

# ARKANSAS DOLPHINS TEAM TRAVEL GUIDELINES

## Guidelines:

- a.) Team Travel Code of Ethics and Conduct, Medical Consent and Written Consent form must be signed and agreed to by all athletes and their parent or guardian, coaches and other adults traveling with the team.
- b.) Athletes must meet age guidelines and trip eligibility as set forth by the Head Coach.
- c.) Dolphin swimmers must travel with the team and stay in the hotel with the team if they register for team travel.
- d.) Dolphin swimmers must remain with the team for the duration of the trip, including meals and team functions.  
If a Arkansas Dolphins swimmer would like to return home with their parents, they may leave if his/her meet is over and arrangements were made and agreed upon prior to the start of the trip. Full round-trip transportation fees will still apply.
- e.) Transportation & lodging costs will be billed to your LRAC/LRRC account prior to the trip.
- f.) Athletes traveling with the team will attend all team functions including meetings, practices, meals, meet sessions, etc. unless otherwise excused by the Head Coach or his/her designee. Swimmers are expected to remain with the team at all times during the trip. Swimmers are not to leave the competition venue, hotel, a restaurant, or any other location at which the team has gathered without the permission/knowledge of the Coach or Chaperone.
- g.) Maintaining a timely schedule is imperative; tardiness will not be tolerated.
- h.) No fees/services are to be charged to the hotel room. Swimmers will be responsible for all incidental charges.
- i.) Swimmers will be responsible for their own money and should bring enough to cover daily expenses.
- j.) Team members and staff will display proper respect and sportsmanship at all times.

## Disciplinary:

- a.) Athletes must follow the daily curfew.
- b.) The directions & decisions of coaches/chaperones are final.
- c.) All swimmers are expected to adhere to the Code of Conduct and to follow all regulations set forth by the coaches and chaperones.
- d.) Athletes must be respectful to teammates and others.
- e.) Failure to abide by the Code of Conduct will result in disciplinary action.

## Safety:

- a.) In public places such as shopping malls, movie theatres, etc. swimmers will stay in groups of no less than three persons. 12 & under athletes will be accompanied by a chaperone.
- b.) Athletes will abide by the following when in the presence of the opposite gender at the hotel:
  - a. Any hotel room where there is mixed (male-female) gender, the door to the room must remain FULLY OPEN AT ALL TIMES. There must also be a minimum of 5 athletes in the room.
  - b. There will be no males in female athletes rooms and no females in male athlete's rooms at any time after curfew.
  - c. ONLY Chaperones shall be allowed to enter a room after curfew.
  - d. Participants will stay in assigned rooms and will not attempt to change their assigned rooms or roommates unless authorized by the Head Coach or Head Age Group Coach.