

GO MARLINS GO!!



Have a Great Swimming
Season!!!!



*NANTON
MARLIN
SWIM CLUB*

Parent & Swimmer Handbook

2025 Fundraising Raffle Rules

WELCOME

Welcome to the Nanton Marlins Swim Club!

This handbook contains information about the Nanton Marlins Swim Club and is intended for use by both swimmers and parents. It is intended to be used as a reference to make your experience with the swim club an enjoyable one.

Through the cooperative efforts of our swimmers, coaches, and parents, the Nanton Marlins enjoy the sport of swimming and desire to do well at meets. Sportsmanship, honesty & integrity are stressed, in addition to the necessary swim skills. Feel free to contact our Executive members if you have any questions regarding our Club.

We hope you will enjoy your participation in the Nanton Marlins Swim Club!!!



Each registered member must sell two books of ten raffle tickets.

Raffle tickets shall NOT be sold to any person under the age of 18 years.

Ticket sellers MUST advise adult ticket buyers NOT to write the name of a person under the age of 18 years on any ticket.

Executive and board members are permitted to purchase raffle tickets.

Parents of minor swimmers, as well as adult swimmers who are not on the board are permitted to purchase tickets.

A minimum of 300 tickets must be sold before requesting a draw date extension or cancellation of the raffle.

The raffle draw will take place on August 2, 2025 at the Tom Hornecker Recreation Centre.

The ticket draw method will be random selection from a tumbling raffle drum. Each ticket will be drawn one at a time and set aside, not to be returned to the drum.

The order in which tickets will be selected is as follows;

1st Ticket Pulled – Grand Prize \$1000 CASH

2nd Ticket Pulled – Second Place Prize \$500 CASH

3rd Ticket Pulled – Third Place Prize \$250 CASH

4th Ticket Pulled – Fourth Place Prize \$250 CASH

There are no prize alternative for this raffle.

All prizes will be delivered in cash, with no conditions. Prize delivery will take place within 72 hours of the draw completion.

If a prize winner cannot be located or reached, The Nanton Marlins Swim Club shall secure or place in safe keeping unclaimed prizes for a period of one year from the draw date. If after one year, the prize remains unclaimed, the prize will be donated to a charitable beneficiary approved by AGLC.

Refunds for any raffle tickets can be provided up to 1 week prior to the draw date.

In the event the winning ticket has more than one name on it, The Nanton Marlins Swim Club shall award the prize to only one of the individuals identified on the ticket, specifically the first name listed. The Nanton Marlins Swim Club and the AGLC are not responsible for any disputes that may arise between the different individuals whose names appear on the ticket stub.

The ticket sale price may not be changed at any time throughout the raffle.

Ticket sales MUST take place within Alberta. Persons visiting from out of province may purchase raffle tickets if the entire transaction of payment and receipt of ticket while the person is in Alberta.

The raffle draw will be open to the general public.

Once executive member of The Nanton Marlins Swim Club and one member of the public who is not a member of The Nanton Marlins Swim Club must be present to witness each draw. Each ticket draw can be made by one person who does not own a ticket or a share of a ticket in the draw.

Parent Expectations

The Nanton Marlins swim club is a volunteer club, and the organization is the responsibility of ALL parents. We require all parents to be willing to pitch in as needs arise to ensure the smooth running of our club. The success & strength of the Marlins hinges on the commitment shown by its parents.

- ♦ Parents provide transportation for swimmers to swim meets
- ♦ Parents can watch their swimmer enjoy the season!
- ♦ Parents assist in officiating at swim meets. Clinics are provided online and in person to assist parents in developing the necessary officiating skills.
- ♦ Other volunteer service are always needed at swim meets for those who do not wish to officiate.
- ♦ Fundraising pays a large portion of coaching, pool rental and other expenses. To ensure all Marlin Swim Club families support fundraising efforts a \$250 cheque is required for each swim family. Each swimmer is required to participate in ALL club fundraising activities or pay, upfront, an opt out fee. The club requires a post-dated cheque of \$250 date August 31st. These will be returned at the end of the season (or shredded) as long as fundraising commitments are fulfilled.
- ♦ All parents are required to help with the Nanton Marlin swim meet and are asked for \$100 cheque payable August 31st for their commitment to volunteer, this cheque will be returned as long as volunteer commitment is met.

