

Arkansas Dolphins Swim Team

2022 Long Course Qualifying Times For Long Course

STATE = Arkansas State Champs (BB) & ZONES = Central Zones (AAA)

GIRLS		10 & Under	BOYS	
ZONES	STATE	10 & Under	STATE	ZONES
32.79	39.89	50 Free	39.49	32.79
1:13.09	1:31.19	100 Free	1:30.19	1:12.89
2:39.79	3:20.99	200 Free	3:12.09	2:36.59
5:34.99	6:51.09	400 Free	6:44.49	5:29.59
38.89	48.89	50 Back	49.19	38.89
1:23.89	1:45.99	100 Back	1:43.09	1:22.89
43.09	53.99	50 Breast	53.29	42.69
1:34.89	1:59.79	100 Breast	1:55.89	1:33.79
36.59	47.09	50 Fly	45.99	36.29
1:24.59	1:52.89	100 Fly	1:50.79	1:23.59
2:59.59	3:43.19	200 IM	3:40.79	2:58.39
GIRLS		11 - 12	BOYS	
ZONES	STATE	11 - 12	STATE	ZONES
30.39	35.69	50 Free	34.69	29.29
1:06.09	1:18.09	100 Free	1:15.49	1:03.89
2:23.19	2:49.19	200 Free	2:44.89	2:19.49
5:01.69	5:56.49	400 Free	5:48.69	4:55.09
10:31.79	12:26.69	800 Free	12:15.19	10:22.09
20:14.59	23:55.39	1500 Free	23:25.49	19:49.19
34.49	40.79	50 Back	40.39	33.69
1:15.39	1:30.99	100 Back	1:27.99	1:12.99
2:40.69	3:09.89	200 Back	3:05.19	2:36.69
38.49	45.49	50 Breast	45.19	37.49
1:24.79	1:40.89	100 Breast	1:38.39	1:22.19
3:02.79	3:35.99	200 Breast	3:28.69	2:56.59
32.39	38.29	50 Fly	38.59	31.89
1:13.09	1:28.49	100 Fly	1:26.29	1:10.89
2:40.99	3:10.19	200 Fly	3:06.19	2:37.49
2:41.89	3:11.39	200 IM	3:08.49	2:37.89
5:45.49	6:48.29	400 IM	6:39.19	5:37.89
GIRLS		13 - 14	BOYS	
ZONES	STATE	13 - 14	STATE	ZONES
29.19	34.49	50 Free	31.99	27.09
1:03.29	1:14.79	100 Free	1:09.89	59.09
2:16.89	2:41.79	200 Free	2:32.29	2:08.89
4:48.19	5:40.59	400 Free	5:24.09	4:34.29
9:53.99	11:41.99	800 Free	11:13.99	9:30.29
18:56.49	22:23.09	1500 Free	21:27.39	18:09.39
1:10.69	1:23.59	100 Back	1:17.89	1:05.89
2:31.19	2:58.69	200 Back	2:49.09	2:23.09
1:20.19	1:34.79	100 Breast	1:28.09	1:14.59
2:52.59	3:23.99	200 Breast	3:10.79	2:41.39
1:08.09	1:20.39	100 Fly	1:15.49	1:03.89
2:31.69	2:59.19	200 Fly	2:47.99	2:22.19
2:33.89	3:01.79	200 IM	2:51.39	2:25.09
5:26.49	6:25.89	400 IM	6:04.69	5:08.59