

LRRRC DROP OFF/ ARRIVAL/ END OF PRACTICE & PICK UP POLICIES

DROP OFF/ ARRIVAL

- No swimmer may be dropped off more than 15min prior to the start of their practice.
- Do not block the driveway to escort your swimmer in, park in a parking space.
- Parents are asked to be considerate of traffic flow and congestion during drop off. Preferred drop off either in the 50 meter pool parking lot, the 25 yard pool parking lot. If you are unable to dropoff at either of those locations, then drop off at the front desk.
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PARKING

- Parents that are not members of the club are asked to park in the neighborhood or 50 meter parking lot during high usage times.

ARRIVAL

- Swimmers must check in with the front desk.
- Swimmers must shower before entering pool.
- Swimmers should not enter the water unless their coach is on deck and has given them permission.
- Swimmers are to bring their own towels. They are not to use club towels.
- Swimmers are to bring their own water bottles. They are not to use club cups.
- Walking/running around other parts of the building is prohibited. Anything outside is allowed only if accompanied by an adult.
- It is recommended that each swimmer keep their practice gear in a mesh bag and bring to their workout lane. It is also recommended that swimmer's put their names on all equipment.
- Swimmers swim & school bags must be placed on the deck, pegs, and against the walls. Bags are not allowed in walkways or the chairs. On the 25 yard deck, bags should be in far left corner when in the bubble.
- Please review locker room policies.

END OF PRACTICE

- At the conclusion of practice, swimmers will no longer be under coach's supervision.
- Every athlete must pick up after himself. Remind your swimmer to put away the kickboards and pull buoy if they use club items, to pack their personal items (fins, goggles, caps, paddles, etc.), throw away water bottles, and pick up trash left behind. Left items will be turned into lost and found.
- No deck changing is allowed per USA swimming rules.
- Swimmers should wear clothes and shoes when walking through the clubhouse.
- Know locker room policies.

PICK UP

- Parents are asked to be considerate of traffic flow and congestion during drop off and pick up times.
- Parents should pick up both by the 25 yard pool, 50 meter pool and as last resort the front entrance to help alleviate congestion.
- Do not block drives or leave car unattended. If you must wait for an extended period of time, find a parking place for the wait.
- Do not pick up during the times in which leagues or classes are starting. Picking up just 5 min later from the start of group exercise classes will help alleviate traffic congestions.