

DDSC

POD POST



May 25, 2025

Con-GRAD-ulations!

Please join us in a warm DDSC congrats to Coach Devon Clegg on in his High School Graduation!



Upcoming Events

May 28th (Wed) - Jelly Bean Jar Decorating!

May 31st - Deadline to register for Westlock Swim Meet

June 1st - final payment due

June 6th - Deadline to register for Whitecourt Swim Meet

Jelly Bean Jars (May 28)

*If you are able to volunteer to help facilitate this event, please email devondolphins@gmail.com ASAP!

*Please bring a selection of crafting supplies to use for decorating!

*All swimmers need to bring their own jars!

Coaches Corner

A few reminders from our esteemed Coaches:

- 1) Intermediates / Inter-Seniors / Seniors - make sure you have running shoes for activation! The sun is coming out this week and the deck can get HOT!
- 2) All swimmers - it's a good idea to have running shoes and a quick change of clothes (active wear) on hand on days when the weather is questionable - for dryland training!
- 3) All swimmers - as the temperature warms up - remember to bring water to practice!
- 4) Inter-Seniors / Seniors - reminder to please get your goal setting sheets back to the coaches ASAP! If you don't have one yet - touch base with your Coach!



Swim Meet Declarations

We have opened up registration for the first two meets of the season: **Westlock (June 7)** and **Whitecourt (June 14)**. Others soon to follow.

As discussed at the parent evening, we require ALL swimmers to declare YES or NO for ALL meets. We will always keep you informed of final deadlines so you can let us know if anything changes.

To declare:

1. Go to www.devondolphins.ca
2. Click on 'Meets' under 'Upcoming Events' on the home page.
3. Click the event's Attend/Decline button.
4. Sign in to Team Unify (the same login/password you used to register your swimmer).
5. Click the name of the athlete whom you want to attend.
6. Click the Declaration dropdown and click Yes, please sign [Name] up for this event (or No, thanks, [Name] will NOT attend this event), enter any Notes, and then click Save Changes.
 - If attending, please indicate yes/no to relays in the notes section.
 - Please note if only attending for the morning or afternoon.
7. If the meet file is ready, you may have the option to check the boxes of the events you want your athlete to enter.
 - Red times indicate your athlete is not qualified to enter those events.
 - Events you choose are subject to coach approval.
 - If they are not available, indicate under notes.
8. When finished, click Save Changes.
9. Repeat for all other athletes you may have.

Westlock - Volunteer Sign Up

If you're going to Westlock Swim Meet - [here is the sign up sheet to volunteer!](#) Remember, for every 3 away meets, we expect a minimum of 1 volunteer shift. Help us keep the meets running smoothly!