

LRRC LOCKER ROOM POLICIES

Locker Rooms Cold Weather Policy: (When outside temperature is below 60).

- Swimmers age 14 and under must have a parent in the locker room with them at all times.
- Do not change in the bathroom stalls. Swimmers may change in changing booths located in locker room, in bathrooms by pools, and in changing room on deck.
- Swimmers must take clothing, bags, books, etc. with them to the pool. The locker rooms must be kept clean. Items left unattended in the locker rooms will be put with lost and found.
- The sauna, steam room and hot tub are all for the use of LRRC members who are 15 and older. The rules are posted in each locker room.
- Swimmers may not wait in the locker room for pick up.
- Swimmers may only use two of the shower stalls at any given time. Two showers stalls should remain open for members at all times.
- Swimmers may lose locker room privileges if any of the above policies are broken.

Locker Rooms Warm Weather Policy: (When temperature is above 60 degrees)

- During the spring/ summer and fall months swim team members are allowed to use the outdoor changing/ bathrooms only. There is an outdoor shower at each pool for use showering before and after each practice.
- If you are a member of the club, you may use the locker room only under parent's supervision for ages 14 and under, following the club policy.