

Women						10 & U	Men					
Alaska Age Group Champs	Summer Champs	Junior Olympics	ISCA Elite East Showcase (9 & u)	NCSA AGE Group Champ (9&u)	Age Group Zones	Event (Yards)	Age Group Zones	NCSA Age Group Champs (9&u)	ISCA Elite East Showcase (9&u)	Junior Olympics	Summer Champs	Alaska Age Group Champs
38.89	38.89	35.19	31.39 (35.19)	32.39 (30.59)	28.89	50 Free	28.59	28.99 (30.19)	30.99 (34.49)	34.49	38.09	38.09
1:29.59	1:29.59	1:19.99	1:10.49 (1:19.99)	1:04.99 (1:08.19)	1:04.19	100 Free	1:03.69	1:04.09 (1:07.19)	1:09.69	1:18.79	1:27.79	1:27.79
3:18.99	3:18.99	2:57.19	2:28.19 (2:35.39)	2:21.79 (2:29.09)	2:20.89	200 Free	2:16.89	2:18.69 (2:24.99)	2:23.09 (2:29.39)	2:47.99	3:06.69	3:06.69
8:25.39	8:25.39	7:34.89	6:10.57 (6:27.49)	6:14.39 (6:31.39)	6:10.59	500 Free	6:04.19	6:08.79 (6:25.49)	6:04.19 (6:20.79)	7:26.99	8:16.39	8:16.39
46.99	46.99	41.89	36.69 (41.89)	34.39 (36.19)	33.29	50 Back	33.49	34.19 (35.99)	36.99 (42.29)	42.29	47.49	47.49
1:41.99	1:41.99	1:30.69	1:19.29	1:13.99 (1:17.89)	1:11.79	100 Back	1:11.89	1:13.09 (1:16.59)	1:18.79	1:29.29	1:39.79	1:39.79
53.19	53.19	47.49	41.69 (47.49)	38.19 (40.09)	37.89	50 Breast	37.29	38.09 (39.99)	40.99 (46.59)	46.59	52.09	52.09
1:58.09	1:58.09	1:44.99	1:31.89	1:23.69 (1:27.99)	1:23.09	100 Breast	1:22.19	1:22.39 (1:26.29)	1:29.99	1:41.69	1:53.39	1:53.39
47.39	47.39	41.79	36.19 (41.79)	32.89 (34.79)	32.49	50 Fly	31.99	32.69 (34.39)	35.39 (40.49)	40.49	45.69	45.69
1:53.99	1:53.99	1:39.09	1:24.09	1:15.19 (1:20.19)	1:14.19	100 Fly	1:13.19	1:14.99 (1:19.89)	1:22.79	1:37.09	1:51.39	1:51.39
1:42.59	1:42.59	1:31.69	1:20.79 (1:31.69)	1:13.99 (1:17.69)	N/A	100 I.M.	N/A	1:13.69 (1:16.99)	1:18.99 (1:28.89)	1:28.89	1:38.79	1:38.79
3:38.49	3:38.49	3:15.59	2:45.09 (2:52.69)	2:38.79 (2:46.49)	2:37.39	200 I.M.	2:36.19	2:38.69 (2:46.19)	2:43.59 (2:50.99)	3:13.19	3:35.49	3:35.49

Women						11-12	Men					
Alaska Age Group Champs (11 yr old)	Summer Champs	Junior Olympics	ISCA Elite East Showcase (11)	NCSA AGE Group Champ (11)	Age Group Zones	Event (Yards)	Age Group Zones	NCSA Age Group Champs (11)	ISCA Elite East Showcase (11)	Junior Olympics	Summer Champs	Alaska Age Group Champs (11)
33.69 (34.89)	33.69	31.29	28.99	26.99 (28.19)	26.59	50 Free	25.59	25.99 (27.19)	27.89	30.29	32.59	32.59 (34.79)
1:13.59 (1:16.39)	1:13.59	1:08.29	1:00.49 (1:03.09)	57.79 (1:00.49)	57.79	100 Free	55.79	56.69 (59.29)	58.29 (1:00.89)	1:05.89	1:10.99	1:10.99 (1:15.99)
2:40.39 (2:45.79)	2:40.39	2:28.99	2:11.79	2:06.69 (2:12.39)	2:05.99	200 Free	2:01.39	2:03.49 (2:19.19)	2:06.99	2:23.49	2:34.59	2:34.59 (2:44.99)