There are many opportunities to volunteer throughout the swim season. Note it is mandatory for each family to provide food/money for the Nanton Marlin Swim Meet, Summer games and Regionals, Provincials. And it is MANDATORY for parents to volunteer at the NANTON SWIM MEET. There will be a list of volunteer duties to sign up for the trail week of swimming. (Please note that some of these are in a non covid season and will be flexible as we start back into summer swimming)

Swim Club Executive

President: Rhonda Anderson

Vice President:

Secretary: Julie Isbister

Treasurer: Sara-Lynn Lyons

Director: Debbie Pearce, Holly Phillips, Melissa Holden

Past President: Dawn Jersch

Please email nantonmarlins@gmail.com with any questions or concerns

For more information about summer swimming

Swim Meet Schedule 2025

May 30,31 - Pincher Creek

June 7 - Lethbridge

June 14 - Med Hat/Brooks (Med Hat)

June 20,21 - Claresholm

July 4,5 - SASG

July 11,12 - Nanton/Fort MacLeod (Nanton)

July 18,19 - Crowsnest Pass

July 25,26,27 - Regionals (Lethbridge)

August 1,2,3 - Provincials (Edmonton)

More About The Marlins

Marlin's Club Philosophy

The Nanton Marlins Swim club was established to promote the sport of competitive swimming through regularly scheduled competitions. Thereby developing team spirit, sportsmanship and self-confidence. Swimmers are given the opportunity to swim and compete at many meets including regional and provincial levels (upon qualification). Emphasis is on personal achievement, with the result of positive outcome for the team.

Marlins Club Goals

Coach(es) strive to teach the swimmers the strokes involved in competitive swimming (freestyle, butterfly, backstroke, and breaststroke), and assist swimmers in improving their technique, speed and endurance. The team's goal is that each swimmer meets their personal goals set at the beginning of the year. The team endeavors to develop, through competition and training, good sportsmanship and camaraderie.

Why Become A Marlin

Marlins Swim Club offers a wonderful opportunity for swimmers to improve their swimming & athletic abilities. It provides a unique social atmosphere, as girls and boys of all ages work together daily as teammates & friends. The Marlin Swim Club also offers an opportunity for the entire family to become involved, as children of all ages can swim and compete on the same team, and at the same competitive meets.

Team Competition—Swim Meets

The Marlins participate in several swim meets throughout the summer, here in Nanton and other communities. Swim meets are one to two day events, depending on the set-up of the distance events. They usually run from early morning to late afternoon.

Addressing Parent Concerns

Any areas of concern or any questions please speak directly to our Head Coach. In cases in which parents do not feel comfort taking concerns to the coach(es) we would ask that you speak directly to the President of the club. We encourage parents or swimmers to be positive and respectful when speaking with the Coach(es) and executive. If the concern between parent and coach(es) cannot be resolved directly, please outline your concerns in writing for our entire Marlin executive to consider.

Swim Times at Nanton Pool

We will start the season in Claresholm until the Nanton Pool opens. Practices will be Monday through Thursday 6-7pm. Nanton Pool times will be communicated once your swimmers group has been established but our pool time in Nanton is 4:30—6:30pm

Swimmer Expectations

Swimmer are expected to abide by the club rules and regulations, and listen to & respect their coaches during training sessions and other functions. They are to be on time for all practices and swim meets. Devotion to personal training and to the club will build positive team spirit. Swimmers are to notify the Coaches if they are not able to attend a swim meet and are to attend the Nanton Marlin swim club meet (or 1 alternative meet discussed with executive). It is strongly encouraged that all Marlins also attend Regionals as it is another great swim meet for swimmers to attend!

All swimmers will follow the instructions from the Coach(es). A 3 strike rule will be implemented for disruptive swimmers. Swimmers are to represent the Club in an honorable manner while attending a meet. Showing interest in other team members builds a strong team and encourages all members to do their best (resulting in success and lasting friendships!).

Marlins Swim Club Apparel

The club t-shirts are provided to all swimmers as part of the registration fee. It is mandatory for all swimmers to wear the club t-shirt at all swim meets. All swimmers must wear a Nanton Marlin cap when at meets.



