January 18th							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Novice <i>(Making Approx 2)</i>	1:00pm- 1:45pm	x	x	7:15pm- 8:00pm	x	PTSC Meet	PTSC Meet
Dev. 1 <i>(Making Approx 3)</i>	12:30pm- 1:15pm	x	x	5:00pm- 6:00pm	7:30pm- 8:15pm	PTSC Meet	PTSC Meet
Dev. 2 <i>(Making Approx 3)</i>	x	x	x	6:15pm- 7:15pm	7:30pm- 8:15pm	PTSC Meet	PTSC Meet
Dev. 3 <i>(Making Approx 4)</i>	x	x	x	6:30pm- 8:00pm	7:30pm- 8:15pm	PTSC Meet	PTSC Meet
Red <i>(Make 4-5 Workouts)</i>	11:00am- 12:30pm	x	3:45pm- 4:45pm	5:15am- 6:45am	5:15am- 6:45am	PTSC Meet	PTSC Meet
Platinum AM <i>(Make 6-7 Workouts) PM</i>	11:00am- 1:00pm	3:30pm- 4:45pm	3:30pm- 4:45pm	5:15am- 6:45am	4:30pm- 6:30pm	PTSC Meet	PTSC Meet
Gold AM <i>(Make 6-7 Workouts) PM</i>	\	x	x	5:15am- 6:45am	5:15am- 6:45am	?	?
High School Team PM	8:30am- 11:00am	Vs. TJ (Senior)	Vs. USC	2:45pm- 4:30pm	2:45pm- 4:30pm	<i>Maybe early before warmups</i>	