7:07.79 (7:28.09)	7:07.79	6:38.19	5:36.89	5:37.29 (5:52.59)	5:36.89	500 Free	5:27.89	5:32.39 (5:47.49)	5:27.89	6:27.49	6:57.29	6:57.29 (7:17.09)
14:48.09 (15:30.59)	14:48.09	13:44.69	11:37.79	N/A	11:37.79	1000/ 800 Free	11:25.59	N/A	11:25.59	13:30.19	14:32.59	14:32.59 (15:23.59)
24:53.99 (26:10.39)	24:53.99	23:07.29	N/A	N/A	19:33.89	1650/ 1500 Free	19:08.59	N/A	N/A	22:37.49	24:21.89	24:21.89 (25:57.29)
38.19 (39.69)	38.19	35.39	32.69	30.49 (31.89)	29.99	50 Back	29.29	30.09 (31.59)	32.09	34.99	37.99	37.99 (40.89)
1:24.79 (1:27.89)	1:24.79	1:18.09	1:08.09 (1:11.39)	1:05.89 (1:09.29)	1:04.69	100 Back	1:02.79	1:04.19 (1:07.49)	1:05.99 (1:09.19)	1:15.69	1:22.19	1:22.19 (1:28.09)
2:56.69 (3:04.89)	2:56.69	2:43.99	2:25.09	2:20.99 (2:27.39)	2:18.79	200 Back	2:15.19	2:17.79 (2:23.19)	2:21.29	2:39.69	2:51.99	2:51.99 (3:05.09)
42.99 (44.89)	42.99	39.99	36.89	34.29 (35.89)	33.79	50 Breast	32.69	28.69 (30.19)	36.09	39.49	42.89	42.89 (46.19)
1:34.19 (1:38.49)	1:34.19	1:27.19	1:16.69 (1:20.19)	1:14.59 (1:18.09)	1:13.19	100 Breast	1:10.49	1:12.19 (1:15.79)	1:13.99 (1:17.49)	1:24.49	1:31.39	1:31.39 (1:38.59)
3:21.49 (3:51.59)	3:21.49	3:06.59	2:45.09	2:41.69 (2:49.09)	2:37.89	200 Breast	2:32.49	2:35.29 (2:42.39)	2:39.39	3:00.19	3:14.09	3:14.09 (3:29.29)
36.49 (38.09)	36.49	33.89	31.29	29.29 (30.59)	28.69	50 Fly	28.19	28.69 (30.19)	31.19	34.19	37.09	37.09 (39.69)
1:24.39 (1:28.79)	1:24.39	1:17.59	1:07.49 (1:10.89)	1:05.59 (1:08.99)	1:04.19	100 Fly	1:02.39	1:03.69 (1:07.09)	1:05.89 (1:09.29)	1:16.09	1:22.89	1:22.89 (1:29.29)
2:59.99 (3:09.49)	2:59.99	2:47.19	2:27.89	2:23.29 (2:29.79)	2:21.39	200 Fly	2:16.09	2:19.89 (2:26.29)	2:16.89 (2:22.19)	2:40.79	2:53.19	2:53.19 (3:05.89)
1:24.09 (1:27.09)	1:24.09	1:18.09	1:09.09 (1:12.09)	1:06.99 (1:10.09)	N/A	100 I.M.	N/A	1:05.09 (1:08.09)	1:09.09	1:14.99	1:20.89	1:20.89 (1:27.49)
3:00.29 (3:06.59)	3:00.29	2:47.29	2:27.99	2:23.39 (2:29.89)	2:21.59	200 I.M.	2:17.29	2:20.19 (2:26.99)	2:23.99	2:43.99	2:57.29	2:57.29 (3:09.39)
6:24.19 (6:38.79)	6:24.19	5:56.79	5:01.89	5:05.29 (5:19.19)	5:01.89	400 I.M.	4:53.19	4:58.69 (5:12.19)	4:53.19	5:46.39	6:13.09	6:13.09 (6:39.19)

Women						13-14	Men					
Alaska Age Group Champs (13 yr old)	Summer Champs	Junior Olympics	ISCA Elite East Showcase (13)	NCSA AGE Group Champ (13)	Age Group Zones	Event (Yards)	Age Group Zones	NCSA Age Group Champs (13)	ISCA Elite East Showcase (13)	Junior Olympics	Summer Champs	Alaska Age Group Champs (13)
32.59 (33.29)	35.59	30.19	27.89	25.79 (26.99)	25.59	50 Free	23.49	23.89 (24.89)	25.69	27.79	29.99	29.99 (31.19)