WHAT TO BRING TO A SWIM MEET

- * 2 Suits ... you never know!!!
- *Sun screen and a hat
- *Goggles (indoor & Outdoor)
- *Swim cap
- *Extra towels/clothes ... warm sweats, hoodies
- *Comfortable, clean deck shoes
- *A blanket or sleeping bag
- *Healthy lunch, snacks, beverages, water
- *Umbrella/rain gear for outdoor meets
- *Minimal amounts of spending money
- *A GREAT ATTITUDE!

And of course ...
The WHOLE FAMILY!!



Coach

COACH: Naomi Jersch

I am excited to once again coach with the Nanton Marlins for the 2025 Swim Season.

Philosophy:

Work together with everyone for the best experience, open communication to achieve personal goals. Balance of fun, competitive, and technical practice. I encourage critical thinking about drills/activities and asking questions!!!

Experience:

- o Swimming – best stroke was Breaststroke and was a Nanton Marlin
- o Coaching – love to teach all strokes
- o Managing – been a head coach for 3 year and an assistant for 3 years

Education:

- o Bachelor of Science and Bachelor of Education at the University of Lethbridge
- o NCCP Level 1 Swim Coach
- o Lifeguard since age 16 years old.

COACH: Kayla Pearce

I am excited to be the Assistant Coach again with the Nanton Marlins for the 2025 Swim Season.

Experience:

Swimming with the Marlins since I was little and have attended Provincials in my swimming journey.

Coaching - love coaching the Minnows

Managing - Assistant Coach in the 2024 season.

Education: JT Foster High School 2024.

Currently working on a Bachelor of Applied Health Science, Bachelor Degree in Paramedics.

Lifeguard since age 16 years old.



Swim Meet Info for New Parents

Don't panic—we have all been first time Marlin parents
But, be prepared for what may seem like mass chaos!!

- ♦ Swimmers are required to sign up the Monday before a meet for the events in which they wish to swim.
- ♦ Prior to swim meets, coach(es) or executive members will provide swimmers & their families with start times for meets, as well as specific events in which each swimmer is entered.
- ♦ At swim meets, our Marlins swimmers generally sit together as a team in a central location—sometimes on deck, but usually elsewhere in the facility if deck space is tight.
- ♦ It is usual for parents not to be allowed on deck throughout the meet, but fear not—executive members or Marlins coaches will ensure communication between parents and their children. Depending on the meet location, there is usually some sort of viewing area where parents can watch.
- ♦ Most meets start early in the morning with a thirty minute practice time for all swimmers. It is important to be at the pool in time for this practice. If you will be late, you **MUST** let the coach(es) know, or it is possible that your swimmer could be scratched from their events for the day! This not only impacts the individual swimmer, but can disrupt the team's standings, relay races and club morale at the meet!
- ♦ **MARSHALLING** is where the swimmers are grouped together prior to individual events. Don't panic if you hear your child's name announced to go to the marshalling area. Someone from the club is designated to get them there!
- ♦ Generally, medal presentations are held at the end of a meet. Ribbons are passed along to the coaches who then distribute them at next practice. Meet results can be found at assa.ab.ca
- ♦ Help your child be prepared, have extra towels, and maybe a spare pair of goggles.
- ♦ Any questions please talk to an executive member.

Team Training

- Swim Season begins in May with daily swim training sessions Monday—Thursday.
- Detailed schedules posted on the pool bulletin board.
- Minnows Marlins train approx. 45mins, 2 or 4 days a week
Intermediate Marlins train 1 hour, 2 or 4 days a week (May to mid August)
Senior Marlins train 1 1/2 hours 2 or 4 days a week (May to mid August)
- Master Marlin—over 18 train 1 hour 2 or 4 days a week with limited coaching (May to mid August)
- Coaches plan and lead all training sessions & determine groupings.
- Try to make as many training times as possible.

Holidays

Most swimmers miss some training & swim meets while on summer holidays with their families. Please let the coaches know when you will be away, so swimmers won't be signed up for meets they cannot attend.

End of Swim Season

The season ends with the Regional Championship Meet, which is provincial qualifying event for all clubs in our region, held early August. Winners can advance to the Provincial Championships the following weekend. The regular training schedule will end shortly after Regionals. It is important to let coaches know if you are not available to go to Provincials, as this lets our coaches determine who is placed on Regional Relay teams.

A wind-up and awards night and for all swimmers and their families will occur in August usually following Regionals (subject to change). During that time we also have our annual general meeting and ask all parents attend.