

		Week of January 25th						
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Novice</b> <i>( Making Approx 2 )</i>		X	X	7:15pm- 8:00pm	X	X	11:00am- 11:45am	X
<b>Dev. 1</b> <i>( Making Approx 3 )</i>		X	X	5:00pm- 6:00pm	X	7:30pm- 8:15pm	X	X
<b>Dev. 2</b> <i>( Making Approx 3 )</i>		X	X	6:15pm- 7:15pm	5:00pm- 6:00pm	7:30pm- 8:15pm	X	X
<b>Dev. 3</b> <i>( Making Approx 4 )</i>		X	X	6:30pm- 8:00pm	6:30pm- 8:00pm	7:30pm- 8:15pm	X	X
<b>Red</b> <i>( Make 4-5 Workouts )</i>			X	X	5:15am- 6:45am 6:00pm- 7:15pm	5:15am- 6:45am 6:00pm- 8:00pm	11:00am- 12:15pm	X
<b>Platinum AM</b> <i>( Make 6-7 Workouts )</i>			X	X	5:15am- 6:45am	5:15am- 6:45am	8:30am- 11:00am	X
<b>PM</b>		X	X	4:30pm- 6:30pm	4:30pm- 6:30pm	4:30pm- 6:30pm		2:30- 4:30pm
<b>Gold AM</b> <i>( Make 6-7 Workouts )</i>			X	X	X	5:15am- 6:45am	8:30am- 11:00am	X
<b>PM</b>		X	X	4:30pm- 5:00pm	4:30pm- 5:00pm	4:30pm- 5:00pm		2:30- 4:30pm