1:10.79 (1:12.09)	1:10.79	1:05.49	57.99 (1:00.49)	56.09 (58.69)	55.49	100 Free	51.59	52.09 (54.49)	53.89 (56.29)	1:00.79	1:05.59	1:05.59 (1:07.99)
2:32.49 (2:36.19)	2:32.49	2:21.29	2:04.99	2:00.99 (2:06.49)	1:59.49	200 Free	1:52.39	1:53.59 (1:58.69)	1:57.49	2:12.79	2:22.69	2:22.69 (2:27.99)
6:49.69 (6:55.69)	6:49.69	6:18.69	5:20.39	5:23.49 (5:38.29)	5:20.39	500 Free	5:03.79	5:05.99 (5:19.99)	5:03.79	5:58.99	6:25.89	6:25.89 (6:38.49)
14:08.59 (14:21.39)	14:08.59	13:01.79	N/A	11:06.99 (11:37.29)	11:01.59	1000/ 800 Free	10:29.49	10:32.69 (11:01.39)	N/A	12:23.89	13:20.69	13:20.69 (13:47.59)
23:25.59 (24:03.09)	23:25.59	21:43.19	18:22.79	18:31.19 (19:21.69)	18:22.79	1650/ 1500 Free	17:31.99	17:39.39 (18:27.59)	17:31.99	20:43.19	22:20.19	22:20.19 (23:04.69)
1:16.89 (1:19.19)	1:16.89	1:11.19	1:02.99 (1:05.69)	1:01.49 (1:04.29)	1:00.19	100 Back	56.19	57.79 (1:00.39)	58.69 (1:01.29)	1:06.39	1:11.89	1:11.89 (1:14.99)
2:47.19 (2:51.89)	2:47.19	2:34.89	2:17.09	2:12.29 (2:18.29)	2:11.09	200 Back	2:02.79	2:04.49 (2:10.09)	2:08.39	2:25.09	2:36.49	2:36.49 (2:43.19)
1:28.19 (1:30.09)	1:28.19	1:21.69	1:12.29 (1:15.39)	1:10.29 (1:13.49)	1:09.09	100 Breast	1:03.89	1:04.89 (1:07.89)	1:06.79 (1:09.69)	1:15.49	1:21.29	1:21.29 (1:24.39)
3:11.19 (3:14.89)	3:11.19	2:57.29	2:36.79	2:32.39 (2:39.39)	2:29.99	200 Breast	2:18.79	2:21.79 (2:28.29)	2:25.09	2:43.99	2:56.59	2:56.59 (3:02.79)
1:16.39 (1:18.49)	1:16.39	1:10.89	1:02.69 (1:05.49)	1:01.09 (1:03.89)	59.99	100 Fly	55.89	56.79 (59.29)	58.49 (1:00.99)	1:06.09	1:11.29	1:11.29 (1:13.89)
2:49.29 (2:53.69)	2:49.29	2:36.89	2:18.79	2:15.49 (2:21.69)	2:12.79	200 Fly	2:04.29	2:05.99 (2:11.69)	2:09.99	2:26.89	2:38.59	2:38.59 (2:44.79)
2:49.99 (2:55.09)	2:49.99	2:37.59	2:19.49	2:16.09 (2:22.29)	2:13.39	200 I.M.	2:05.69	2:07.19 (2:12.99)	2:11.39	2:28.49	2:39.99	2:39.99 (2:46.19)
6:03.69 (6:12.09)	6:03.69	5:37.59	4:45.69	4:49.59 (5:02.69)	4:45.69	400 I.M.	4:28.29	4:31.09 (4:43.39)	4:28.29	5:17.09	5:41.69	5:41.69 (5:53.69)

Women		15 & U	Men	
Summer Champs	Junior Olympics	Event (Yards)	Junior Olympics	Summer Champs
31.79	29.49	50 Free	26.39	28.39
1:08.89	1:03.99	100 Free	57.89	1:02.39
2:29.39	2:18.69	200 Free	2:06.79	2:16.49
6:40.59	6:11.99	500 Free	5:44.09	6:10.59
13:49.19	12:49.99	1000/ 800 Free	11:57.79	12:52.99
23:05.19	21:26.19	1650/ 1500 Free	20:02.89	21:35.39
1:14.69	1:09.39	100 Back	1:03.19	1:08.09
2:42.99	2:31.39	200 Back	2:17.49	2:27.99
1:25.89	1:19.69	100 Breast	1:11.09	1:16.49
3:05.99	2:52.79	200 Breast	2:36.19	2:48.19
1:14.69	1:09.39	100 Fly	1:02.69	1:07.49
2:45.29	2:33.49	200 Fly	2:20.49	2:31.29
2:46.79	2:34.89	200 I.M.	2:20.89	2:31.69
5:55.89	5:30.49	400 I.M.	5:03.69	5:26.99