



10U Division Group Structure Fall 2025

Group Structure & Requirements

	<u>Age Range</u>	<u>Practice Days/Length</u>	<u>Requirements & Expectations</u>
10U Gold	8 yrs -10 yrs	5 day/s week (days vary) 90-120 minutes	Current practice test set criteria AZ Swimming A qualifying times ("State cuts") Compete in highest level meet swimmer qualifies for
10U Silver	8 yrs -10 yrs	4 days/week (days vary) 90-105 minutes	Current practice test set criteria AZ Swimming B qualifying times ("Regional cuts") Compete in highest level meet swimmer qualifies for
10U Bronze	6 yrs -10 yrs	3 days/week (M/W/S or T/TH/S) 60-90 minutes	Current practice test set criteria No time standard required at state level Compete in USA Swimming & Splash Meets
10U Blue	6 yrs -10 yrs	3 days/week (M/W/F) 45 minutes	Legal in all 4 competitive strokes for min of 25 yards Complete 50 yards of freestyle & backstroke Compete in USA Swimming & Splash Meets
10U Yellow	5 yrs -8 yrs	2 days/week (T/TH) 45 minutes (30 min swim; 15 min dives/turns)	Demonstrate proficiency in freestyle & backstroke Complete 25 yards of both strokes Participate in select USA Swimming meets & Splash Meets Opportunity to participate in 8&U Championships

*10U registration for new swimmers for 2025-26 season will open on July 25th following tryouts.

Fee Structure & Family Requirements

	<u>Season Length</u>	<u>Monthly Dues</u>	<u>Fundraising</u>	<u>Service Hours</u>
10U Gold	Sept 1 - August 31*	\$159.00 per month*	\$250.00 per year*	30 hours per year*
10U Silver	Sept 1 - August 31*	\$136.00 per month*	\$250.00 per year*	20 hours per year*
10U Bronze	Sept 1 - March 31	\$122.00 per month*	\$125.00 per year	12 hours per year
	April 1 - July 31	\$300 flat fee	N/A	N/A
10U Blue	Sept 1 - March 31	\$122.00 per month*	\$125.00 per year	12 hours per year
	April 1 - July 31	\$300.00 flat fee	N/A	N/A
10U Yellow	Sept 1 - March 31	\$105.00 per month	\$125.00 per year	12 hours per year
	April 1 - July 31	\$300.00 flat fee	N/A	N/A

Short Course Membership for Yellow/Blue/Bronze Practice Groups:

- September 1 - March 31st with monthly fees consistent with existing membership fee structure
- Service hours commitment prorated based on length of season
 - Parent education opportunities will be available for up to 6 of the 12 hours required, including various zoom calls and introduction to volunteer positions at splash meets
- Fundraising commitment prorated based on length of season

Summer Membership for Yellow/Blue/Bronze Practice Groups:

- April 1st - July 1st with flat fee (\$300)
- New swimmers from March/April tryouts will automatically fall into this membership option
- Offer 5-6 splash meets that build along with the skills and training taking place during practices at that time
- Participation in SAC Blue & Gold Meet
- No service hour or fundraising commitments; however, parents will be asked to volunteer in various roles at splash meets. Continued parent education opportunities will be provided