

## **ADDEDNDUM to Jets Code of Conduct – Athlete**

Dear Jets Parents and Families,

We wanted to alert you to a few changes in our rules and regulations at both St. Bernards and the City Pool. We also have an addendum to the Jets Code of Conduct- Athlete we would like you to share with your swimmer to ensure a fun environment for all swimmers and safety for all.

### **St. Bernards:**

- Please ensure that your young swimmers in groups silver 2, silver 1, green 2 and green 1 are escorted into the pool area and they do not loiter in the locker room/bathroom area without supervision.
- Swimmers 6 years and under need to have a parent in the waiting area if needed during practice for assistance to the restroom.
- We ask that all swimmers to be informed to use the restroom prior to swim practice.
- The hot tub in the pool is off limits to all swimmers who do not have a St. Bernards membership.
- No swimmers need to be loitering in the locker room/bathroom or weight room areas.
- No swimmers should be entering the pool area through the staff hallway unsupervised.
- Parents who would like to wait on their swimmers will need to wait in the waiting area located by the front desk alongside the staircase.
- Per St. Bernard's rules, opposite sex children over the age of 2 must use the family restroom/locker room.

### **City Pool:**

- No swimmers are to be in the Storage room or Lifeguard office without supervision.
- No swimmers are allowed to enter the new renovated Center while in wet suits or clothing including the basketball and turf areas.

### **(Addendum to the Jets Code of Conduct – Athlete)**

- Swimmers will need to enter the pool feet first at the start of each practice, no diving will be allowed unless instructed by a Jets Coach.
- No kicking, hitting, pulling on limbs, or splashing excessively with teammates or Coaches.
- No screaming or talking back to Coaches.

- Swimmers MUST listen for instruction from coaches, NOT sit on the wall talking excessively to other swimmers.

### **Disciplinary Action**

If the Athlete Code of Conduct is violated the following actions will take place:

- 1. A warning will be issued to the swimmer.
- 2. A time out on deck will be issued to the swimmer.
- 3. Suspension from the rest of practice followed by a meeting with the parents
- 4. Continued violations may result in further suspension from practices up to, and including, dismissal from the team.

**This Code of Conduct is also reviewed as part of a swimmer's regular assessment.**

**\*\*We encourage an overall good attitude and good listening skills with teammates and coaches during practice to ensure a safe and fun swim experience. \*\***

I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and the swim club's board of directors.

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Swimmer's signature

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Date

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Parent's signature

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Date