



DINUBA AQUA EMPS

Dinuba Aqua Emps 2025 Meet Requirements

Team Size ~ 75 swimmers

Facility Location: Dinuba High School, 340 E. Kern, Dinuba CA 93618

-Eight-lane pool with blocks at both ends-

1. **Warm-ups:** Dinuba (all lanes) 5:20-5:50 pm / Visitors (all lanes) 5:50-6:20 pm
2. **Meet Times:** Starts promptly at 6:30 pm, ends approximately 10:30 pm
3. **Heat Requirements:** All heats are pre-seeded.
4. **Event Requirements:**
 - a. Follow CVRSL lineup of events for dual meets.
 - b. Each swimmer may swim three (3) individual and two (2) relay events maximum.
 - c. Relays- One (1) heat only, unless two (2) heats are agreed upon prior to start of meet.
 - d. Freestyle- Unlimited heats.
 - e. All other strokes- Three (3) heat maximum.
5. **Lane assignments:** Home Team Lanes → 2/4/6/8 & Visiting Team Lanes → 1/3/5/7
6. **Visiting team to provide the following:**
 - a. Team roster must be available on CVRSL website
 - i. Deck changes accepted day of the meet, but no later than 6:00 pm
 - b. Four lane recorders and a minimum of 8 lane timers.
 - c. Two stroke and turn judges.
 - d. **Be responsible to clean up “camping” area prior to end of meet.**
7. **Concessions:** For your convenience and enjoyment, a snack bar will be available with dinner, snacks and drinks.
8. **FOR YOUR PROTECTION:**
 - a. Small pool off limits AT ALL TIMES.
 - b. No glass, running, or horseplay on pool deck.
 - c. No loitering near officials, timers, and/or recorders.
 - d. Be courteous and do not stand in front of stands during events
 - e. Swimmers will be staged at south side of pool, no more than one event behind blocks at a time.
 - f. Meet officials on duty at all meets.
 - g. Lifeguard on duty at all meets.
 - h. Warm-ups must be coach supervised.
 - i. Diving during warm-ups permitted only if swimming in one direction.
 - j. Meet officials reserve the right to exclude any swimmer, coach, or spectator who fails to comply with pool rules or exhibits poor sportsmanship or unsafe conduct.
 - k. No alcohol or smoking allowed at the meet.
9. **Awards:**
 - a. Ribbons for 1st-8th
 - b. 15-18 age group ribbons available upon request prior to start of meet